

SCHOOL OF SPORT AND EXERCISE SCIENCES

Head of School: Dr Claire Peppiatt-Wildman
School Web Site: www.kent.ac.uk/sportsciences/

Please refer to the online Module Catalogue for full details of all modules:
www.kent.ac.uk/courses/modules/

Note: It is ultimately your responsibility to ensure that you are registered for the correct modules for your programme.

Students should check the Module Catalogue to see what prerequisites apply to each module. No Level 4 modules can be taken at Stage 3.

Please select a link below to view the Stage 1, 2 and 3 requirements for your programme:

- [Sport and Exercise for Health](#)
- [Sport and Exercise for Health with a Year in Industry](#)
- [Sport and Exercise Management](#)
- [Sport and Exercise Science](#)
- [Sport and Exercise Science with a Year in Industry](#)
- [Sport Management](#)
- [Sport Management with a Year in Industry](#)
- [Sports Therapy](#)
- [Sports Therapy and Rehabilitation](#)

SPORT AND EXERCISE FOR HEALTH

SPORTEXHEALTH:BSC

STAGE 2 - 120 credits

You must take the following compulsory modules (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS570	Fitness Training Methods	15	Autumn	Level 5	<i>SPOR5700</i>
SS575	Research Methods	15	Autumn	Level 5	<i>SPOR5750</i>
SS567	Sport and Exercise Promotion	30	Autumn & Spring	Level 5	<i>SPOR5670</i>
SS573	Research Study Preparation	15	Spring	Level 5	<i>SPOR5730</i>

Plus 45 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS353	Sports and Remedial Massage	15	Spring	Level 4	<i>SPOR3530</i>
SS530	Sport & Exercise Leadership	15	Autumn	Level 5	<i>SPOR5300</i>
SS533	Applied Nutrition for Sport Performance	15	Autumn	Level 5	<i>SPOR5330</i>
SS534	Applied Sport and Exercise Physiology	30	Autumn & Spring	Level 5	<i>SPOR5340</i>
SS351	Mechanisms of Sport Injuries	15	Spring	Level 4	<i>SPOR3510</i>
SS527	Exercise for Special Populations	15	Spring	Level 5	<i>SPOR5270</i>
SS569	Sport and Exercise Psychology	15	Spring	Level 5	<i>SPOR5690</i>
CO366	Healthcare Computing	15	Spring	Level 4	<i>COMP3360</i>

STAGE 3 - 120 credits

You must take the following compulsory modules (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS523	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	Level 6	SPOR5230
SS566	Research Study in Sport Sciences	45	Autumn & Spring	Level 6	SPOR5660

Plus 45 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS546	Applied Sport and Exercise Psychology	15	Autumn	Level 6	SPOR5460
SS579	Industry Placement	30	Autumn & Spring	Level 6	SPOR5790
SS558	Soft Tissue Techniques	15	Autumn	Level 6	SPOR5580
SS565	Contemporary Issues in Sport and Ex Nutrition	15	Spring	Level 6	SPOR5650
SS576	Specialised Issues in Sport and Exercise	15	Spring	Level 6	SPOR5760

SPORT AND EXERCISE FOR HEALTH WITH A YEAR IN INDUSTRY

SPORTEXHEALTH:BSC

STAGE 2 - 120 credits

You must take the following compulsory modules (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS570	Fitness Training Methods	15	Autumn	Level 5	SPOR5700
SS575	Research Methods	15	Autumn	Level 5	SPOR5750
SS567	Sport and Exercise Promotion	30	Autumn & Spring	Level 5	SPOR5670
SS573	Research Study Preparation	15	Spring	Level 5	SPOR5730

Plus 45 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS353	Sports and Remedial Massage	15	Spring	Level 4	SPOR3530
SS530	Sport & Exercise Leadership	15	Autumn	Level 5	SPOR5300
SS533	Applied Nutrition for Sport Performance	15	Autumn	Level 5	SPOR5330
SS534	Applied Sport and Exercise Physiology	30	Autumn & Spring	Level 5	SPOR5340
SS351	Mechanisms of Sport Injuries	15	Spring	Level 4	SPOR3510
SS527	Exercise for Special Populations	15	Spring	Level 5	SPOR5270
SS569	Sport and Exercise Psychology	15	Spring	Level 5	SPOR5690
CO366	Healthcare Computing	15	Spring	Level 4	COMP3360

STAGE S - 120 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS590	Industrial Placement Portfolio	30	Yearlong	Level 6	SPOR5900
SS591	Industrial Placement Experience	90	Yearlong	Level 6	SPOR5910

STAGE 3 - 120 credits

You must take the following compulsory modules (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS523	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	Level 6	SPOR5230
SS566	Research Study in Sport Sciences	45	Autumn & Spring	Level 6	SPOR5660

Plus 45 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS546	Applied Sport and Exercise Psychology	15	Autumn	Level 6	SPOR5460
SS579	Industry Placement	30	Autumn & Spring	Level 6	SPOR5790
SS558	Soft Tissue Techniques	15	Autumn	Level 6	SPOR5580
SS565	Contemporary Issues in Sport and Ex Nutrition	15	Spring	Level 6	SPOR5650
SS576	Specialised Issues in Sport and Exercise	15	Spring	Level 6	SPOR5760

SPORT AND EXERCISE MANAGEMENT

SPORTEXMAN:BA

Students must study a minimum of 45 credits per term and up to a maximum 75 credits per term

STAGE 2 - 120 credits

Stage 2 of this programme will not be running during the 2020-2021 academic year and the below list is for information only

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS530	Sport & Exercise Leadership	15	Autumn	Level 5	SPOR5300
SS570	Fitness Training Methods	15	Autumn	Level 5	SPOR5700
SS575	Research Methods	15	Autumn	Level 5	SPOR5750
SS555	Principles of Sports Marketing	30	Autumn & Spring	Level 5	SPOR5550
SS567	Sport and Exercise Promotion	30	Autumn & Spring	Level 5	SPOR5670
SS574	Human Resources Management in Sport	15	Spring	Level 5	SPOR5740

STAGE 3 - 120 credits

You must take the following compulsory module (30 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS504	Individual Research Study	30	Year Long	Level 6	SPOR5040

Plus 30 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS503	Sports Event Management	30	Autumn & Spring	Level 6	SPOR5030
SS556	Sports Industry Placement	30	Autumn & Spring	Level 6	SPOR5560
SS579	Industry Placement	30	Autumn & Spring	Level 6	SPOR5790

Plus 60 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS533	Applied Nutrition for Sports Performance	15	Autumn	Level 5	SPOR5330
SS546	Applied Sport & Exercise Psychology	15	Autumn	Level 6	SPOR5460
SS503	Sports Event Management	30	Autumn & Spring	Level 6	SPOR5030
SS523	Exercise Prescription, Referral & Rehabilitation	30	Autumn & Spring	Level 6	SPOR5230
SS556	Sports Industry Placement	30	Autumn & Spring	Level 6	SPOR5560
SS579	Industry Placement	30	Autumn & Spring	Level 6	SPOR5790
SS527	Exercise for Special Populations	15	Spring	Level 5	SPOR5270

Please note that SS503, SS556 and SS579 can only be selected once throughout Stage 3 of your studies

SPORT AND EXERCISE SCIENCE

SPORTEXSCI:BSC

Students must study a minimum of 45 credits per term and up to a maximum 75 credits per term

STAGE 2 - 120 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS533	Applied Nutrition for Sport Performance	15	Autumn	Level 5	SPOR5330
SS570	Fitness Training Methods	15	Autumn	Level 5	SPOR5700
SS575	Research Methods	15	Autumn	Level 5	SPOR5750
SS534	Applied Sport and Exercise Physiology	30	Autumn & Spring	Level 5	SPOR5340
SS569	Sport and Exercise Psychology	15	Spring	Level 5	SPOR5690
SS573	Research Study Preparation	15	Spring	Level 5	SPOR5730
SS577	Biomechanical Analysis	15	Spring	Level 5	SPOR5770

STAGE 3 - 120 credits

You must take the following compulsory modules (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS523	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	Level 6	SPOR5230
SS566	Research Study in Sport Sciences	45	Autumn & Spring	Level 6	SPOR5660

Plus 45 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS546	Applied Sport and Exercise Psychology	15	Autumn	Level 6	SPOR5460
SS564	High Performance Physiology	15	Spring	Level 6	SPOR5640
SS579	Industry Placement	30	Autumn and Spring	Level 6	SPOR5790
SS527	Exercise for Special Populations	15	Spring	Level 5	SPOR5270
SS565	Contemporary issues in Sport and Ex Nutrition	15	Spring	Level 6	SPOR5650
SS576	Specialised Issues in Sport and Exercise	15	Spring	Level 6	SPOR5760

SPORT AND EXERCISE SCIENCE WITH A YEAR IN INDUSTRY

SPORTEXSCI-S:BSC

Students must study a minimum of 45 credits per term and up to a maximum 75 credits per term

STAGE 2 - 120 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS533	Applied Nutrition for Sport Performance	15	Autumn	Level 5	SPOR5330
SS570	Fitness Training Methods	15	Autumn	Level 5	SPOR5700
SS575	Research Methods	15	Autumn	Level 5	SPOR5750
SS534	Applied Sport and Exercise Physiology	30	Autumn & Spring	Level 5	SPOR5340
SS569	Sport and Exercise Psychology	15	Spring	Level 5	SPOR5690
SS573	Research Study Preparation	15	Spring	Level 5	SPOR5730
SS577	Biomechanical Analysis	15	Spring	Level 5	SPOR5770

STAGE S - 120 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS590	Industrial Placement Portfolio	30	Yearlong	Level 6	SPOR5900
SS591	Industrial Placement Experience	90	Yearlong	Level 6	SPOR5910

STAGE 3 - 120 credits

You must take the following compulsory modules (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS523	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	Level 6	SPOR5230
SS566	Research Study in Sport Sciences	45	Autumn & Spring	Level 6	SPOR5660

Plus 45 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS546	Applied Sport and Exercise Psychology	15	Autumn	Level 6	SPOR5460
SS564	High Performance Physiology	15	Spring	Level 6	SPOR5640
SS579	Industry Placement	30	Autumn and Spring	Level 6	SPOR5790
SS527	Exercise for Special Populations	15	Spring	Level 5	SPOR5270
SS565	Contemporary issues in Sport and Ex Nutrition	15	Spring	Level 6	SPOR5650
SS576	Specialised Issues in Sport and Exercise	15	Spring	Level 6	SPOR5760

SPORT MANAGEMENT

SPORTMAN:BA

Students must study a minimum of 45 credits per term and up to a maximum 75 credits per term

STAGE 2 - 120 credits

You must take the following compulsory modules (90 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS530	Sport & Exercise Leadership	15	Autumn	Level 5	SPOR5300
SS555	Principles of Sports Marketing	30	Autumn & Spring	Level 5	SPOR5550
SS567	Sport and Exercise Promotion	30	Autumn & Spring	Level 5	SPOR5670
SS574	Human Resource Management in Sport	15	Spring	Level 5	SPOR5740

Plus 30 credits from the following modules: (no more than 30 credits of level 4 modules)

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS570	Fitness Training Methods	15	Autumn	Level 5	SPOR5700
CB386	Fundamentals of Accounting 1	15	Autumn	Level 4	BUSN3860
SS527	Exercise for Special Populations	15	Spring	Level 5	SPOR5270
SS569	Sport and Exercise Psychology	15	Spring	Level 5	SPOR5690
CB371	Marketing Principles 1	15	Spring	Level 4	BUSN3710
CB729	Enterprise and Entrepreneurship 1	15	Spring	Level 5	BUSN7290

1 Only one of the KBS modules may be selected as an option

Please note that CB371 can only be selected once throughout your studies

STAGE 3 - 120 credits

You must take the following compulsory module (60 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS578	Event Management	30	Autumn & Spring	Level 6	SPOR5780
SS579	Industry Placement	30	Autumn & Spring	Level 6	SPOR5790

Plus 60 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS533	Applied Nutrition for Sport Performance	15	Autumn	Level 5	SPOR5330
SS546	Applied Sport and Exercise Psychology	15	Autumn	Level 6	SPOR5460
CB742	Creating your Own Enterprise 1	15	Autumn	Level 6	BUSN7420
SS523	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	Level 6	SPOR5230
CB724	Managing Innovation in Contemporary Business 1	15	Spring	Level 6	BUSN7240
CB729	Enterprise and Entrepreneurship 1	15	Spring	Level 5	BUSN7290
SS504	Individual Research Study	30	Year Long	Level 6	SPOR5040

1 Only one of the KBS modules may be selected as an option

Please note that CB729 can only be selected once throughout your studies

SPORT MANAGEMENT WITH A YEAR IN INDUSTRY

SPORTMAN-S:BA

Students must study a minimum of 45 credits per term and up to a maximum 75 credits per term

STAGE 2 - 120 credits

You must take the following compulsory modules (90 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS530	Sport & Exercise Leadership	15	Autumn	Level 5	SPOR5300
SS555	Principles of Sports Marketing	30	Autumn & Spring	Level 5	SPOR5550
SS567	Sport and Exercise Promotion	30	Autumn & Spring	Level 5	SPOR5670
SS574	Human Resource Management in Sport	15	Spring	Level 5	SPOR5740

Plus 30 credits from the following modules: (no more than 30 credits of level 4 modules)

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS570	Fitness Training Methods	15	Autumn	Level 5	SPOR5700
CB386	Fundamentals of Accounting 1	15	Autumn	Level 4	BUSN3860
SS527	Exercise for Special Populations	15	Spring	Level 5	SPOR5270
SS569	Sport and Exercise Psychology	15	Spring	Level 5	SPOR5690
CB371	Marketing Principles 1	15	Spring	Level 4	BUSN3710
CB729	Enterprise and Entrepreneurship 1	15	Spring	Level 5	BUSN7290

1 Only one of the KBS modules may be selected as an option

Please note that CB371 can only be selected once throughout your studies

STAGE S - 120 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS590	Industrial Placement Portfolio	30	Yearlong	Level 6	SPOR5900
SS591	Industrial Placement Experience	90	Yearlong	Level 6	SPOR5910

STAGE 3 - 120 credits

You must take the following compulsory module (60 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS578	Event Management	30	Autumn & Spring	Level 6	SPOR5780
SS579	Industry Placement	30	Autumn & Spring	Level 6	SPOR5790

Plus 60 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS533	Applied Nutrition for Sport Performance	15	Autumn	Level 5	SPOR5330
SS546	Applied Sport and Exercise Psychology	15	Autumn	Level 6	SPOR5460
CB742	Creating your Own Enterprise 1	15	Autumn	Level 6	BUSN7420
SS523	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	Level 6	SPOR5230
CB724	Managing Innovation in Contemporary Business 1	15	Spring	Level 6	BUSN7240
CB729	Enterprise and Entrepreneurship 1	15	Spring	Level 5	BUSN7290
SS504	Individual Research Study	30	Year Long	Level 6	SPOR5040

1 Only one of the KBS modules may be selected as an option

Please note that CB729 can only be selected once throughout your studies

SPORTS THERAPY

SPORTSTHERAPY:BSC

STAGE 2 - 120 credits

* Stage 2 of this programme will not be taught during the 2020-2021 academic year.

STAGE 3 - 120 credits – up to 75 credits per term

*Stage 3 modules on this programme are only open to SSES students completing resit (referral/deferral/repeat) opportunities *

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS546	Applied Sport and Exercise Psychology	15	Autumn	Level 6	SPOR5460
SS566	Research Study in Sport Sciences	45	Autumn & Spring	Level 6	SPOR5660
SS581	Therapeutic Modalities for Rehabilitators	30	Autumn & Spring	Level 5	SPOR5810
SS527	Exercise for Special Populations	15	Spring	Level 5	SPOR5270
SS558	Soft Tissue Techniques	15	Autumn	Level 6	SPOR5580

SPORTS THERAPY AND REHABILITATION**SPORTSTHERREHAB:BSC****STAGE 2 - 120 credits**

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS570	Fitness Training Methods	15	Autumn	Level 5	<i>SPOR5700</i>
SS575	Research Methods	15	Autumn	Level 5	<i>SPOR5750</i>
SS580	Principles of Rehabilitation	15	Autumn	Level 5	<i>SPOR5800</i>
SS583	Psychology for Sport and Exercise Rehabilitation	15	Autumn	Level 5	<i>SPOR5830</i>
SS581	Therapeutic Modalities for Rehabilitators	30	Autumn & Spring	Level 5	<i>SPOR5810</i>
SS573	Research Study Preparation	15	Spring	Level 5	<i>SPOR5730</i>
SS582	Applied Rehabilitation	15	Spring	Level 5	<i>SPOR5820</i>

STAGE 3 - 120 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS584	Advances in Rehabilitation	15	Autumn	Level 6	<i>SPOR5840</i>
SS523	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	Level 6	<i>SPOR5230</i>
SS566	Research Study in Sport Sciences	45	Autumn & Spring	Level 6	<i>SPOR5660</i>
SS558	Soft Tissue Techniques	15	Autumn	Level 6	<i>SPOR5580</i>
SS585	Injury Prevention and Return to Play	15	Spring	Level 6	<i>SPOR5850</i>