WELCOME TO KENT

Sue Hopkinson
Acting Director, International Partnerships
INTERNATIONAL OPPORTUNITIES

Anthony Manning
Dean for Internationalisation
At the University of Kent, one way or another, we are #ALLINTERNATIONAL

A student body comprised of 27% international students representing 150 different nationalities

40% of our academic and research staff come from outside the UK

More than 20 schools and academic centres contributing to world-leading research

More than 140 global engagement modules to internationalise our degrees

Extensive study abroad programme with over 170 universities in 33 countries

9 international languages studied by 1,000 students, staff and members of the public
Academic centres in four major European cities

Brussels, Paris, Rome, Athens

Over 500 agreements with 388 partner institutions across the world

More than 150 international academic visitors annually

82%* of graduating students agree they have been exposed to a globally-minded environment while at Kent

85%* of students say their time studying at Kent has involved socialising within an internationally-minded community

86%* of Kent students say they have made friends with people from different cultures and international backgrounds

79%* of students agree studying at Kent has prepared them for the idea of working in an environment of social and cultural diversity

155,000 alumni in 185 countries

*Source: Annual internationalisation survey of graduating students

www.kent.ac.uk/global/all-international
International Opportunities @ Kent

• Join a class with an international focus through Study Plus
• Learn one of the many world languages available at Kent
• Take a short course in intercultural awareness
• Gain work or volunteering experience in diverse environments - check visa
• Network and socialise with people from other cultures.
• Use Kew-Net to access career mentoring from around the world.
• Get involved with Kent’s World Fest.
• Join a club or society with an international dimension.
• Take part in intercultural festivals and events.
• Internationalise your CV with advice from the Careers and Employability Service.
SUPPORT AND SAFETY

Jonathan Friday
Master of Darwin College
Welcome to the University of Kent

College Masters – What we do
  • Non-academic assistance and support
  • Discipline
  • Support for student activities and events
  • You can email your College Master: collegemastersoffice@kent.ac.uk

What I’m going to summarise today:
  • Some support available to students
  • Some matters regarding safety
  • Some behaviours that are against our rules

Where to get more information:
  • DP9075 - Moodle Information Page
Some Key Sources of Support for Students

- **Masters’ Offices**
  - Advice and support for students in relation to non-academic matters

- **School Student Support Officers**
  - Every academic department has a student support officer to provide support to students experiencing any kind of difficulty

- **Student Support and Wellbeing**
  - Confidential counselling service; Advice and support for students with disabilities or specific learning difficulties

- **University Medical Centre**
  - A full-service medical centre for all healthcare needs

- **University Chaplaincy and Chaplains**
  - Serving students of every faith, with services, events and support

- **See Moodle DP9075 for more information and the full range of support services available**
Some Key Points about Student Safety

- Canterbury is one of the safest university cities in the UK but you should still be careful
  - Take the usual common-sense precautions when travelling at night
  - Don’t leave valuable belongings unattended
  - Make sure you lock your door and windows
  - Download the SafeZone App for your phone
  - Memorise the Campus Security emergency number – 01227 823333
  - If you don’t feel safe or something doesn’t seem right, call or visit Campus Security right away

- Fire Safety
  - Be careful when cooking – never leave cooking on stoves unattended
  - Keep fire doors closed
  - Don’t misuse fire safety equipment

- Fire Alarms
  - Except for the weekly testing of the fire alarms, you **MUST** quickly evacuate buildings whenever the fire alarm sounds

- See Moodle DP9075 for more Safety and Security
Important Security Contacts

Campus Security

- The University’s 24 hr security service
  - Located next to the bank opposite the end of Marlowe Building
  - Free personal attack alarms and walking escort service

- Emergencies:
  - Phone extension 3333 or 01227 823333

- Non-emergencies:
  - Phone extension 3300 or 01227 823300

Off Campus

- Emergencies *only*:
  - Phone 999, ask for Police, Ambulance, Fire Brigade or Coastguard
  - Calls and services are free
  - Do **NOT** abuse this service!

- Non-emergencies: Phone 101 for the police
Behaviour

- Like all communities we need a set of rules for everyone to live by and a set of sanctions for those who break the rules
  - Sanctions – fines and exclusion

- For all of the University’s regulations, see DP9075

- The most common offences under the regulations are:
  - Smoking (including vaping) in rooms – GO OUTSIDE!!!
  - Tampering with fire safety equipment
  - Disorderly or abusive behaviour
  - Excessive noise between 11:00 pm and 8:00 am

- From the Respect at Kent Policy:
  - The University of Kent is committed to a working and learning culture that encompasses dignity, courtesy, respect and consideration for all. All staff and students have a responsibility to create an environment that is free from harassment, bullying, unlawful discrimination and victimisation.

- Welcome again, and I hope you have a great time while you are here
HEALTH SERVICES

Hazel Lander
Study Abroad & Exchanges Officer
University Medical Centre (UMC)

- Situated on Giles Lane
- Register online at [www.umckent.co.uk](http://www.umckent.co.uk)
  - Registering makes accessing healthcare easier during your time in Canterbury
- Call 01227 469333 on the day you wish to be seen
  - Pre-bookable appointments also available
- **UMC services include:** minor illness clinics, immunisations, blood tests, contraceptive services, wound management, health education, STI screening, weekly sexual health clinic, physiotherapy, travel clinics, psychological therapies, eating disorder service and psychiatric liaison nurses
- **Out of hours:** between 6.30pm and 8am weekdays and at weekends help and advice can be accessed by calling NHS 111 or by visiting the University Nursing Service
  - The 999 service should only be used for severe/life-threatening accidents and emergencies
University Nursing Service (UNS)

- Room EG3, Keynes College
- 7am - midnight seven days a week during term-time
  - Access after midnight via Campus Security for emergencies
- Available for: support, advice, treatment of minor illnesses and injuries and contraceptive advice (including emergency contraception)
- ‘Drop-in’ facility – no appointments necessary
- Two in-patient beds
- Contact 01227 823503 (internal extension 3503)
- [http://www.umckent.co.uk/university-nursing-service/](http://www.umckent.co.uk/university-nursing-service/)
Other healthcare services

- **Dentists**: there are no dentists on campus. Try to register with an NHS dentist as soon as you arrive, rather than waiting for an emergency
  - call NHS 111 for advice on local services

- **Opticians**: there are many local opticians - you do not need to be referred and can make an appointment directly

- **Pharmacies**: there is a pharmacy next to the Medical Centre as well as many in Canterbury and the local larger supermarkets

- **Hospitals**: Kent and Canterbury Hospital is our local hospital. It has a Minor Injuries Unit only.
  - Accident and Emergency Services are provided by the Queen Elizabeth the Queen Mother Hospital in Margate and the William Harvey Hospital in Ashford
  - Access to hospital services is only available by referral from your doctor except in cases of accident or acute emergency
WELFARE

Sue Hopkinson
Acting Director, International Partnerships
Expectations and Reality

• It won’t be the same as at home
  • Cultural, social, practical differences
• It might not always be easy, but it will be worthwhile!
• Misunderstandings can occur so be patient and ask if something doesn’t make sense.
• You will need:
  • Enthusiasm and a desire to make it work
  • Be willing to adapt
  • An open mind and a sense of humour
  • Patience!
Home sickness

Top tips

Don’t worry, it’s normal!
Allow time to settle in
Eat and sleep well
Keep busy
Take time to do things you enjoy
Facebook – a blessing and a curse
Text or email home rather than phoning
Talk to someone about it
ABOUT YOUR NEW HOME

Zuzana Appadoo
Assistant Student Accommodation Manager
• Reception services
• Reporting maintenance defects
• Housekeeping
• Laundry facilities
• Fire safety
• No Smoking
• Accommodation fees
• Room damage
What is included in accommodation fees?

- All utility charges
- 24-hr internet access
- £6,000 personal possessions insurance cover
- **Eliot/Rutherford College** - accommodation price includes Bed and Flex dining scheme (an allowance of £8.00 per day in a choice of 9 venues, 7 days per week during term time)
- **Keynes College and Becket Court** - breakfast and dinner are available during term time
Your Social Life

• Join in with social activities
• Cinema/Theatre
• Sports centre

• Be a good neighbour
• Keep noise down
Where to eat

- Create
- Revive! Café
- Rutherford Dining Hall
- Del'Vita
- Hut 8
- Bag it
- The Sports Cafe
- Mungo's
- Origins
Your KentOne Card

- Is your official student ID Card
- Is also a cashless card
- Funds can be added online
- Borrow books in the library
- Entry to the examination hall
- Join the Sports Centre
- Vote in student elections
Accommodation Office
Tanglewood
next to Keynes College car park

Telephone: 01227 766660
Email: accomm@kent.ac.uk

Opening hours:
Monday to Friday, 9am to 5pm
CHECKLIST

Sue Hopkinson
Acting Director, International Partnerships
• Phone home!

• Register with the Medical Centre

• Claim your computing account, if you have not already done so

• statusletters@kent.ac.uk – to open a bank account/enrolment verification

• See https://www.kent.ac.uk/gettingstarted/international/opening-bank-account.html for further information
WHAT'S NEXT?

Jo Addison

International Marketing & Communications Officer
What’s next?

- Getting Started Activities:
  - Group Chips
  - Group Monarchy
  - Group Tea
  - Group Weather
Campus Tour Photo Competition!

Do you love taking selfies?

How to win your prize:

1. Turn on your device’s “location” setting and get connected to WiFi or use your mobile Data
2. Visit our website to use the virtual tour on your mobile or use your campus guide: https://tours.kent.ac.uk/ (Hard copy maps available too)
3. Form groups of 6, choose your group name and take your best group selfies at the following locations:
   - Darwin College
   - Woolf College
   - The Sibson Building
   - The Sports Centre
   - Keynes College
   - The Venue/Student Media Centre
   - The Library
   - Rutherford College
3. Meet back at Grimond building and upload your selfies onto Twitter using the hashtags #HelloKent #WelcomeWeek2018 (or email internationalevents@kent.ac.uk)
4. Our team will choose the best group name and collection of selfies to win £60 worth of Amazon vouchers
THE UK’S EUROPEAN UNIVERSITY

www.kent.ac.uk