

SCHOOL OF SPORT AND EXERCISE SCIENCES

Head of School: Dr Claire Peppiatt-Wildman
School Web Site: www.kent.ac.uk/sportsciences/

Please refer to the online Module Catalogue for full details of all modules:
www.kent.ac.uk/courses/modules/

Note: It is ultimately your responsibility to ensure that you are registered for the correct modules for your programme.

- [Sport Exercise and Health Science](#)
- [Sport Science for Optimal Performance](#)

SPORT EXERCISE AND HEALTH SCIENCE

SPORTEXHEASCI:PD-R

STAGE 1 - 180 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS810	Professional Doctorate Research Methods	60	Autumn & Spring	Level 7	SPOR8100
WL829	Enquiring into Professional Practice	60	Autumn	Level 7	WKBL8290

You must take 60 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS802	Assessment and Training for Optimal Performance	20	Autumn OR Spring	Level 7	SPOR8020
SS807	Psychology for Injury and Rehabilitation	20	Autumn OR Spring	Level 7	SPOR8070
SS809	Sport and Exercise Nutrition for the High Performance Athlete	20	Autumn OR Spring	Level 7	SPOR8090
WL813	Evidence Based Practice	15	Spring	Level 7	WKBL8130
WL814	Inter-Professional Working	15	Spring	Level 7	WKBL8140
WL815	Learning and Development	30	Autumn	Level 7	WKBL8150
WL817	Research Skills	15	Autumn OR Spring	Level 7	WKBL8170

SPORT SCIENCE FOR OPTIMAL PERFORMANCE

SPORTSCIOPPER:MSC-T

STAGE 1 - 180 credits

You must take the following compulsory modules (140 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS802	Assessment and Training for Optimal Performance	20	Autumn OR Spring	Level 7	SPOR8020
SS806	Dissertation	60	Year Long	Level 7	SPOR8060
SS821	Contemporary Perspectives in Sport Research	20	Autumn	Level 7	SPOR8210
SS830	Research Methods	40	Autumn & Spring	Level 7	SPOR8300

You must take 40 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS807	Psychology for Injury and Rehabilitation	20	Autumn OR Spring	Level 7	SPOR8070
SS809	Sport and Exercise Nutrition for High Performance Athlete	20	Autumn	Level 7	SPOR8090
SS820	Applied Athlete Support	20	Autumn	Level 7	SPOR8200