PLANNING TO SUCCEED

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SESSION OUTLINE

- Personal Goals
- Mind Apples
- First few weeks at university
- Focussed Study
- Finding a mentor
- Networking
- Thinking Ahead
Being an undergraduate

- Look how far you have come
- Becoming independent
- A fresh start
- The first few weeks at university
- After the excitement dies down
- Get organised and strategize
MIND APPLES

- Look after your mental health
- Overcoming loneliness
- Making new friends, losing old ones
- Be open to new experiences
- Find a mentor
Participating Schools
Canterbury & Medway (C+M)

- Architecture
- Anthropology
- Arts
- Biosciences
- CEWL
- Computer Sciences
- EDA
- KBS
- Music and Fine Arts - M

- Pharmacy - M
- Physical Sciences
- Pol/IR
- Psychology
- SECL
- SMSAS
- SSPSSR - C + M
- SSPSSR child protection / distance learning
Engage in Serious Study

- Learn to study
- How do you study?
- Learning techniques
- Revisit programme outlines and outcomes
- Check the marking criteria
- Join the feedback cycle and create an action plan
THINKING AHEAD

- Start planning for exams/end of module assessments
- What happens next year?
- Build your brand
- Take a leap of faith and push yourself
- Keep everything in balance
- In between academic years
NETWORKING

- Help others including the competition
- Network up and down
- Make friends not ‘Networks’
- Be yourself but don’t be nervous
- Solidify the relationships
TAKEAWAY THOUGHTS

- Keep an open mind
- Make the most of the fresh start
- Get involved in everything you can
- Stay organised
- Study effectively and efficiently
- Be the best you can
- Keep the end goal in sight
References:
Madhavji, A. (2013) *Your Guide To Succeed In University*