Adjusting to change
University study is an exciting and challenging time in your life. As well as building up subject knowledge and academic skills, you will need to develop your skills in time management and good organisation.

What strengths do you already have?
It is important to recognise the skills that you bring with you to university. These may include:

- Interest in learning
- Determination
- Enjoyment in working and learning with others
- Previous experience that contributes to your knowledge
- Career or personal goals, related to your studies

Skills for academic study
Whilst at university you will develop many academic skills such as managing deadlines, critical thinking, research skills, reflective learning, evaluating information, interpreting data, working with others, oral and written communication. SLAS has information and advice on developing these key academic skills at www.kent.ac.uk/learning

What is expected?
The university aims to prepare you to be an independent learner. As such, you will be expected to keep up with required reading, meet assignment deadlines and manage your own study time. Knowledge of the library and accessing its physical and electronic resources is also critical to your success at university.

Co-curricular and extra-curricular opportunities
There are many co-curricular opportunities at Kent such as becoming a course rep, a student ambassador, a student volunteer or a peer mentor. These are great ways to get more involved at university and develop your skills. The University also has a wide range of social and sports clubs which will help you to feel part of the university. For more information contact www.kentunion.co.uk (Canterbury) or www.gkunions.co.uk (Medway)
The path to success

• Read information on Moodle and your course handbook
• Read recommended texts.
• Organise your time and balance other commitments
• Have a space to study away from interruption
• Establish a study network with some like-minded students

To sum up

Prepare for university study by:
• Thinking about your strengths and goals
• Considering areas that you might need to work on
• Joining a club, or society
• Using the learning resources in the library and SLAS

Contact us

Please come and see us if you need any academic advice or guidance.

Canterbury

Our offices are next to Santander Bank.

Open
Monday to Friday, 09.00 – 17.00
E: learning@kent.ac.uk
T: 01227 824016

Medway

We are based in room G0-09, in the Gillingham Building and in room DB034, in the Drill Hall Library.

Open
Monday to Friday, 09.00 – 17.00
E: learningmedway@kent.ac.uk
T: 01634 888884

The Student Learning Advisory Service (SLAS)
Unit for the Enhancement of Learning and Teaching (ULET)