Offending Behaviour Intervention Service

(a function of the Community Assessment & Treatment service)

Dr Rachel Holt, Clinical Psychologist
Community Assessment & Treatment Service (ATS)

Psychology
Psychiatry
Sexual health counselling
Arts therapy
Dietetics
OT
Intensive nursing
SLT
Senior support workers
OBIS
Bereavement therapy
OBIS 2 year pilot

- 18 years and over
- Learning disability
- History of offending and / or at risk of offending that may result in significant harm
Staffing

- **Dr Ambiga Ravi** (one of four consultant forensic psychiatrists providing cover), 0.1FTE
- **Megan Green** (nurse), 1.0FTE
- **Shaw Tearle** (assistant psychologist), 0.4FTE
- **Lisa Gaitely** (clinical nurse specialist), 1.0FTE
- **Emma Lashbrook** (OT), 0.9FTE
- **Dr Rachel Holt** (clinical psychologist) 0.7FTE
- **Yasmin King** (administrator) 0.5FTE

- Student nursing and trainee clinical psychologist placements.
Referrals: April 2016-January 2017:

- All referrals via the Community Assessment & Treatment Service. Developing a pathway to ensure transparency in responding to referrals.

- 68 referrals open to OBIS since service started and as of the end of January we had 35 service users open to OBIS.

- Developed and piloted an OBIS pathway, assessment and report template to ensure clear communication regarding out input and recommendations.

- Research into referrals coming soon!
Pathways
Intervention 1: Sex Offender Treatment

- Group and individual sex offender treatment using SOTSEC-ID.
Intervention 2: fire setting

• Individual intervention for fire setters using the FIP-MO (possibility for group intervention if indicated by referrals).
Intervention 3: EQUIP

• Generic intervention aimed at people who find it difficult to make pro-social choices.
• Group or individual intervention. About to start 3rd group.
Risk assessment

• Specialist risk assessment, currently HCR-20v3 and RSVP
Profession-specific intervention: OT

• Our OT offers interventions aimed at reducing offending by increasing meaningful activities, as well as assisting in the development of personal capacity and pro-social values, identity and skills whilst integrating service users into their society in a positive and pro-social way.
Profession-specific intervention: nursing

- Our nurses offer a holistic understanding of service users using nursing models to provide interventions including sex and relationships, keeping safe/ staying healthy, physical health support, coaching, support, CBT principles, and adaptive skills.
Profession-specific intervention: clinical psychology

• Our clinical psychologist offers assessment and intervention using psychological models to understand and address psychological factors related to offending including mood management, social and cognitive skills, behavior modification and systemic understandings and interventions.
Profession-specific intervention: Psychiatry

• Mental health
• RC
Challenges

• Learning disability / mental health cultures
• Recognising and responding to splits in multi-agency working
• A risk management, person centred approach
Comments and questions?

• Thanks for your interest in OBIS!