<table>
<thead>
<tr>
<th>Day</th>
<th>Time (Day)</th>
<th>Activity</th>
<th>Cost*</th>
<th>Venue</th>
<th>Weeks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>10.30am to 11am</td>
<td>Open swim</td>
<td>£2</td>
<td>Kings Recreation Centre</td>
<td>1–12</td>
</tr>
<tr>
<td></td>
<td>11am to 11.30am</td>
<td>Open swim</td>
<td>£2</td>
<td>25 mins walk from campus - CT2 7HU</td>
<td>1–12</td>
</tr>
<tr>
<td></td>
<td>4pm to 5pm</td>
<td>Basketball</td>
<td>£2</td>
<td>Sports Centre – Hall 2</td>
<td>1–12</td>
</tr>
<tr>
<td></td>
<td>5pm to 6pm</td>
<td>Badminton</td>
<td>£2</td>
<td></td>
<td>1–12</td>
</tr>
<tr>
<td></td>
<td>5.10pm to 6pm</td>
<td>Beginners running</td>
<td>£2</td>
<td>Sports Centre</td>
<td>1–12</td>
</tr>
<tr>
<td></td>
<td>7pm to 8pm</td>
<td>Swimming lessons</td>
<td>£2</td>
<td>Kings Recreation Centre</td>
<td>1–12</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>25 mins walk from campus - CT2 7HU</td>
<td></td>
</tr>
<tr>
<td>Tuesday</td>
<td>4pm to 5pm</td>
<td>Table tennis</td>
<td>£2</td>
<td>Main Hall</td>
<td>1–12</td>
</tr>
<tr>
<td></td>
<td>5pm to 6pm</td>
<td>Badminton</td>
<td>£2</td>
<td></td>
<td>1–12</td>
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<tr>
<td></td>
<td>4.40pm to 6pm</td>
<td>Squash</td>
<td>£2</td>
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<td>6pm to 7pm</td>
<td>Tagged Rugby</td>
<td>£2</td>
<td>Pavilion – Astro pitch</td>
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<td>8pm to 8.30pm</td>
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<td>25 mins walk from campus - CT2 7HU</td>
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<td>2pm to 3pm</td>
<td>This Girl Can lift</td>
<td>£2</td>
<td>Sports Centre – Fitness Suite</td>
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<td>9.30am to 10am</td>
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<td>£2</td>
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<td>1–12</td>
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<tr>
<td></td>
<td>10am to 10.30am</td>
<td>Open swim</td>
<td>£2</td>
<td>25 mins walk from campus - CT2 7HU</td>
<td>1–12</td>
</tr>
<tr>
<td></td>
<td>4pm to 5pm</td>
<td>touchtennis</td>
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<td>5pm to 6pm</td>
<td>Table tennis</td>
<td>£2</td>
<td></td>
<td>1–12</td>
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<tr>
<td>Friday</td>
<td>4pm to 5pm</td>
<td>Badminton</td>
<td>£2</td>
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<td>5pm to 6pm</td>
<td>Basketball</td>
<td>£2</td>
<td>Main Hall</td>
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<tr>
<td></td>
<td>5pm to 6pm</td>
<td>Table tennis</td>
<td>£2</td>
<td></td>
<td>1–12</td>
</tr>
</tbody>
</table>

Join in our array of activities within a non-competitive environment. Taking part enables you to try new activities, meet new people and maintain a healthy lifestyle. **Open to all students.**

To book a place, please visit our website [kentsport.kent.ac.uk/horizons](http://kentsport.kent.ac.uk/horizons).

*Sessions are free for Gold and Silver members or join Kent Sport for £5 with Bronze membership and pay £2 per person per session.*