1. **Title of the module**  
   BA1DT1 Dance Techniques: Ballet and Contemporary Practices

2. **School or partner institution which will be responsible for management of the module**  
   Northern School of Contemporary Dance

3. **The level of the module (e.g. Level 4, Level 5, Level 6 or Level 7)**  
   Level 4

4. **The number of credits and the ECTS value which the module represents**  
   15 Credits, 7.5 ECTS

5. **Which term(s) the module is to be taught in (or other teaching pattern)**  
   Autumn term

6. **Prerequisite and co-requisite modules**  
   N/A

7. **The programmes of study to which the module contributes**  
   BA (Hons) Dance (Contemporary)

8. **The intended subject specific learning outcomes.**  
   On successfully completing the module students will be able to:
   
   8.1 present set technical movement material
   
   8.2 apply underlying principles and concepts associated with specified styles or genres
   
   8.3 identify and evaluate individual personal strengths and areas for development
   
   8.4 take responsibility for the processing and application of information and feedback
   
   These subject specific outcomes relate to the following programme outcomes: A1 & A3

9. **The intended generic learning outcomes.**  
   By the end of this module students will have acquired a further range of general abilities and capacities, qualities of mind and transferable skills, in order to:
   
   9.1 work independently, set goals and manage their own workloads
9.2 identify personal strengths and needs, and reflect on personal development and opportunities for life-long learning

9.3 articulate ideas and communicate information comprehensibly in visual, physical, oral and textual forms

10. A synopsis of the curriculum

In this module students will encounter the fundamental principles of dance techniques relevant to current contemporary dance practice, including ballet tailored to the needs of contemporary dancers. The main focus is to embed healthy, productive working practices to underpin the individual learner’s progression through the entire course of study. There is a strong emphasis on engaging with reflective practice as a means of establishing and developing core skills of anatomical awareness, appropriate physical strength and muscular effort, range of motion, proprioception and coordination. The vast majority of sessions will be practical, however this will be supported by theoretical and academic underpinnings.

This module will prepare students for subsequent technique modules, introducing an innovative and integrated approach to the assessment of technique. Contemporary techniques and ballet tailored to the needs of contemporary dancers are valued equally in terms of credits supporting the notion that all approaches to movement and dance are important in the development of a versatile and informed dance artist. This integrated approach to delivery and assessment will also underline for students that consistency in their approach to exploring any and all dance techniques is vital to their progression through the programme.

11. Reading List (Indicative list, current at time of publication. Reading lists will be published annually)


12. Learning and Teaching methods

Teaching Methods:

Practical Lectures: 138 hours
Independent Study: 11 hours
Tutorials: 1 hour
Total: 150 hours
This module is delivered through studio-based sessions which include core skills and task based learning, usually with live musical accompaniment. Although the emphasis is on practical learning, this will be supported by academic and theoretical underpinning as relevant. Feedback will be given on student work as an integral part of the sessions.

Students are expected to attend all timetabled classes but should also expect to practice taught material outside of class hours and engage with private study by using the library, attending live performances, and referring to their own notes.

Students are given formative feedback in relation to the continuous assessment at appropriate milestones throughout the module in order that they can have opportunities to improve and meet learning outcomes. Feedback on this process supports preparation for the presentation task where summative feedback is given.

Students also individually receive either verbal or written feedback at the end of each assessment period.

13. Assessment methods.

Item 1: Continuous assessment
Weighting: 50%
Learning outcomes addressed: 8.1, 8.2, 8.3, 8.4, 9.1, 9.2, 9.3
Students will be assessed in individual, partner and group tasks which require synthesis of tasks explored throughout the term, alongside appraisal of the ways in which they prepare, contribute to and engage with their daily practice.

Item 2: Summative assessment
Weighting: 50%
Learning outcomes addressed: 8.3, 8.4, 9.1, 9.2, 9.3
Students will be individually assessed for their contribution to a 15 minute group presentation reflecting on the term of study.

14. Map of Module Learning Outcomes (sections 8 & 9) to Learning and Teaching Methods (section 12) and methods of Assessment (section 13)

<table>
<thead>
<tr>
<th>Module learning outcome</th>
<th>Learning/teaching method</th>
<th>8.1</th>
<th>8.2</th>
<th>8.3</th>
<th>8.4</th>
<th>9.1</th>
<th>9.2</th>
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<tr>
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<td>Hours allocated</td>
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<td>Practical Lectures</td>
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<td>Independent Study</td>
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<td>Tutorials</td>
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## 15. Inclusive module design

Northern School of Contemporary Dance recognises and has embedded the expectations of current equality legislation, by ensuring that the module is as accessible as possible by design. Additional alternative arrangements for students with Inclusive Learning Plans (ILPs)/declared disabilities will be made on an individual basis, in consultation with the relevant policies and support services.

The inclusive practices in the guidance (see Annex B Appendix A) have been considered in order to support all students in the following areas:

- **a)** Accessible resources and curriculum
- **b)** Learning, teaching and assessment methods

Northern School of Contemporary Dance recognises and has embedded the expectations of current disability equality legislation, and supports students with a declared disability or special educational need in its teaching. Within this module we will make reasonable adjustments wherever necessary, including additional or substitute materials, teaching modes or assessment methods for students who have declared and discussed their learning support needs. Arrangements for students with declared disabilities will be made on an individual basis, in consultation with Northern School of Contemporary Dance’s student support service, and specialist support will be provided where needed.

This module is intended to offer an inclusive approach to learning and assessment for most specific learning difficulties and physical disabilities. Where necessary individual adjustments will also be made.

## 16. Campus(es) or centre(s) where module will be delivered

Northern School of Contemporary Dance

## 17. Internationalisation

At Northern School of Contemporary Dance, the student population of the undergraduate degree programme come from a range of countries outside of the UK. Countries which traditionally feed our student body cover Western Europe, Eastern Europe, America, China & India.

Throughout the programme students are encouraged to engage in experiences and share historical, cultural and social experiences from their own societies and cultures in open dialogue. This is evident in the very practical dynamic of the student body through to the artistic work in which they collaborate in the studio.

Amongst our staff-base 2 tutors are French, one Czech/Dutch, one Australian and one Finnish. Drawing from their training and professional careers they bring a wealth of different experiences from outside the UK into their studio practice.
Within this module the curriculum draws its content from the historical traditions of dance techniques; France, Italy, Russia & England for Ballet. American modern dance techniques are connected with later European versions as a hybrid for Contemporary practices. Body mind techniques from Asian movement disciplines which have influenced the Western somatic practices that emerged in the twentieth century, also provide useful references for students physical development and curriculum breadth.

The school has an enrichment programme with additional classes and workshops which also feed into the module experience as a result of their world influences and philosophies.

18. **Partner College/Validated Institution**
   Northern School of Contemporary Dance

19. **University School responsible for the programme**
   School of the Arts

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Revision record – all revisions must be recorded in the grid and full details of the change retained in the appropriate committee records.

<table>
<thead>
<tr>
<th>Date approved</th>
<th>Major/minor revision</th>
<th>Start date of the delivery of revised version</th>
<th>Section revised</th>
<th>Impacts PLOs (Q6&amp;7 cover sheet)</th>
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