

DIVISION OF NATURAL SCIENCES
SCHOOL OF SPORT AND EXERCISE SCIENCES

School Website: www.kent.ac.uk/sportsciences/

Please refer to the online Module Catalogue for full details of all modules:
www.kent.ac.uk/courses/modules/

Note: It is ultimately your responsibility to ensure that you are registered for the correct modules for your course.

Students should check the Module Catalogue to see if pre-requisites apply to each module. No Level 4 modules can be taken at Stage 3.

Please select a link below to view the Stage 2 and 3 requirements for your course:

- [Sport and Exercise for Health](#)
- [Sport and Exercise for Health with a Year in Industry](#)
- [Sport and Exercise for Health with Sport Management](#)
- [Sport and Exercise Science](#)
- [Sport and Exercise Science with a Year in Industry](#)
- [Sport and Exercise Science with Sport Management](#)
- [Sport Management](#)
- [Sports Therapy and Rehabilitation](#)

The information contained herein is correct at the time of publication. Please note, however, that if a module recruits fewer than 8 students it is possible that it will not run. In this event, you will be contacted and asked to select an alternative module.

SPORT AND EXERCISE FOR HEALTH

USEH0001Z1BS-F

SPORTEXHEALTH:BSC

SPORT AND EXERCISE FOR HEALTH WITH A YEAR IN INDUSTRY

USEH0001P2BS-F

SPORTEXHEALTH-S:BSC

Single Honours

STAGE 2 – 121 credits

Students are advised to take 60 credits in each term, but may study a minimum of 45 credits per term and a **maximum** of 75 credits per term.

You must take the following compulsory modules (60 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5670	Sport and Exercise Promotion	30	Autumn & Spring	5
SPOR5920	Research Methods, Design & Planning	30	Autumn & Spring	5

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5001	Sport Academic Advising and Skills Development II	1 Non-contributory	Autumn & Spring	5

PLUS 60 credits from the following optional modules (at least 30 credits of which must be at level 5):

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR3510	Mechanisms of Sport Injuries	15	Autumn	4
SPOR3530*	Sport and Remedial Massage	15	Spring	4
SPOR5003	Performance Analysis in Sport	15	Autumn	5
SPOR5270	Exercise for Special Populations	15	Spring	5
SPOR5300	Sport & Exercise Leadership	15	Autumn	5
SPOR5330**	Applied Nutrition for Sports Performance	15	Autumn	5
SPOR5340	Exercise Physiology	30	Autumn & Spring	5
SPOR5690	Sport & Exercise Psychology	15	Spring	5

*You must select this module to take SPOR5580 at stage 3

**You must select this module to take SPOR5650 at stage 3

SPORT AND EXERCISE FOR HEALTH WITH A YEAR IN INDUSTRY

USEH0001P2BS-F

SPORTEXHEALTH-S:BSC

STAGE S – 120 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5900*	Industrial Placement Portfolio	30	Year-long	5
SPOR5910* +	Industrial Placement Experience	90	Year-long	5

*Module cannot be compensated or condoned

+Module cannot be trailed

SPORT AND EXERCISE FOR HEALTH

SPORTEXHEALTH:BSC

USEH0001Z1BS-F**SPORT AND EXERCISE FOR HEALTH WITH A YEAR IN INDUSTRY**

SPORTEXHEALTH-S:BSC

USEH0001P2BS-F

Single Honours

STAGE 3 – 121 credits

Students are advised to take 60 credits in each term, but may study a minimum of 45 credits per term and a **maximum** of 75 credits per term.

You must take the following compulsory modules (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5230	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	6
SPOR5660	Research Study in Sport Sciences	45	Autumn & Spring	6

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR6001	Sport Academic Advising and Skills Development III	1 Non-contributory	Autumn & Spring	6

PLUS 45 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5460	Applied Sport & Exercise Psychology	15	Autumn	6
SPOR5580*	Soft Tissue Techniques	15	Autumn	6
SPOR5650**	Nutrition, Supplements and Ergogenic Aids in Sport and Exercise	15	Spring	6
SPOR5760	Specialised Issues in Sport and Exercise	15	Autumn	6
SPOR5790	Industry Placement	30	Autumn & Spring	6
SPOR6002	Applied Performance Analysis	15	Spring	6

*To select this module you must have previously taken SPOR3530

**To select this module you must have previously taken SPOR5330

Single Honours

STAGE 2 – 121 credits

Students are advised to take 60 credits in each term, but may study a minimum of 45 credits per term and a **maximum** of 75 credits per term.

You must take the following compulsory modules (105 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5300	Sport and Exercise Leadership	15	Autumn	5
SPOR5550	Principles of Sport Marketing	30	Autumn & Spring	5
SPOR5670	Sport and Exercise Promotion	30	Autumn & Spring	5
SPOR5920	Research Methods, Design & Planning	30	Autumn & Spring	5

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5001	Sport Academic Advising and Skills Development II	1 Non-contributory	Autumn & Spring	5

PLUS 15 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR3510	Mechanisms of Sport Injuries	15	Autumn	4
SPOR3530*	Sport and Remedial Massage	15	Spring	4
SPOR5270	Exercise for Special Populations	15	Spring	5
SPOR5330**	Applied Nutrition for Sports Performance	15	Autumn	5
SPOR5690	Sport & Exercise Psychology	15	Spring	5
SPOR5003	Performance Analysis in Sport	15	Autumn	5

*You must select this module to take SPOR5580 at stage 3

**You must select this module to take SPOR5650 at stage 3

Single Honours

STAGE 3 – 121 credits

Students are advised to take 60 credits in each term, but may study a minimum of 45 credits per term and a **maximum** of 75 credits per term.

You must take the following compulsory modules (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5230	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	6
SPOR5660	Research Study in Sport Science	45	Autumn & Spring	6

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR6001	Sports Academic Advising and Skills Development III	1 Non-contributory	Autumn & Spring	6

PLUS 30 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5780	Event Management	30	Autumn & Spring	6
SPOR5790	Industry Placement	30	Autumn & Spring	6

The remaining 15 credits should be taken from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5460	Applied Sport & Exercise Psychology	15	Autumn	6
SPOR5580*	Soft Tissue Techniques	15	Autumn	6
SPOR5650**	Nutrition, Supplements and Ergogenic Aids in Sport and Exercise	15	Spring	6
SPOR5760	Specialised Issues in Sport and Exercise	15	Autumn	6
SPOR6002	Applied Performance Analysis	15	Spring	6

*To select this module you must have previously taken SPOR3530

**To select this module you must have previously taken SPOR5330

SPORT AND EXERCISE SCIENCE

USES0001Z1BS-F

SPORTEXSCI:BSC

SPORT AND EXERCISE SCIENCE WITH A YEAR IN INDUSTRY

USES0001P2BS-F

SPORTEXSCI-S:BSC

Single Honours

STAGE 2 – 121 credits

You must take the following compulsory modules (105 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5270	Exercise for Special Populations	15	Spring	5
SPOR5340	Exercise Physiology	30	Autumn & Spring	5
SPOR5690	Sport & Exercise Psychology	15	Spring	5
SPOR5770	Biomechanical Analysis	15	Autumn	5
SPOR5920	Research Methods, Design and Planning	30	Autumn & Spring	5

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5001	Sports Academic Advising and Skills Development II	1 Non-contributory	Autumn & Spring	5

PLUS 15 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5003	Performance Analysis in Sport	15	Autumn	5
SPOR5330*	Applied Nutrition for Sports Performance	15	Autumn	5

*You must select this module to take SPOR5650 in stage 3

SPORT AND EXERCISE SCIENCE WITH A YEAR IN INDUSTRY

USES0001P2BS-F

SPORTEXSCI-S:BSC

STAGE S – 120 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5900*	Industrial Placement Portfolio	30	Year-long	5
SPOR5910* +	Industrial Placement Experience	90	Year-long	5

*Module cannot be compensated or condoned

+Module cannot be trailed

SPORT AND EXERCISE SCIENCE

USES0001Z1BS-F

SPORTEXSCI:BSC

SPORT AND EXERCISE SCIENCE WITH A YEAR IN INDUSTRY

USES0001P2BS-F

SPORTEXSCI-S:BSC

Single Honours

STAGE 3 – 121 credits

Students are advised to take 60 credits in each term, but may study a minimum of 45 credits per term and a **maximum** of 75 credits per term.

You must take the following compulsory module (45 credits):

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5660*	Research Study in Sport Sciences	45	Autumn & Spring	6

*Module cannot be compensated or condoned

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR6001	Sport Academic Advising and Skills Development III	1 Non-contributory	Autumn & Spring	6

PLUS 75 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5230	Exercise Prescription, Referral & Rehabilitation	30	Autumn & Spring	6
SPOR5460	Applied Sport & Exercise Psychology	15	Autumn	6
SPOR5640	High Performance Physiology	15	Autumn	6
SPOR5650*	Nutrition, Supplements and Ergogenic Aids in Sport and Exercise	15	Spring	6
SPOR5760	Specialised Issues in Sport and Exercise	15	Autumn	6
SPOR5790	Industry Placement	30	Autumn & Spring	6
SPOR6002	Applied Performance Analysis	15	Spring	6

*To select this module you must have previously taken SPOR5330 at stage 2

Single Honours

STAGE 2 – 121 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5270	Exercise For Special Populations	15	Spring	5
SPOR5300	Sport and Exercise Leadership	15	Autumn	5
SPOR5550	Principles of Sport Marketing	30	Autumn & Spring	5
SPOR5690	Sport and Exercise Psychology	15	Spring	5
SPOR5770	Biomechanical Analysis	15	Autumn	5
SPOR5920	Research Methods, Design and Planning	30	Autumn & Spring	5

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR6001	Sport Academic Advising and Skills Development III	1 Non-contributory	Autumn & Spring	6

STAGE S – 120 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5900*	Industrial Placement Portfolio	30	Year-long	5
SPOR5910* +	Industrial Placement Experience	90	Year-long	5

*Module cannot be compensated or condoned

+Module cannot be trailed

Single Honours

STAGE 3 – 121 credits

Students are advised to take 60 credits in each term, but may study a minimum of 45 credits per term and a **maximum** of 75 credits per term.

You must take the following compulsory modules (60 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5780	Event Management	30	Autumn & Spring	6
SPOR5790	Industry Placement	30	Autumn & Spring	6

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR6001	Sport Academic Advising and Skills Development III	1 Non-contributory	Autumn & Spring	6

PLUS 60 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
BUSN6130 #	Entrepreneurship	15	Spring	6
BUSN6780 # *	Contemporary Management Challenges	15	Spring	6
BUSN7440 #	Creativity and Innovation in Organisations	15	Autumn	5
SPOR5040	Individual Research Study	30	Autumn & Spring	6
SPOR5230	Exercise Prescription, Referral & Rehabilitation	30	Autumn & Spring	6
SPOR5330	Applied Nutrition for Sports Performance	15	Autumn	5
SPOR5460	Applied Sport and Exercise Psychology	15	Autumn	6
SPOR6002	Applied Performance Analysis	15	Spring	6

Only one of these KBS modules may be selected as an option

*This module cannot be registered during OMR. Interested students should select an alternative module then contact csao@kent.ac.uk to replace it with BUSN6780.

STAGE 3 – 120 credits

Students are advised to take 60 credits in each term, but may study a minimum of 45 credits per term and a **maximum** of 75 credits per term.

You must take the following compulsory modules (60 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5780	Event Management	30	Autumn & Spring	6
SPOR5790	Industry Placement	30	Autumn & Spring	6

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR6001	Sport Academic Advising and Skills Development III	1 Non-contributory	Autumn & Spring	5

PLUS 60 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
BUSN6130 #	Entrepreneurship	15	Spring	6
BUSN6780 # *	Contemporary Management Challenges	15	Spring	6
BUSN7440 #	Creativity and Innovation in Organisations	15	Autumn	5
SPOR5040	Individual Research Study	30	Autumn & Spring	6
SPOR5230	Exercise Prescription, Referral & Rehabilitation	30	Autumn & Spring	6
SPOR5330	Applied Nutrition for Sports Performance	15	Autumn	5
SPOR5460	Applied Sport and Exercise Psychology	15	Autumn	6

Only one of these KBS modules may be selected as an option

*This module cannot be registered during OMR. Interested students should select an alternative module then contact csao@kent.ac.uk to replace it with BUSN6780.

SPORTS THERAPY AND REHABILITATION
SPORTSTHERREHAB:BSC

USTR0001Z1BS-F

Single Honours

STAGE 2 – 121 credits – 60 in each term

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5580*	Soft Tissue Techniques	15	Autumn	6
SPOR5800*	Principles of Rehabilitation	15	Autumn	5
SPOR5810*	Therapeutic Modalities for Rehabilitators	30	Autumn & Spring	5
SPOR5820*	Applied Rehabilitation	15	Spring	5
SPOR5830	Psychology for Sport and Exercise Rehabilitation	15	Spring	5
SPOR5920	Research Methods, Design and Planning	30	Autumn & Spring	5

*Module cannot be compensated or condoned

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5001	Sport Academic Advising and Skills Development II	1 Non-contributory	Autumn & Spring	5

SPORTS THERAPY AND REHABILITATION
SPORTSTHERREHAB:BSC

USTR0001Z1BS-F

Single Honours

STAGE 3 – 121 credits

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR5002	Professional Development and Placement	15	Autumn & Spring	6
SPOR5230	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	6
SPOR5660	Research Study in Sport Sciences	45	Autumn & Spring	6
SPOR5840	Strength and Conditioning for Rehabilitation	15	Spring	6
SPOR5850	Injury Prevention and Return to Play	15	Autumn	6

PLUS the following extra-curricular compulsory module:

Compulsory module:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL
SPOR6001	Sport Academic Advising and Skills Development III	1 Non-contributory	Autumn & Spring	6