

Stephen Wallis  
International Development

# Welcome to Kent!



University of  
**Kent**

# You have chosen well!

- Established 1965, research-led institution
- The UK's European University
- 'Britain's only international university'
- A reputation for academic excellence
- World-leading, internationally recognised research
- 19% international students, 125 nationalities
- Award winning teaching
- Welcoming environment

# What we're going to tell you

- Information about your new home
- What to do if you get ill
- How to get support for your studies
- How to get personal support
- Kent Union
- How to enjoy yourself
- How to stay safe

Presentation available on international student website  
([www.kent.ac.uk/gettingstarted](http://www.kent.ac.uk/gettingstarted))

# This week



## Meet the International Development team

### *International students*

- **Hazel Lander**, *Study Abroad and Exchanges Officer*

[h.lander@kent.ac.uk](mailto:h.lander@kent.ac.uk)

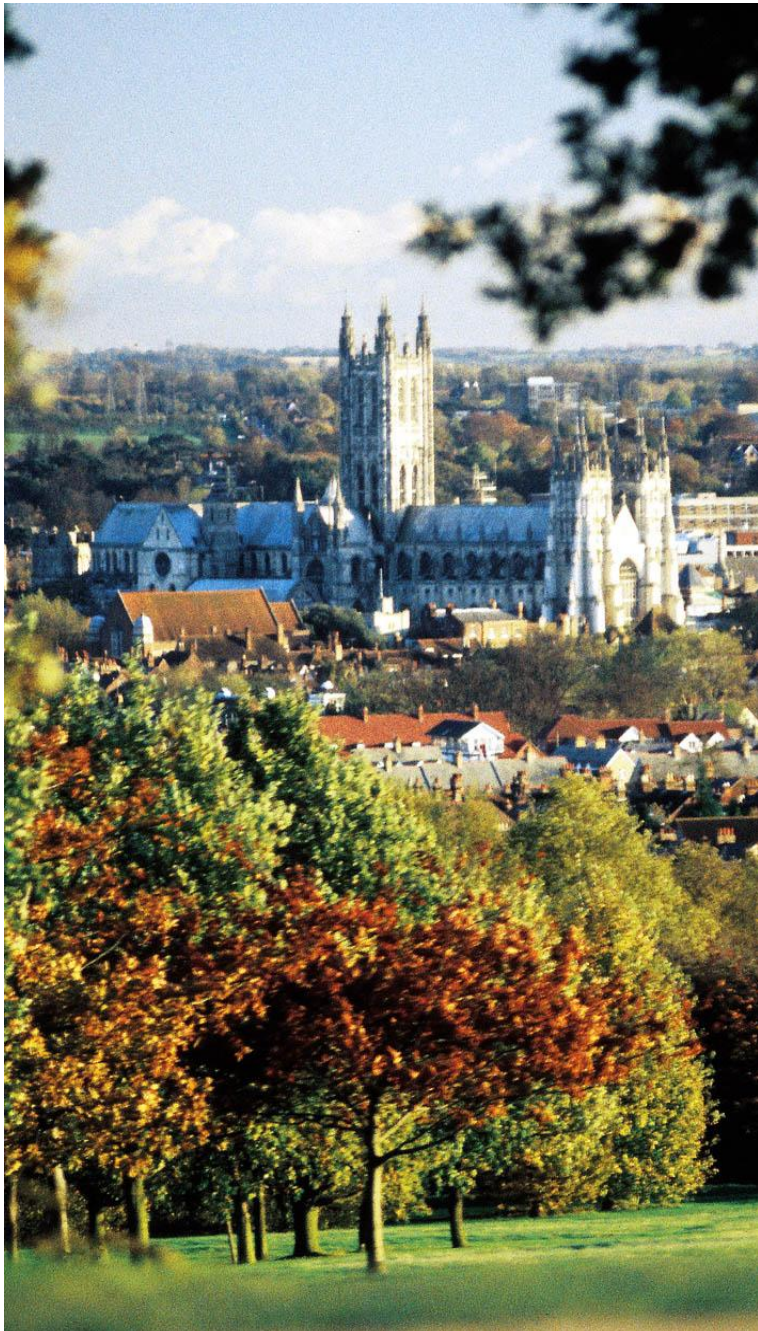
01227 827994

- **Emma Marku**, *International Support & Placement Coordinator*

[e.l.marku@kent.ac.uk](mailto:e.l.marku@kent.ac.uk)

01227 824088

- First Floor, Registry Building Extension



# Meet the International Development team

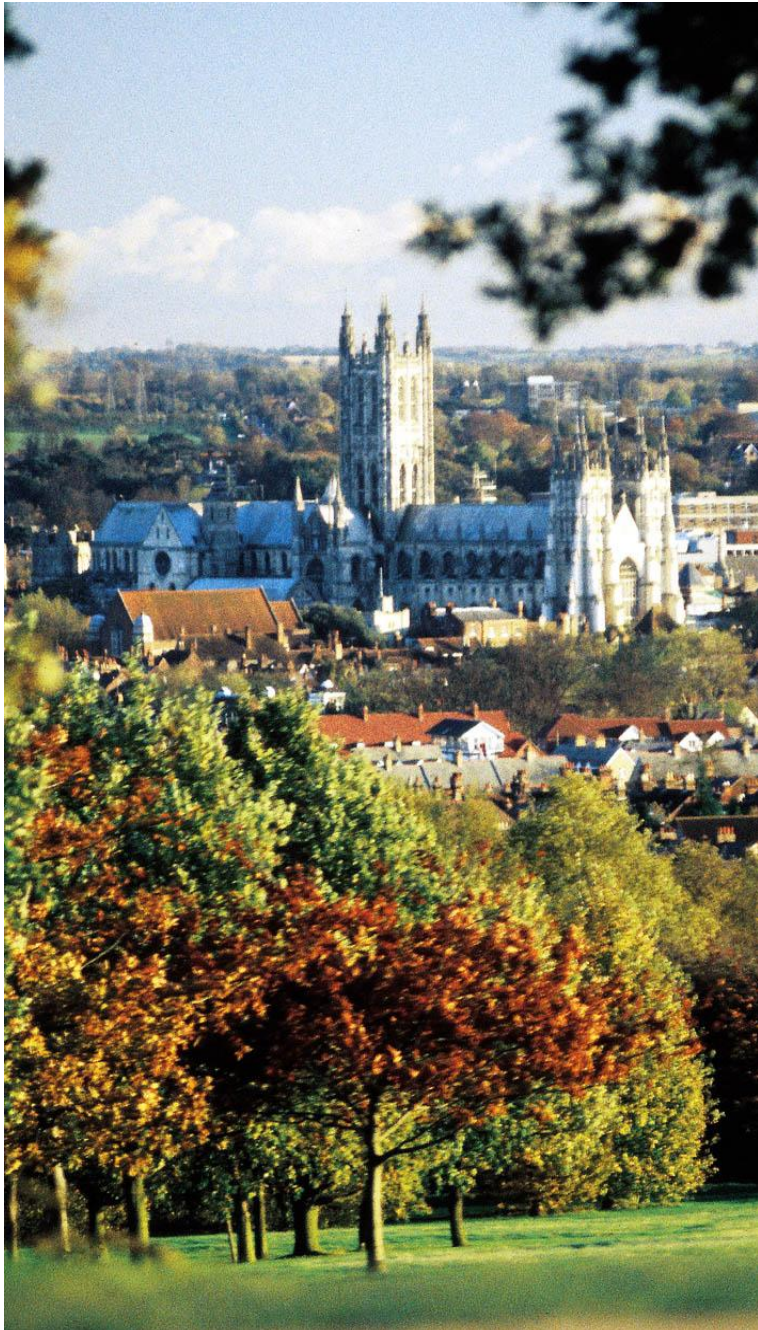
## *Erasmus students*

- **Janet Wilson-Sharp**, *Erasmus Placement Co-ordinator*
- **Francoise McKee**, *Erasmus Placement Officer*

Email: [euoff@kent.ac.uk](mailto:euoff@kent.ac.uk)

Telephone: 01227 827818 / 01227 824042

- First Floor, Registry Building Extension



# To do list for this week



- Register with the university
- Register with the medical centre
- Get your computing account and send your first email
- Meet your adviser/departmental co-ordinator and make an appointment, if necessary
- Find your way around the campus
- International welcome dinner tonight at 7.00 pm, Dolche Vita, Keynes College
- Trip to ASDA tomorrow (Friday) – meet at the bus stop opposite Darwin College at 10.30am. **Bring a £1 coin**

Derek Goss  
Accommodation Office

# Kent Hospitality



# Welcome to Kent



# About your new home

- Reception and Campuswatch services 01227 82(3300)
- Maintenance and housekeeping
- Fire safety 01227 82(3333)
- Paying accommodation fees
- Laundry facilities



# What is included in accommodation fees?

- All utility charges
- Free unlimited 24-hr internet access
- Breakfast (or evening meal allowance) with college rooms
- £4,000 of personal possessions insurance cover



# Your social life

- Join in social activities
- Cinema/Theatre
- Sports centre
- Societies



- Be a good neighbour
- Keep noise down
- No Smoking

# Where to eat ...



# KentOne card

- Is your official student ID Card
- Is also a cashless card
- Allows you to buy food, drink etc around campus
- Funds can be added online
- Includes a meal allowance (Bed & Breakfast/Bed & Bistro)
- Permits access to the library
- Join the Sports Centre
- Entry to the examination hall
- Vote in student elections



# Need more information?

- Accommodation Office – Tanglewood
- **Email:** [accomm@kent.ac.uk](mailto:accomm@kent.ac.uk)
- **Telephone:** 01227 766660
- **Opening hours:** Mon to Fri, 9am to 5pm



Dr Tim Noble  
Medical Centre

# Health Services



# University Medical Centre

- Register online: [www.kent.ac.uk/medical](http://www.kent.ac.uk/medical)
- NHS (National Health Service)
  - **FREE** medical or nursing care, investigations or hospital treatment
  - **Charges** for medication, eye tests and dental treatment
- University Nursing Services
  - Keynes College
  - 7am to midnight
- For more information, go to:
  - [www.ukcisa.org.uk/student/information\\_sheets.ph](http://www.ukcisa.org.uk/student/information_sheets.ph)



# University Medical Centre

- Accessing health care
  - Hospital services
  - Dentists
  - Opticians
- University Medical Centre
  - Doctors (called GPs)
  - Nurse Practitioner
  - Practice Nurses
  - Contraception (including emergency contraception)
  - Some clinics
- Out of hours number
  - 0844 8001234
- NHS Direct
  - [www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk); 0845 46 47



Angela Koch  
Student Learning Advisory Service

# Academic Support



# Understanding HE in the UK

- Requirements & expectations
  - Attendance
  - Assessment & marking criteria
  - Assignment requirements
  
- FREE support available, just ask!

# Study Skills Support

**Who? Student Learning Advisory Service (SLAS)**

**Where? Near banks**

- Individual / group appointments
- Study skills workshops
- Resources
- On the spot advice



**To find out more:**

[www.kent.ac.uk/uelt/learning](http://www.kent.ac.uk/uelt/learning)

# English Language Support

**Who? Centre for English and World Languages**

**Where? Block C in Keynes College**

- English for Academic Purpose  
(2 hours per week / all levels)
- FREE for all international students



**Sign up now (be quick!) at:**

**<http://www.kent.ac.uk/cewl/courses/in-sessional/eldp.html>**

# Disability and Dyslexia Support

**Who?** **Dyslexia and Disability Support Service**

**Where?** In Keynes College (ask reception)

- Assistance to help identify appropriate support
- Special exam arrangements
- Advice on specific learning difficulties
- Liaison with academic staff

**How?**

**Make an appointment- [www.kent.ac.uk/ddss](http://www.kent.ac.uk/ddss)**

# Other support

- Personal tutor
- Librarian (induction sessions & subject librarians)
- IT support (workshops & helpdesk)

➤ All are FREE of charge.

Tom Ritchie  
President

# Kent Union



University of  
**Kent**

# How can I stay safe?



# Staying safe

Canterbury is one of the **UK's safest university city** but you should still take care!

- Keep yourself safe:
  - Be sensible
  - Plan journeys, particularly at night
    - Use reputable taxi firms and be cautious about accepting lifts
  - Beware the effects of too much alcohol
- When you go out, close the window and lock your door
- Keep your belongings with you or in a safe place
  - Don't leave valuables lying around
  - Get a good lock for your bike
- Keep your bank cards safe
  - Be careful at cash points, particularly at night
  - Check bank statements
  - Report loss, theft and unusual activity



# Important contacts

## On Campus

- Campus watch is the University's 24 hr security service
  - Office is next to the banks on campus
  - Free personal attack alarms
  - Free walking escort service around campus at night
- Emergencies:
  - Phone extension **3333** or 01227 823333
- Non-emergencies:
  - Phone extension **3300** or 01227 823300



## Off Campus

- Emergencies:  
Phone **999** and ask for Police, Ambulance or Fire Brigade (calls and services are free)
- Non-emergencies:  
Phone **101** for the police

# Fire safety

- Read the “Fire action” instructions
  - You need to know what to do in an emergency!
- **No smoking** in any buildings
- Be careful with cooking and electrical appliances
- Keep fire doors closed
- **Do not** misuse fire alarms or equipment
  - It puts you and other people in danger!
  - It is a criminal offence and will result in severe penalties.



# Behaviour

- Be aware that UK laws may differ from your home country's:
  - Alcohol:
    - Legal drinking age is 18
    - Don't drink and drive!
  - Drugs:
    - Possession, selling or use of mind-altering substances (e.g. cannabis/marijuana, Ecstasy, cocaine etc) is **illegal!**
- Equality and Diversity
  - The University seeks to ensure that people are not subject to more or less favourable treatment on the grounds of irrelevant distinctions, including: gender; sexual orientation; colour, race or origin; disability; beliefs, etc



# Where do I go for personal support?



# Top tips for homesickness

- It's normal!
- Put up pictures of your family and friends
- Keep busy
- Do things you enjoy
- Don't 'phone home, text or email instead
- Talk to someone about it!
- Be realistic with your time - allow social time
- Eat well, sleep well
- Give yourself time to settle in



# Personal support services

- Counselling service
- Masters' offices
- Student Advice Centre (Kent Union)
- Chaplaincy
- Help with visas and extensions at Student Advice Centre (Kent Union)
- International Development



# Studying at Kent – the essentials



# Day to day study

- Lectures and seminars
- Attendance compulsory at seminars
- Independent study
- Oral contribution
- Importance of note taking
- Moodle



# How to survive

- Timetabling
- Essay titles and referencing
- Grade inflation
- Peer mentoring
- Course reps and study groups
- Maths and Statistics support at SLAS





# Any questions?



# Enjoy your time at Kent!

- **See you at the dinner tonight**
  - 7.00 pm Dolche Vita, Keynes College
- **Asda shopping trip – Friday 13 January – Please bring a pound coin with you for the trolley (cart)**
  - 10.30 am Darwin Bus Stop
- **Don't forget visit to Dover Castle – Sunday 22 January**
  - 9.45 am at Darwin Bus stop

**Remember to bring your ticket for all events!**

# Meet the Advisers



# Contact details for Advisers

- Dr Olaf Chitil [o.chitil@kent.ac.uk](mailto:o.chitil@kent.ac.uk)
- Dr Jesse O'Hanley [j.ohanley@kent.ac.uk](mailto:j.ohanley@kent.ac.uk)
- Dr Ruth Blakely [r.j.blakely@kent.ac.uk](mailto:r.j.blakely@kent.ac.uk)
- Dr Pak Lee [p.k.lee@kent.ac.uk](mailto:p.k.lee@kent.ac.uk)
- Dr Dan Lloyd [d.lloyd@kent.ac.uk](mailto:d.lloyd@kent.ac.uk)
- Lisa Clark [l.a.clark@kent.ac.uk](mailto:l.a.clark@kent.ac.uk)
- Dr Larry Duffy [w.l.duffy@kent.ac.uk](mailto:w.l.duffy@kent.ac.uk)
- Dr Vince Miller [v.miller@kent.ac.uk](mailto:v.miller@kent.ac.uk)
- Dr Emma Long [e.j.long@kent.ac.uk](mailto:e.j.long@kent.ac.uk)
- Dr George Conyne [g.r.conyne@kent.ac.uk](mailto:g.r.conyne@kent.ac.uk)