Kent, Surrey & Sussex Dementia Care Innovation Hub

Pain and People with Dementia

Wednesday 20th March 16:00 – 17:30
Venue: Lg48, Laud Building

The Dementia Care Learning Space

This space is organised by the Dementia Care Innovation Hub team, led by Professor Jan Dewing and based within the England Centre for Practice Development. It is aimed at everyone with an interest in dementia care, the current challenges and how to offer better care and practice. We aim to provide a welcoming space where we can all learn together regardless of our backgrounds and where or how we are involved with dementia or dementia care.

Overview

Recent work demonstrates that pain is common amongst the older population. We have a prevalence of 50% of older adults living in the community and this dramatically increases to 80% in care homes, amongst our most frail and most vulnerable population. As the population is ageing we are likely to see an increase in this prevalence. We know that pain is poorly assessed and poorly managed in this group. So we need to identify factors that can help us to improve the situation and areas for future research. This presentation will discuss the factors that predispose poor pain management in the ageing population and make suggestions for the future practice and research agendas.

Biography

Pat Schofield is currently involved in three major programme of research around pain in older adults. The first is a cross council programme of research under the Lifelong Health & Well Being banner which is Engaging with Older Adults in Designing and Developing Strategies for the Self-Management of Chronic Pain (EOPIC); the second project is New technologies to support older people at home: maximising personal and social interaction funded by dot.rural and the third is an EU funded programme:
Pain Assessment in Patients with Impaired Cognition, especially Dementia. Pat has just completed a local study funded by HIEC looking at education of staff to improve the management of pain in adults with dementia within an acute trust. She has a number of books and publications in the area.

Pat currently leads the guideline development group supported by the BPS/BGS developing guidelines for the management of pain in older adults; to be published in March 2013. She has previously been involved in the development of guidelines for the assessment of pain in older adults.

Pat is chair of the British Pain Society – Pain in Older Adults, Special Interest Group and chair of IASP Subcommittee on Education (Pain in Older Adults SIG). She is currently joint editor of *Journal of Pain Management*.

**Research Interests**

Pain, ageing and/or dementia care

**Booking information**

Places are £5 per person (to cover our costs only)
Free to people with dementia, carers and undergraduate students
Café and bookshop situated in close proximity to venue

**To reserve a place at this event please contact:**

Katy Russ, Kent, Sussex and Surrey Dementia Care Innovation Hub Administrator
E-mail: katy.russ@canterbury.ac.uk
Tel: 01227 863530

Nf11, Canterbury Christ Church University, North Holmes Road, Canterbury, Kent CT1 1QU

**Next Session: Reminiscence: How to do it and does it work?**

Wednesday 17th April 4.00pm – 5.30pm