

# **SCHOOL OF SPORT AND EXERCISE SCIENCES**

Head of School: Dr Claire Peppiatt-Wildman

School Web Site: [www.kent.ac.uk/sportsciences/](http://www.kent.ac.uk/sportsciences/)

Please refer to the online Module Catalogue for full details of all modules:

[www.kent.ac.uk/courses/modules/](http://www.kent.ac.uk/courses/modules/)

**Note: It is ultimately your responsibility to ensure that you are registered for the correct modules for your programme.**

**Students should check the Module Catalogue to see what prerequisites apply to each module. No Level 4 modules can be taken at Stage 3.**

**Please select a link below to view the Stage 1, 2 and 3 requirements for your programme:**

- [Sport and Exercise for Health](#)
- [Sport and Exercise for Health with a Year in Industry](#)
- [Sport and Exercise Science](#)
- [Sport and Exercise Science with a Year in Industry](#)
- [Sport Management](#)
- [Sport Management with a Year in Industry](#)
- [Sports Therapy and Rehabilitation](#)

## **SPORT AND EXERCISE FOR HEALTH**

**SPORTEXHEALTH:BSC**

### **STAGE 1 - 120 credits**

**You must take the following compulsory modules (120 credits):**

<b>Compulsory modules:</b>	<b>MODULE TITLE</b>	<b>CREDIT AMOUNT</b>	<b>TERM TAUGHT</b>	<b>CREDIT LEVEL</b>	<b>Office Use Only</b>
<a href="#">SS344</a>	Introduction to Sport & Exercise Psychology	15	Autumn	Level 4	<i>SPOR3440</i>
<a href="#">SS349</a>	Introduction to Professional Skills	15	Autumn	Level 4	<i>SPOR3490</i>
<a href="#">SS338</a>	Fundamentals of Human Anatomy & Physiology	30	Autumn & Spring	Level 4	<i>SPOR3380</i>
<a href="#">SS345</a>	Functional Anatomy & Biomechanics	30	Autumn & Spring	Level 4	<i>SPOR3450</i>
<a href="#">SS313</a>	Introduction to Sport & Exercise Nutrition	15	Spring	Level 4	<i>SPOR3130</i>
<a href="#">SS348</a>	Introduction to Fitness Testing	15	Spring	Level 4	<i>SPOR3480</i>

## **SPORT AND EXERCISE FOR HEALTH WITH A YEAR IN INDUSTRY**

**SPORTEXHEALTH:BSC**

### **STAGE 1 - 120 credits**

**You must take the following compulsory modules (120 credits):**

<b>Compulsory modules:</b>	<b>MODULE TITLE</b>	<b>CREDIT AMOUNT</b>	<b>TERM TAUGHT</b>	<b>CREDIT LEVEL</b>	<b>Office Use Only</b>
<a href="#">SS344</a>	Introduction to Sport & Exercise Psychology	15	Autumn	Level 4	<i>SPOR3440</i>
<a href="#">SS349</a>	Introduction to Professional Skills	15	Autumn	Level 4	<i>SPOR3490</i>
<a href="#">SS338</a>	Fundamentals of Human Anatomy & Physiology	30	Autumn & Spring	Level 4	<i>SPOR3380</i>
<a href="#">SS345</a>	Functional Anatomy & Biomechanics	30	Autumn & Spring	Level 4	<i>SPOR3450</i>
<a href="#">SS313</a>	Introduction to Sport & Exercise Nutrition	15	Spring	Level 4	<i>SPOR3130</i>
<a href="#">SS348</a>	Introduction to Fitness Testing	15	Spring	Level 4	<i>SPOR3480</i>

**SPORT AND EXERCISE SCIENCE****SPORTEXSCI:BSC***Students must study a minimum of 45 credits per term and up to a maximum 75 credits per term***STAGE 1 - 120 credits****You must take the following compulsory modules (120 credits):**

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
<a href="#">SS344</a>	Introduction to Sport & Exercise Psychology	15	Autumn	Level 4	SPOR3440
<a href="#">SS349</a>	Introduction to Professional Skills	15	Autumn	Level 4	SPOR3490
<a href="#">SS326</a>	Functional Anatomy	15	Autumn & Spring	Level 4	SPOR3260
<a href="#">SS338</a>	Fundamentals of Human Anatomy & Physiology	30	Autumn & Spring	Level 4	SPOR3380
<a href="#">SS313</a>	Introduction to Sport & Exercise Nutrition	15	Spring	Level 4	SPOR3130
<a href="#">SS327</a>	Introduction to Biomechanics	15	Spring	Level 4	SPOR3270
<a href="#">SS348</a>	Introduction to Fitness Testing	15	Spring	Level 4	SPOR3480

**SPORT AND EXERCISE SCIENCE WITH A YEAR IN INDUSTRY****SPORTEXSCI-S:BSC***Students must study a minimum of 45 credits per term and up to a maximum 75 credits per term***STAGE 1 - 120 credits****You must take the following compulsory modules (120 credits):**

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
<a href="#">SS344</a>	Introduction to Sport & Exercise Psychology	15	Autumn	Level 4	SPOR3440
<a href="#">SS349</a>	Introduction to Professional Skills	15	Autumn	Level 4	SPOR3490
<a href="#">SS326</a>	Functional Anatomy	15	Autumn & Spring	Level 4	SPOR3260
<a href="#">SS338</a>	Fundamentals of Human Anatomy & Physiology	30	Autumn & Spring	Level 4	SPOR3380
<a href="#">SS313</a>	Introduction to Sport & Exercise Nutrition	15	Spring	Level 4	SPOR3130
<a href="#">SS327</a>	Introduction to Biomechanics	15	Spring	Level 4	SPOR3270
<a href="#">SS348</a>	Introduction to Fitness Testing	15	Spring	Level 4	SPOR3480

**SPORT MANAGEMENT****SPORTMAN:BA***Students must study a minimum of 45 credits per term and up to a maximum 75 credits per term***STAGE 1 - 120 credits****You must take the following compulsory modules (60 credits):**

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
<a href="#">SS344</a>	Introduction to Sport & Exercise Psychology	15	Autumn	Level 4	SPOR3440
<a href="#">SS349</a>	Introduction to Professional Skills	15	Autumn	Level 4	SPOR3490
<a href="#">SS350</a>	Introduction to Sports Industries	15	Spring	Level 4	SPOR3500
<a href="#">CB366</a>	Management Principles	15	Spring	Level 4	BUSN3660

Plus 60 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS346	Introduction to Human Physiology	15	Autumn	Level 4	SPOR3460
CB386	Fundamentals of Accounting 1	15	Autumn	Level 4	BUSN3860
SS313	Introduction to Sport & Exercise Nutrition	15	Spring	Level 4	SPOR3130
SS348	Introduction to Fitness Testing	15	Spring	Level 4	SPOR3480
CB371	Marketing Principles 1	15	Spring	Level 4	BUSN3710

1 Only one of the KBS modules may be selected as an option

## SPORT MANAGEMENT WITH A YEAR IN INDUSTRY

SPORTMAN-S:BA

Students must study a minimum of 45 credits per term and up to a maximum 75 credits per term  
**STAGE 1 - 120 credits**

You must take the following compulsory modules (60 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS344	Introduction to Sport & Exercise Psychology	15	Autumn	Level 4	SPOR3440
SS349	Introduction to Professional Skills	15	Autumn	Level 4	SPOR3490
SS350	Introduction to Sports Industries	15	Spring	Level 4	SPOR3500
CB366	Management Principles	15	Spring	Level 4	BUSN3660

Plus 60 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS346	Introduction to Human Physiology	15	Autumn	Level 4	SPOR3460
CB386	Fundamentals of Accounting 1	15	Autumn	Level 4	BUSN3860
SS313	Introduction to Sport & Exercise Nutrition	15	Spring	Level 4	SPOR3130
SS348	Introduction to Fitness Testing	15	Spring	Level 4	SPOR3480
CB371	Marketing Principles 1	15	Spring	Level 4	BUSN3710

1 Only one of the KBS modules may be selected as an option

## SPORTS THERAPY AND REHABILITATION

SPORTSTHERREHAB:BSC

**STAGE 1 - 120 credits**

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	Office Use Only
SS346	Introduction to Human Physiology	15	Autumn	Level 4	SPOR3460
SS349	Introduction to Professional Skills	15	Autumn	Level 4	SPOR3490
SS352	Peripheral Joint Assessment	15	Spring	Level 4	SPOR3520
SS353	Sports and Remedial Massage	15	Spring	Level 4	SPOR3530
SS345	Functional Anatomy & Biomechanics	30	Autumn & Spring	Level 4	SPOR3450
SS348	Introduction to Fitness Testing	15	Spring	Level 4	SPOR3480
SS351	Mechanisms of Sports Injuries	15	Spring	Level 4	SPOR3510