

SCHOOL OF SPORT AND EXERCISE SCIENCES

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School Web Site: www.kent.ac.uk/sportsscience/

Please refer to the online Module Catalogue for full details of all modules:
www.kent.ac.uk/courses/modules/

Note: It is ultimately your responsibility to ensure that you are registered for the correct modules for your programme.

Students should check the Module Catalogue to see what prerequisites apply to each module. No Level 4 modules can be taken at Stage 3.

Please select a link below to view the Stage 1, 2 and 3 requirements for your programme:

- [Sport and Exercise for Health](#)
- [Sport and Exercise Management](#)
- [Sport and Exercise Science](#)
- [Sport Management](#)
- [Sport Management \(4Yr Masters\)](#)
- [Sports Therapy](#)
- [Sports Therapy and Rehabilitation](#)

SPORT AND EXERCISE FOR HEALTH

SPORTEXHEALTH:BSC

STAGE 1 - 120 credits – 75 in Autumn, 45 in Spring

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS313	Introduction to Sport & Exercise Nutrition	15	Spring	Level 4	<i>SPOR3130</i>
SS338	Fundamentals of Human Anatomy & Physiology	30	Autumn & Spring	Level 4	<i>SPOR3380</i>
SS344	Introduction to Sport & Exercise Psychology	15	Autumn	Level 4	<i>SPOR3440</i>
SS345	Functional Anatomy & Biomechanics	30	Autumn & Spring	Level 4	<i>SPOR3450</i>
SS348	Introduction to Fitness Testing	15	Autumn OR Spring	Level 4	<i>SPOR3480</i>
SS349	Introduction to Professional Skills	15	Autumn	Level 4	<i>SPOR3490</i>

STAGE 2 - 120 credits

You must take the following compulsory modules (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS567	Sport and Exercise Promotion	30	Autumn & Spring	Level 5	<i>SPOR5670</i>
SS570	Fitness Training Methods	15	Autumn OR Spring	Level 5	<i>SPOR5700</i>
SS573	Research Study Preparation	15	Spring	Level 5	<i>SPOR5730</i>
SS575	Research Methods	15	Autumn	Level 5	<i>SPOR5750</i>

Plus 45 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS351	Mechanisms of Sport Injuries	15	Autumn	Level 4	<i>SPOR3510</i>
SS353	Sports and Remedial Massage	15	Spring	Level 4	<i>SPOR3530</i>
SS527	Exercise for Special Populations	15	Spring	Level 5	<i>SPOR5270</i>
SS530	Sport & Exercise Leadership	15	Autumn	Level 5	<i>SPOR5300</i>

Optional modules continued:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS533	Applied Nutrition for Sport Performance	15	Autumn	Level 5	SPOR5330
SS534	Applied Sport and Exercise Physiology	30	Autumn & Spring	Level 5	SPOR5340
SS569	Sport and Exercise Psychology	15	Spring	Level 5	SPOR5690

STAGE 3 - 120 credits

You must take the following compulsory modules (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS523	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	Level 6	SPOR5230
SS566	Research Study in Sport Sciences	45	Autumn & Spring	Level 6	SPOR5660

Plus 45 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS546	Applied Sport and Exercise Psychology	15	Spring	Level 6	SPOR5460
SS558	Soft Tissue Techniques	15	Autumn	Level 6	SPOR5580
SS565	Contemporary Issues in Sport and Ex Nutrition	15	Spring	Level 6	SPOR5650
SS576	Specialised Issues in Sport and Exercise	15	Spring	Level 6	SPOR5760
SS579	Industry Placement	30	Autumn & Spring	Level 6	SPOR5790

SPORT AND EXERCISE MANAGEMENT

SPORTEXMAN:BA

Students must study a minimum of 45 credits per term and up to a maximum 75 credits per term

STAGE 1 - 120 credits

You must take the following compulsory modules (105 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
CB366	Management Principles	15	Spring	Level 4	BUSN3660
SS313	Introduction to Sport & Exercise Nutrition	15	Spring	Level 4	SPOR3130
SS344	Introduction to Sport & Exercise Psychology	15	Autumn	Level 4	SPOR3440
SS346	Introduction to Human Physiology	15	Autumn	Level 4	SPOR3460
SS348	Introduction to Fitness Testing	15	Autumn OR Spring	Level 4	SPOR3480
SS349	Introduction to Professional Skills	15	Autumn	Level 4	SPOR3490
SS350	Introduction to Sports Industries	15	Spring	Level 4	SPOR3500

Plus 15 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
CB330	Fundamentals of Financial Accounting	15	Autumn	Level 4	BUSN3300
CB331	Fundamentals of Management Accounting	15	Spring	Level 4	BUSN3310
CB365	Economics for Business 1	15	Spring	Level 4	BUSN3650
CB367	Introduction to Data Analysis and Statistics for Business	15	Autumn	Level 4	BUSN3670
CB371	Marketing Principles	15	Spring	Level 4	BUSN3710

STAGE 2 - 120 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS530	Sport & Exercise Leadership	15	Autumn	Level 5	SPOR5300
SS555	Principles of Sports Marketing	30	Autumn & Spring	Level 5	SPOR5550
SS567	Sport and Exercise Promotion	30	Autumn & Spring	Level 5	SPOR5670
SS570	Fitness Training Methods	15	Autumn OR Spring	Level 5	SPOR5700
SS574	Human Resources Management in Sport	15	Spring	Level 5	SPOR5740
SS575	Research Methods	15	Autumn	Level 5	SPOR5750

STAGE 3 - 120 credits

You must take the following compulsory module (30 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS504	Individual Research Study	30	Year Long	Level 6	SPOR5040

Plus 30 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS503	Sports Event Management	30	Autumn & Spring	Level 6	SPOR5030
SS556	Sports Industry Placement	30	Autumn & Spring	Level 6	SPOR5560

Plus 60 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS503	Sports Event Management	30	Autumn & Spring	Level 6	SPOR5030
SS523	Exercise Prescription, Referral & Rehabilitation	30	Autumn & Spring	Level 6	SPOR5230
SS527	Exercise for Special Populations	15	Spring	Level 5	SPOR5270
SS533	Applied Nutrition for Sports Performance	15	Autumn	Level 5	SPOR5330
SS546	Applied Sport & Exercise Psychology	15	Spring	Level 6	SPOR5460
SS556	Sports Industry Placement	30	Autumn & Spring	Level 6	SPOR5560

Please note that SS503 can only be selected once throughout Stage 3 of your studies

SPORT AND EXERCISE SCIENCE

SPORTEXSCI:BSC

Students must study a minimum of 45 credits per term and up to a maximum 75 credits per term

STAGE 1 - 120 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS313	Introduction to Sport & Exercise Nutrition	15	Spring	Level 4	SPOR3130
SS326	Functional Anatomy	15	Autumn & Spring	Level 4	SPOR3260
SS327	Introduction to Biomechanics	15	Spring	Level 4	SPOR3270
SS338	Fundamentals of Human Anatomy & Physiology	30	Autumn & Spring	Level 4	SPOR3380
SS344	Introduction to Sport & Exercise Psychology	15	Autumn	Level 4	SPOR3440

SS348	Introduction to Fitness Testing	15	Autumn OR Spring	Level 4	SPOR3480
SS349	Introduction to Professional Skills	15	Autumn	Level 4	SPOR3490

STAGE 2 - 120 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS533	Applied Nutrition for Sport Performance	15	Autumn	Level 5	SPOR5330
SS534	Applied Sport and Exercise Physiology	30	Autumn & Spring	Level 5	SPOR5340
SS569	Sport and Exercise Psychology	15	Spring	Level 5	SPOR5690
SS570	Fitness Training Methods	15	Autumn OR Spring	Level 5	SPOR5700
SS573	Research Study Preparation	15	Spring	Level 5	SPOR5730
SS575	Research Methods	15	Autumn	Level 5	SPOR5750
SS577	Biomechanical Analysis	15	Spring	Level 5	SPOR5770

STAGE 3 - 120 credits

You must take the following compulsory modules (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS523	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	Level 6	SPOR5230
SS566	Research Study in Sport Sciences	45	Autumn & Spring	Level 6	SPOR5660

PLUS THREE of the following optional modules (45 credits):

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS527	Exercise for Special Populations	15	Spring	Level 5	SPOR5270
SS546	Applied Sport and Exercise Psychology	15	Spring	Level 6	SPOR5460
SS564	High Performance Physiology	15	Autumn	Level 6	SPOR5640
SS565	Contemporary issues in Sport and Ex Nutrition	15	Spring	Level 6	SPOR5650
SS576	Specialised Issues in Sport and Exercise	15	Spring	Level 6	SPOR5760
SS579	Sports Industry Placement	30	Autumn and Spring	Level 6	SPOR5790

SPORT MANAGEMENT

SPORTMAN:BA SPORTMAN:MSPRT

Students must study a minimum of 45 credits per term and up to a maximum 75 credits per term

STAGE 1 - 120 credits

You must take the following compulsory modules (60 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
CB366	Management Principles	15	Spring	Level 4	BUSN3660
SS344	Introduction to Sport & Exercise Psychology	15	Autumn	Level 4	SPOR3440
SS349	Introduction to Professional Skills	15	Autumn	Level 4	SPOR3490
SS350	Introduction to Sports Industries	15	Spring	Level 4	SPOR3500

Plus 60 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
CB330	Fundamentals of Financial Accounting	15	Autumn	Level 4	BUSN3300
CB331	Fundamentals of Management Accounting	15	Spring	Level 4	BUSN3310
CB365	Economics for Business 1	15	Autumn	Level 4	BUSN3650
CB367	Introduction to Data Analysis and Statistics for Business	15	Autumn	Level 4	BUSN3670
CB371	Marketing Principles	15	Spring	Level 4	BUSN3710
SS313	Introduction to Sport & Exercise Nutrition	15	Spring	Level 4	SPOR3130
SS346	Introduction to Human Physiology	15	Autumn	Level 4	SPOR3460
SS348	Introduction to Fitness Testing	15	Autumn OR Spring	Level 4	SPOR3480

STAGE 2 - 120 credits

You must take the following compulsory modules (90 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS530	Sport & Exercise Leadership	15	Autumn	Level 5	SPOR5300
SS555	Principles of Sports Marketing	30	Autumn & Spring	Level 5	SPOR5550
SS567	Sport and Exercise Promotion	30	Autumn & Spring	Level 5	SPOR5670
SS574	Human Resource Management in Sport	15	Spring	Level 5	SPOR5740

Plus 30 credits from the following modules: (no more than 30 credits of level 4 modules)

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
CB330	Fundamentals of Financial Accounting	15	Autumn	Level 4	BUSN3300
CB331	Fundamentals of Management Accounting	15	Spring	Level 4	BUSN3310
CB343	The Global Business Environment	15	Autumn	Level 4	BUSN3430
CB371	Marketing Principles	15	Spring	Level 4	BUSN3710
CB697	Managing People and Teams	15	Spring	Level 5	BUSN6970
CB729	Enterprise and Entrepreneurship	15	Spring	Level 5	BUSN7290
SS527	Exercise for Special Populations	15	Spring	Level 5	SPOR5270
SS569	Sport and Exercise Psychology	15	Spring	Level 5	SPOR5690
SS570	Fitness Training Methods	15	Autumn OR Spring	Level 5	SPOR5700
SS571	Research Design & Planning	15	Autumn & Spring	Level 5	SPOR5710

STAGE 3 - 120 credits

You must take the following compulsory module (60 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS578	Event Management	30	Autumn & Spring	Level 6	SPOR5780
SS579	Industry Placement	30	Autumn & Spring	Level 6	SPOR5790

Plus 60 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
CB561	Business Law	30	Autumn & Spring	Level 6	BUSN5610
CB605	European Business	30	Autumn & Spring	Level 6	BUSN6050
CB727	Marketing and the Value Chain	15	Autumn	Level 6	BUSN7270

CB729	Enterprise and Entrepreneurship	15	Spring	Level 5	BUSN7290
CB742	Creating your Own Enterprise	15	Autumn	Level 6	BUSN7420
CB743	Human Resources and Organisational Behaviour	15	Spring	Level 6	BUSN7430
SS504	Individual Research Study	30	Year Long	Level 6	SPOR5040
SS523	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	Level 6	SPOR5230
SS533	Applied Nutrition for Sport Performance	15	Autumn	Level 5	SPOR5330
SS546	Applied Sport and Exercise Psychology	15	Spring	Level 6	SPOR5460

SPORT MANAGEMENT (4 Yr Masters)

SPORTMAN:MSPRT

STAGE 4 - 120 credits – 60 credits per term

You must take the following compulsory modules (90 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS825	Work Placement Experience	30	Autumn & Spring	7	SPOR8250
SS826	Work Placement Report	30	Autumn & Spring	7	SPOR8260
SS828	Strategic Event Management	30	Autumn & Spring	7	SPOR8280

Plus 30 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
CB561	Business Law	30	Autumn & Spring	Level 6	BUSN5610
CB605	European Business	30	Autumn & Spring	Level 6	BUSN6050
CB727	Marketing and the Value Chain	15	Autumn	Level 6	BUSN7270
CB742	Creating Your Own Enterprise	15	Autumn	Level 6	BUSN7420
CB743	Human Resources and Organisational Behaviour	15	Spring	Level 6	BUSN7430

SPORTS THERAPY

SPORTSTHERAPY:BSC

Students must study a minimum of 45 credits per term and up to a maximum 75 credits per term

STAGE 1 - 120 credits

* Stage 1 of this programme will not be taught during the 2018-2019 academic year.

STAGE 2 - 120 credits – 75 credits in Autumn, 45 credits in Spring

*Stage 2 modules on this programme are only open to SSES students completing resit (referral/deferral/repeat) opportunities *

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS559	Sports Injuries	15	Autumn	Level 5	SPOR5590
SS561	Examination & Assessment	15	Autumn	Level 5	SPOR5610
SS562	Rehabilitation	30	Autumn & Spring	Level 5	SPOR5620
SS568	Therapeutic Mobilisations	30	Spring	Level 6	SPOR5680
SS570	Fitness Training Methods	15	Autumn OR Spring	Level 5	SPOR5700
SS571	Research Design & Planning	15	Autumn & Spring	Level 5	SPOR5710

STAGE 3 - 120 credits – up to 75 credits per term

You must take the following compulsory modules (105 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS558	Soft Tissue Techniques	15	Autumn	Level 6	SPOR5580
SS560	Clinical Practice	45	Autumn & Spring	Level 6	SPOR5600
SS566	Research Study in Sport Sciences	45	Autumn & Spring	Level 6	SPOR5660

PLUS ONE of the following optional modules (15 credits):

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS527	Exercise for Special Populations	15	Spring	Level 5	SPOR5270
SS533	Applied Nutrition for Sport Performance	15	Autumn	Level 5	SPOR5330
SS546	Applied Sport and Exercise Psychology	15	Spring	Level 6	SPOR5460
SS576	Specialised Issues in Sport and Exercise	15	Spring	Level 6	SPOR5760

SPORTS THERAPY AND REHABILITATION

SPORTSTHERREHAB:BSC

STAGE 1 - 120 credits – 90 credits in Autumn, 30 credits in Spring

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS345	Functional Anatomy & Biomechanics	30	Autumn & Spring	Level 4	SPOR3450
SS346	Introduction to Human Physiology	15	Autumn	Level 4	SPOR3460
SS348	Introduction to Fitness Testing	15	Spring	Level 4	SPOR3480
SS349	Introduction to Professional Skills	15	Autumn	Level 4	SPOR3490
SS351	Mechanisms of Sports Injuries	15	Spring	Level 4	SPOR3510
SS352	Peripheral Joint Assessment	15	Autumn	Level 4	SPOR3520
SS353	Sports and Remedial Massage	15	Spring	Level 4	SPOR3530

STAGE 2 - 120 credits – 75 credits in Autumn, 45 credits in Spring

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS570	Fitness Training Methods	15	Autumn OR Spring	Level 5	SPOR5700
SS573	Research Study Preparation	15	Spring	Level 5	SPOR5730
SS575	Research Methods	15	Autumn	Level 5	SPOR5750
SS580	Principles of Rehabilitation	15	Autumn	Level 5	SPOR5800
SS581	Therapeutic Modalities for Rehabilitators	30	Autumn & Spring	Level 5	SPOR5810
SS582	Applied Rehabilitation	15	Spring	Level 5	SPOR5820
SS583	Psychology for Sport and Exercise Rehabilitation	15	Autumn	Level 5	SPOR5830

STAGE 3 - 120 credits – 75 credits in Autumn, 45 credits in Spring

*** Stage 3 of this programme will not be taught during the 2018-2019 academic year. The below list is for information only ***

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS523	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	Level 6	<i>SPOR5230</i>
SS558	Soft Tissue Techniques	15	Autumn	Level 6	<i>SPOR5580</i>
SS566	Research Study in Sport Sciences	45	Autumn & Spring	Level 6	<i>SPOR5660</i>
SS584	Advances in Rehabilitation	15	Autumn	Level 6	<i>SPOR5840</i>
SS585	Injury Prevention and Return to Play	15	Spring	Level 6	<i>SPOR5850</i>