

DIVISION OF NATURAL SCIENCES

SCHOOL OF SPORT AND EXERCISE SCIENCES

School Website: www.kent.ac.uk/sportsciences/

Please refer to the online Module Catalogue for full details of all modules:

www.kent.ac.uk/courses/modules/

Note: It is ultimately your responsibility to ensure that you are registered for the correct modules for your programme.

Students should check the Module Catalogue to see what prerequisites apply to each module. No Level 4 modules can be taken at Stage 3.

Please select a link below to view the Stage 1, 2 and 3 requirements for your programme:

- [Sport and Exercise for Health](#)
- [Sport and Exercise for Health with a Year in Industry](#)
- [Sport and Exercise Management](#)
- [Sport and Exercise Science](#)
- [Sport and Exercise Science with a Year in Industry](#)
- [Sport Management](#)
- [Sport Management with a Year in Industry](#)
- [Sports Therapy and Rehabilitation](#)

*The information contained herein is correct at the time of publication. Please note, however, that if a module recruits fewer than 8 students it is possible that it will not run. In this event, you will be contacted and asked to select an alternative module. **The University cannot guarantee whether all options will be available, or how they will be delivered, if Government Covid restrictions continue.***

SPORT AND EXERCISE FOR HEALTH**SPORTEXHEALTH:BSC****USEH0001Z1BS-F****SPORT AND EXERCISE FOR HEALTH WITH A YEAR IN INDUSTRY SPORTEXHEALTH-S:BSC****USEH0001P2BS-F****STAGE 2 - 120 credits**

You must take the following compulsory modules (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OMR CODE
SPOR5670	Sport and Exercise Promotion	30	Autumn & Spring	5	SS567
SPOR5700	Fitness Training Methods	15	Autumn	5	SS570
SPOR5730	Research Study Preparation	15	Spring	5	SS573
SPOR5750	Research Methods	15	Autumn	5	SS575

PLUS 45 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OMR CODE
SPOR3510	Mechanisms of Sport Injuries	15	Spring	4	SS351
SPOR3530	Sport and Remedial Massage	15	Spring	4	SS353
SPOR5270	Exercise for Special Populations	15	Spring	5	SS527
SPOR5300	Sport & Exercise Leadership Not running in 21-22	15	Autumn	5	SS530
SPOR5330	Applied Nutrition for Sports Performance	15	Autumn	5	SS533
SPOR5340	Applied Sport and Exercise Physiology	30	Autumn & Spring	5	SS534
SPOR5690	Sport & Exercise Psychology	15	Spring	5	SS569

SPORT AND EXERCISE FOR HEALTH WITH A YEAR IN INDUSTRY SPORTEXHEALTH-S:BSC**USEH0001P2BS-F****STAGE S - 120 credits**

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OMR CODE
SPOR5900	Industrial Placement Portfolio	30	Yearlong	5	SS590
SPOR5910	Industrial Placement Experience	90	Yearlong	5	SS591

SPORT AND EXERCISE FOR HEALTH**SPORTEXHEALTH:BSC****USEH0001Z1BS-F****SPORT AND EXERCISE FOR HEALTH WITH A YEAR IN INDUSTRY SPORTEXHEALTH-S:BSC****USEH0001P2BS-F****STAGE 3 - 120 credits**

You must take the following compulsory modules (75 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OMR CODE
SPOR5230	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	6	SS523
SPOR5660	Research Study in Sport Sciences	45	Autumn & Spring	6	SS566

PLUS 45 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OMR CODE
SPOR5460	Applied Sport & Exercise Psychology	15	Autumn	6	SS546
SPOR5580	Soft Tissue Techniques	15	Autumn	6	SS558
SPOR5650	Contemporary Issues in Sport and Exercise Nutrition	15	Spring	6	SS565
SPOR5760	Specialised Issues in Sport and Exercise	15	Autumn	6	SS576

SPOR5790	Industry Placement	30	Autumn & Spring	6	SS579
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SPORT AND EXERCISE MANAGEMENT

**SPORTEXMAN:BA
USXM0001Z1BA-F**

STAGE 3 - 120 credits

You must take the following compulsory module (30 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OMR CODE
SPOR5040	Individual Research Study	30	Autumn & Spring	6	SS504

PLUS 30 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OMR CODE
SPOR5030	Sports Event Management	30	Autumn & Spring	6	SS503
SPOR5560	Sports Industry Placement	30	Autumn & Spring	6	SS556
SPOR5790	Industry Placement	30	Autumn & Spring	6	SS579

PLUS 60 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OMR CODE
SPOR5030 ▲	Sports Event Management	30	Autumn & Spring	6	SS503
SPOR5230	Exercise Prescription, Referral & Rehabilitation	30	Autumn & Spring	6	SS523
SPOR5270	Exercise for Special Populations	15	Spring	5	SS527
SPOR5330	Applied Nutrition for Sports Performance	15	Autumn	5	SS533
SPOR5460	Applied Sport & Exercise Psychology	15	Autumn	6	SS546
SPOR5560 ▲	Sports Industry Placement	30	Autumn & Spring	6	SS556
SPOR5790 ▲	Industry Placement	30	Autumn & Spring	6	SS579

▲ Please note that students can only take ONE of these modules, SS503, SS556 or SS579, in Stage 3.

SPORT AND EXERCISE SCIENCE**SPORTEXSCI:BSC****USES0001Z1BS-F****SPORT AND EXERCISE SCIENCE WITH A YEAR IN INDUSTRY****SPORTEXSCI-S:BSC****USES0001P2BS-F****STAGE 2 - 120 credits***Students must study a minimum of 45 credits per term and up to a maximum of 75 credits per term***You must take the following compulsory modules (120 credits):**

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OMR CODE
SPOR5330	Applied Nutrition for Sports Performance	15	Autumn	5	SS533
SPOR5340	Applied Sport and Exercise Physiology	30	Autumn & Spring	5	SS534
SPOR5690	Sport & Exercise Psychology	15	Spring	5	SS569
SPOR5700	Fitness Training Methods	15	Autumn	5	SS570
SPOR5730	Research Study Preparation	15	Spring	5	SS573
SPOR5750	Research Methods	15	Autumn	5	SS575
SPOR5770	Biomechanical Analysis	15	Autumn	5	SS577

SPORT AND EXERCISE SCIENCE WITH A YEAR IN INDUSTRY**SPORTEXSCI-S:BSC****USES0001P2BS-F****STAGE S - 120 credits****You must take the following compulsory modules (120 credits):**

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OMR CODE
SPOR5900	Industrial Placement Portfolio	30	Yearlong	5	SS590
SPOR5910	Industrial Placement Experience	90	Yearlong	5	SS591

SPORT AND EXERCISE SCIENCE**SPORTEXSCI:BSC****USES0001Z1BS-F****SPORT AND EXERCISE SCIENCE WITH A YEAR IN INDUSTRY****SPORTEXSCI-S:BSC****USES0001P2BS-F****STAGE 3 - 120 credits****You must take the following compulsory modules (75 credits):**

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OMR CODE
SPOR5230	Exercise Prescription, Referral and Rehabilitation	30	Autumn & Spring	6	SS523
SPOR5660	Research Study in Sport Sciences	45	Autumn & Spring	6	SS566

PLUS 45 credits from the following modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OMR CODE
SPOR5270	Exercise for Special Populations	15	Spring	5	SS527
SPOR5460	Applied Sport & Exercise Psychology	15	Autumn	6	SS546
SPOR5640	High Performance Physiology	15	Autumn	6	SS564
SPOR5650	Contemporary Issues in Sport and Exercise Nutrition	15	Spring	6	SS565
SPOR5760	Specialised Issues in Sport and Exercise	15	Autumn	6	SS576
SPOR5790	Industry Placement	30	Autumn and Spring	6	SS579

SPORT MANAGEMENT WITH A YEAR IN INDUSTRY**SPORTMAN-S:BA
USPM0001P1BA-F****STAGE S - 120 credits**

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OMR CODE
SPOR5900	Industrial Placement Portfolio	30	Yearlong	6	SS590
SPOR5910	Industrial Placement Experience	90	Yearlong	6	SS591

SPORT MANAGEMENT**SPORTMAN:BA
USPM0001X2BA-F
SPORTMAN-S:BA
USPM0001P1BA-F****SPORT MANAGEMENT WITH A YEAR IN INDUSTRY****STAGE 3 – 120 credits**

Students are advised to take 60 credits in each but may study a minimum of 45 credits per term and up to a maximum of 75 credits per term.

You must take the following compulsory module (60 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OMR CODE
SPOR5780	Event Management	30	Autumn & Spring	6	SS578
SPOR5790	Industry Placement	30	Autumn & Spring	6	SS579

PLUS 60 credits from the following optional modules:

Optional modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OMR CODE
BUSN6130	Entrepreneurship 1	15	Spring	6	CB613
BUSN6780	Contemporary Management Challenges 1 & 2	15	Spring	6	CB678
BUSN7440	Creativity and Innovation in Organisations 1	15	Autumn	5	CB744
SPOR5040	Individual Research Study	30	Autumn & Spring	6	SS504
SPOR5230	Exercise Prescription, Referral & Rehabilitation	30	Autumn & Spring	6	SS523
SPOR5330	Applied Nutrition for Sports Performance	15	Autumn	5	SS533
SPOR5460	Applied Sport & Exercise Psychology	15	Autumn	6	SS546

1 Only ONE of the KBS modules may be selected as an option

2 Pre-requisite CB366 or CB312

SPORTS THERAPY AND REHABILITATION**SPORTSTHERREHAB:BSC
USTR0001Z1BS-F****STAGE 2 - 120 credits**

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OMR CODE
SPOR5700	Fitness Training Methods	15	Autumn	5	SS570
SPOR5730	Research Study Preparation	15	Spring	5	SS573
SPOR5750	Research Methods	15	Autumn	5	SS575
SPOR5800	Principles of Rehabilitation	15	Autumn	5	SS580
SPOR5810	Therapeutic Modalities for Rehabilitators	30	Autumn & Spring	5	SS581
SPOR5820	Applied Rehabilitation	15	Spring	5	SS582
SPOR5830	Psychology for Sport and Exercise Rehabilitation	15	Autumn	5	SS583

SPORTS THERAPY AND REHABILITATION**SPORTSTHERREHAB:BSC
USTR0001Z1BS-F****STAGE 3 - 120 credits**

You must take the following compulsory modules (120 credits):

Compulsory modules:	MODULE TITLE	CREDIT AMOUNT	TERM TAUGHT	CREDIT LEVEL	OMR CODE
SPOR5230	Exercise Prescription, Referral & Rehabilitation	30	Autumn & Spring	6	SS523
SPOR5580	Soft Tissue Techniques	15	Autumn	6	SS558
SPOR5660	Research Study in Sport Sciences	45	Autumn & Spring	6	SS566
SPOR5840	Advances in Rehabilitation	15	Autumn	6	SS584
SPOR5850	Injury Prevention and Return to Play	15	Autumn	6	SS585