INTRODUCTION

The School of Sport and Exercise Sciences is a dynamic, fast-growing and successful department, and is recognised as one of the UK’s leading institutions for the study of sport.

In the most recent Research Excellence Framework, more than 50% of the School’s research was assessed as being internationally excellent or world-leading.

Drawing on the expertise of its staff, many of whom are leaders in their fields, the School offers a variety of specialist programmes and conducts a range of research and consultancy activities. It also benefits from excellent links with a range of key people and organisations in the sport, exercise and health fields.

Cutting-edge research
Our staff regularly publish world-leading research, giving you the chance to study with some of the most influential researchers in this field. We have worked with organisations such as Medway Community health care, Asthma UK, Smartlife inc and Sport England.

We have two major research groups: the Endurance Research Group and the Sports Therapy, Physical Activity and Health Research Group. Our areas of research are wide ranging, including sports training, performance, fatigue, nutrition, hamstring injuries, sport psychology, tissue repair and rehabilitation, cardiac rehabilitation, and analysis of media coverage of Olympic and Paralympic athletes.

First-class sports facilities
The School of Sport and Exercise Sciences has excellent purpose-built facilities, including sport and exercise science laboratories, teaching and student clinics, and a rehabilitation gymnasium on the Medway campus.

The School also has world-class facilities at Medway Park, the region's centre of sporting excellence. These include a state-of-the-art physiology lab, respiratory clinic, sports therapy clinic, and rehabilitation gym. The facilities at Medway Park were specified to the highest standards in order
to support athletes at pre-Olympic training camps and to enable world-leading research. See p4-5 for more details of the specialist facilities on offer.

**Excellent study resources**

The general resources on campus are first class. The well-stocked Drill Hall Library has:
- around 130,000 items including books, periodicals and a wide range of electronic resources
- online resources, such as subscription-only journals, ebooks and newspaper archives that you can access at the library or wherever you have an internet connection

- more than 400 student PCs and laptops
- free high-speed internet access
- zoned areas for group work; quiet study; and silent study.

**Accessible location**

The School of Sport and Exercise Sciences is located at our award-winning Medway campus near The Historic Dockyard Chatham, which was built at the start of the 20th century.

You can get advice, study, socialise, or grab a bite to eat at our new Student Hub, or meet friends at one of the cafés and restaurants on campus.

Five minutes’ walk from campus, the Dockside retail outlet offers a wide range of shops and restaurants. Nearby is the town of Rochester with its historic castle and stunning cathedral, which is the venue for our Medway campus degree congregation.

The Medway campus is quick and easy to reach from central London. Travel to London from the nearby stations of Gillingham and Chatham takes about 45 minutes.
FIRST-CLASS SPORTS FACILITIES

The School of Sport and Exercise Sciences has custom-built facilities on campus and at Medway Park.

These include multiple physiology laboratories, a biomechanics laboratory which is equipped with 3D motion capture cameras and force plates, two large therapy clinics and two rehabilitation gyms, a psychobiology laboratory and a respiratory clinic.

We have a heat and altitude environmental chamber that can create various environmental conditions to simulate the most extreme conditions found around the world. For exercise testing, the School has everything you would expect and more, including the latest treadmills, cycle and rowing ergometers, an isokinetic dynamometer, brain and muscle stimulators, and blood testing and gas analysis equipment.

State-of-the-art equipment
We were the first university in the UK to install an anti-gravity treadmill in our rehabilitation gym. Using NASA technology, this treadmill is a valuable resource for professional athletes as they look to speed up their return to fitness.

Within our neuromuscular laboratory, we have equipment for transcranial magnetic and direct current stimulation and peripheral muscle and nerve stimulation. These devices allow us to manipulate and test areas of the muscle and brain before and during exercise. Only a handful of universities in the UK have access to such advanced equipment.

Other equipment that postgraduates may use for research or working with athletes includes 3D motion analysis and equipment to measure endurance, intermittent and maximal intensity performance. Students have the opportunity to select the most appropriate equipment for their specific research or athlete consultancy work and develop expertise in using it.

Professional clinic
The School operates a professional sports injury and rehabilitation clinic to support elite athletes, regional sports squads and local residents. As a postgraduate student you will have the opportunity to receive free treatment in the clinic.

“The School benefits from state-of-the-art research laboratories at both Medway Park and the Medway campus. We also operate a Sports Therapy Clinic at Medway Park, providing facilities for massage, sports therapy and rehabilitation, and facilitating recruitment of injured athletes into our research studies.”

Professor Samuele Marcora
Director of Research
As the campus is close to the River Medway, there is also an active local rowing club, which benefits from coaching support and the use of a boathouse from the Medway Towns Rowing Club. As well as taking part in team sports, our students are also encouraged to continue with any individual sports they enjoy.

The Medway area includes a range of other sporting facilities, such as a dry ski slope and toboggan run, an ice rink, a go-karting circuit, an Olympic-standard trampoline centre, and a number of sports and leisure centres.

Student teams
Sport is a great way to get involved in student life and meet new people. Whether you are a serious athlete or a beginner, there are a number of student sports teams you can get involved in at Kent.

Available sports include football, rugby, cricket, netball, hockey, golf, tennis, canoeing, snow sports, badminton and basketball.

As the campus is close to the River Medway, there is also an active local rowing club, which benefits from coaching support and the use of a boathouse from the Medway Towns Rowing Club. As well as taking part in team sports, our students are also encouraged to continue with any individual sports they enjoy.

“\nI can’t think of a more exciting place to study sport and exercise in the UK than the University of Kent. It has wonderful people, excellent equipment, and a collective mindset that stimulates innovation and creates opportunities.”

Professor Louis Passfield
Professor of Sports Sciences
Ellie Hynes is undertaking her PhD at the School of Sport and Exercise Sciences, focusing on exercise immunology.

Why did you decide to go on to postgraduate study?
I actually didn’t plan on applying for a PhD until I saw this specific topic advertised. I decided that I only wanted to go down the PhD route if it was in an area that I was genuinely interested in, so I applied!

What attracted you to the PhD at Kent?
For me personally, it was the specific topic and the supervisor that made me want to apply for my PhD here at Kent.

What is your area of research?
Exercise immunology – I am looking at how endurance exercise effects the immune system. I’m investigating specific in vivo markers of immune function to see if we can use any new markers to try and predict the risk of endurance athletes becoming ill with cold or flu type symptoms.

What do you particularly enjoy about your work at this level?
I like that we are in a position to have more freedom around what our research is about, whilst having the support and guidance of our supervisors to keep us on track towards writing a thesis.

How have you found the supervision process?
Brilliant, my supervisor is fantastic, I couldn’t really ask any more of him! He is on hand to help in the lab when I need him, he has always been very supportive and encouraging.

What is the postgraduate community like at the School, and at the University in general?
We are a very friendly group of PhD students in the SSES. We support each other, and we work very well together when delivering activities such as outreach work or teaching on the same module. We also try to organise social activities on campus or in the local area, and of course we inevitably do a lot of sport and exercise activities together.

How does the School support you in your studies? And the University?
We have monthly meetings with our supervisors that are documented, as well as annual progress meetings with the director of postgraduate research. This process ensures that we are working well and not having any problems. I personally haven’t needed to go beyond my supervisor to ask for help, but I know who to ask and what to do if I needed to.

What are your future plans?
I am due to finish my PhD in September 2018 so I will hopefully be applying for jobs in the near future. An academic role such as research assistant or lecturer would be an obvious progression. I haven’t ruled out looking at jobs in applied sport and trying to get back in to that industry.

What have you gained from postgraduate study?
I have gained new lab-based practical skills, for example I have been on a couple of workshops with the Physiological Society to learn how to carry out the techniques that I need for my analyses. I have definitely gained a lot through teaching undergraduate student seminars over the three years that I have been here, which is something that will be useful for me in any future jobs that I apply for.

What advice would you give to a prospective PhD student?
Make sure that the PhD you want to apply for is on a topic that you have a strong interest in. This is a long process that requires a good working relationship with your supervisor, so try and find out if they are someone that you would be able to work with. Finally, do your research on the local area and make sure that it is a place where you would be happy to live for the next three to four years.
IMPRESSION CAREER PROSPECTS

Postgraduate study at Kent helps you to develop both specialist knowledge and an impressive range of skills, both of which are attractive to potential employers.

In addition to academic support, we provide a comprehensive package of skills development, training programmes, careers advice, and volunteering and paid work opportunities to help enhance your career prospects.

Transferable skills training
Today, employers are looking for transferable skills such as communication and IT, time management and problem solving. Dealing with challenging ideas, thinking critically, the ability to write well and present your ideas are all skills you learn at Kent. This makes it possible to be successful within a wide range of careers, not just those directly related to sports.

Our postgraduate programmes allow you to become an independent learner, demonstrate collaborative skills and develop a self-reflective element to learning and evaluation. You also learn to prepare and disseminate information on complex contemporary issues in sports science to both specialist and non-specialist audiences.

The University’s Graduate School co-ordinates the Researcher Development Programme for research students, providing access to a wide range of lectures and workshops on training, personal development planning and career development skills. The Graduate School also delivers the Global Skills Award programme for students following taught programmes of study, which is specifically designed to consolidate your awareness of current global issues and improve your employment prospects.

Exciting career options
Our students’ career prospects are wide ranging and recent graduate destinations include sport science support with elite athletes or professional sports teams, further study (PhD), research positions and sports/match data analysis. Additionally, others have gone on to pursue successful careers in teaching and academia.

Careers and Employability Service
The University’s Careers and Employability Service can help you to plan for your future by providing one-to-one advice at any stage in your postgraduate studies. It also offers online advice on employability skills, career choices and applications, and interview skills.

Further information
For more information on the careers help we provide at Kent, visit our Employability web page at www.kent.ac.uk/employability

POSTGRADUATE EMPLOYMENT
Of all Kent graduate students who graduated in 2016, 98% of those who responded to a national survey were in work or further study within six months (DLHE).
Graduate Profile

Chris Bacon graduated with an MSc in Sports Science for Optimal Performance in 2015. He’s now completing his PhD in New Zealand, while working as a sports scientist and a data analyst.

Why did you decide to go on to postgraduate study?
On completing my undergraduate degree I wanted to further the research topic I’d initially investigated in my final year. However, I felt that staying at the same institution to complete a Master’s programme would be limiting and I was excited by the prospect of continuing my research and taking modules taught by world experts.

What attracted you to the Master’s at Kent?
The University of Kent allowed me to complete a Master’s programme within one year. It enabled me to produce academic-quality research while being taught by world experts in a number of optional modules.

What did you particularly enjoy about your programme?
The most exciting part of the programme was the research element which we were encouraged to complete to academic standard. I worked with Dr Lex Mauger to investigate injury prediction and prevention in football players via GPS-derived metrics.

With his superb guidance and knowledge, we were able to publish an article in *The Journal of Strength and Conditioning Research*.

Where are you working now, and what does your job involve?
During and after my postgraduate degree I was with Norwich City FC, working closely with the first team and academy setups at the club. I was responsible for overseeing key tasks from each department such as sports science data analysis, administration for all age groups and helping to set up new departmental philosophies.

However, I am now in New Zealand completing a PhD investigating injury prediction and prevention in football and rugby union via GPS workloads. Alongside this I am working closely with Canterbury United FC as their lead sports scientist as well as working with the Chiefs Rugby Union Franchise as a data analyst.

What do you most like about your current role?
Working closely with elite athletes, especially in football, has always been my dream and now I am able to do this on a daily basis while being paid to do so.

The development of elite athletes excites me: it is my piece of the puzzle to create a winning environment and team. Completing my PhD at the same time is allowing me opportunities to present and publish academic articles while leading the way in GPS injury prediction innovation.

How has your Master’s qualification contributed to your current career?
The qualification I received at the University of Kent allowed me to develop my key academic writing skills and helped me realise my desire for research. The degree has given me the potential to further contribute to academic literature and key practical knowledge I can use in my current role working with elite athletes.

What are your career plans?
Currently, my plan is to complete my PhD by 2020 while working as close to full-time as I can in elite sports as a lead sports scientist. After completion, my aim is to become an academic, combining that with being a sports scientist for a professional sports team.

What advice would you give to a prospective postgraduate sports student?
The key in the current climate is not just to come out of your degree with a good grade, but also to build up vital contacts through networking. If you push yourself to explore internships and placements outside of University they will inevitably lead to multiple opportunities later on in life. Also, complete your research modules to the highest standard possible. That can lead to you having your articles published in academic journals, and opportunities for you to travel the world to conferences.
The School of Sport and Exercise Sciences offers a taught postgraduate programme, Sports Science for Optimal Performance MSc.

The programme advances your specialist knowledge and understanding of the scientific principles underpinning optimal performance in sport and exercise. It provides opportunities to develop professional skills, including monitoring, analysing, evaluating and prescribing interventions for the optimisation of performance. Drawing on the expertise of Kent’s staff, many of who are at the forefront of their fields, you have the opportunity to apply these skills in a real-world context by working with athletes.

Teaching and assessment

The programme is designed to develop the professional and academic skills of graduate sports scientists. Health and sport professionals who want to take modules on a stand-alone basis for continuing professional development should get in touch with the School.

On the course, you conduct an in-depth study in your chosen area. There are practical experiences to support and work with athletes within some of the modules, and these experiences enhance learning.

The programme is designed to help students develop the professional and academic skills necessary to work in sports science.

The methods of assessment vary between modules and predominately involve written coursework (such as reports, case studies and essays), observed practical assessments, and presentations, as well as the final dissertation.
Optional modules may include:
• Applied Athlete Support (SS820)
• Psychology for Injury and Rehabilitation (SS807)
• Sport and Exercise Nutrition for the High-Performance Athlete (SS809).

Dissertation
Students submit a dissertation of 10,000-13,500 words, which includes a review of literature, methods, results and discussion.

This is conducted with the supervision of an appropriate subject supervisor who will advise the student on issues such as methodology, analysis and presentation while the student takes responsibility for organising, conducting, analysing and presenting the research as required.

The proposal for the study will have been approved as part of the research methods module.

Essential information
Location: Medway.
Attendance: One year full-time, two years part-time.
Start: September.
Entry requirements: An honours degree with a minimum high 2.2 classification in sports science, exercise science or a related subject. Alternatively, a relevant professional qualification with appropriate experience will be considered.

All students take these compulsory modules:
• Assessment and Training for Optimal Performance (SS802)
• Contemporary Perspectives in Sport Research (SS821)
• Research Methods (SS830)
• Dissertation (SS806).

For further information on the modules listed, see pages 12-13. To read a fuller description, go to kent.ac.uk/courses/modules and search for the module code shown below.

The proposal for the study will have been approved as part of the research methods module.
TAUGHT MODULES

Below is a selection of the modules currently offered on the School of Sport and Exercise Sciences’ taught postgraduate programmes.

Please note that the module lists given here for all stages are not fixed as new modules are always in development and choices updated yearly. For the most up-to-date information, please see www.kent.ac.uk/pg

To read a fuller description, go to kent.ac.uk/courses/modules and search by the module code shown below.

Applied Athlete Support (SS820)
This module equips you with the necessary knowledge and supervision required to provide scientific athlete support to a client. The majority of the module is taken up with one-to-one consultancy time with a client. You analyse and provide feedback on your testing data, and are expected to generate a case study of the consultancy package you have provided.

Assessment and Training for Optimal Performance (SS802)
This module increases your knowledge and understanding of the physiology governing optimal sports performance and contemporary training methods.

You develop skills to analyse and critically assess optimal performance. Practical sessions reinforce theoretical knowledge.

Contemporary Perspectives in Sport Research (SS821)
This module draws on a range of staff expertise to present some of the latest developments and controversies in a variety of areas of the sport and exercise science field. Research-active staff across the School present their internationally recognised research findings, which you may then use as inspiration to help develop your own research project in your MSc dissertation.

Psychology for Injury and Rehabilitation (SS807)
You acquire knowledge and understanding of the application of psychological concepts (for example, self-determination theory, stress-injury model) for injury and rehabilitation within a sport and exercise environment. Lectures provide forums for discussion of the complex interactions between affect, cognitions and behaviour. You gain an understanding of the application of theory to ‘applied’ situations within an injury and rehabilitation scenario.

Research Methods (SS830)
Research is a systematic process to investigate a specific question. It establishes new knowledge and allows us to refine or test applications of existing knowledge. It is important to provide support based on the best available evidence, and to ensure that interventions are based on the latest knowledge and developments in the field. This module provides you with the tools to design and evaluate research, culminating in a research proposal that can be conducted for your MSc dissertation.

Sport and Exercise Nutrition for the High-Performance Athlete (SS809)
This module develops your understanding of the practical application of sport and exercise nutrition guidelines and theories to practice. You are encouraged to develop your scientific enquiry skills as well as a critical understanding of the concepts and controversies in contemporary sports and exercise nutrition.

KENT GRADUATE SCHOOL
Based on the Canterbury campus, the Graduate School is a University-wide resource available to all postgraduate students.
RESEARCH DEGREES

The School of Sport and Exercise Sciences provides an excellent environment in which to conduct postgraduate research.

The breadth of staff research interests enables us to provide research degree supervision in a range of areas in the sport and exercise sciences and in sports therapy.

Our research programmes
We offer the following research degree programmes:

• Sport and Exercise Science MSc (by research and training) (subject to approval)
• Sport and Exercise Science and Sports Therapy PhD
• Sport, Exercise and Health Science Professional Doctorate.

Sport and Exercise Science MSc (by research and training) (subject to approval)

Location: Medway
Attendance: one year full-time; two years part-time
Start: September
Entry requirements: An honours degree with a minimum 2.2 classification in a relevant subject area or equivalent.

Sport and Exercise Science and Sports Therapy PhD

Location: Medway
Attendance: Three to four years full-time; five to six years part-time
Start: September or January
Entry requirements: An MSc, or an honours degree in a relevant subject with a minimum 2.1 classification.

Research programmes are best suited to students who have a clear idea of a topic they would like to investigate in detail.

The breadth of staff research interests enables us to supervise MSc and PhD research degrees in a number of areas, in the sport and exercise sciences and in sports therapy. For details, see the ‘Supervision’ section on p16.

As a research student at Kent, you are provided with training in research-specific and broader ‘transferable skills’, including academic writing, career management and presentation skills.

During term time, the research groups hold regular meetings to discuss ongoing work, and there are also regular seminars featuring external speakers. If you do not have any postgraduate experience of statistical analysis, you can take our MSc module in Research Methods.

The programme culminates with the submission of your doctoral thesis or portfolio.

Sport, Exercise and Health Science Professional Doctorate

Location: Medway
Attendance: Up to six years part-time.
Start: At any time.
Entry requirements: Applicants must normally be experienced sport, exercise and health practitioners. Applicants will be required to write a brief proposal and will be invited to attend an informal interview with the programme director and potential supervisor.

As a research student at Kent, you are provided with training in research-specific and broader ‘transferable skills’, including academic writing, career management and presentation skills.

The Professional Doctorate in Sport, Exercise and Health Science is a specialist programme designed for experienced sport, exercise and health practitioners who would like to undertake research that is relevant and applied to their area of professional practice.
The School’s research interests focus on two broad themes: endurance performance and exercise, sports therapy and injury rehabilitation.

In endurance performance, the School has one of the largest groups of research excellence within Europe led by Professors Samuele Marcora and Louis Passfield.

Professor Samuele Marcora is the School’s Director of Research and a prolific researcher. He has published many studies on a range of topics.

Professor Louis Passfield has been conducting sports science research for over 20 years and has published many papers on training and cycling. He has also worked as a sports scientist with British Cycling, helping Britain’s leading riders prepare for four Olympic Games, including the highly successful Beijing Olympic team.

In the area of exercise science, many of the academics within the School are involved in a range of projects. For sports therapy and injury rehabilitation, Dr Karen Hambly has established a worldwide reputation for her work in this area, and other staff within the School are involved in groundbreaking studies within the field.

Through a combination of individually tutored modules and your own research, you develop your academic and professional knowledge and acquire a range of advanced research skills.

The professional doctorate programme culminates with the submission of your doctoral thesis or portfolio on a topic that advances your area of professional knowledge or practice.

**Strong research culture**

The School of Sport and Exercise Sciences has a strong and vibrant research culture. It has established the University of Kent as one of the leading places in the UK for the study of sport.
RESEARCH DEGREES (CONT)

For details of the School’s current academic staff, please see: www.kent.ac.uk/sportsciences/people

Supervision
We can offer high-quality research supervision in the following areas:
• exercise physiology
• nutrition
• biomechanics
• injury
• rehabilitation
• psychology.

More specifically, we can offer research in the areas of:
• mental fatigue
• perceived effort and exercise capacity
• training and sports performance
• cycling efficiency
• mega sporting events and their legacy
• physical activity in various populations
• threat and challenge in sports psychology
• sports nutrition
• exercise immunology
• pre-habilitation and rehabilitation from injury or surgery
• manual therapy in sport and lower back pain.

Research training
As a research student at Kent, you are provided with training in research-specific and broader ‘transferable skills’, including academic writing, career management and presentation skills.

During term time, the research groups hold weekly meetings to discuss ongoing work, and there are also regular seminars featuring external speakers.

If you do not have any postgraduate experience of statistical analysis, you can opt to take our MSc module in Research Methods.

Research groups
Endurance Research Group
The aim of this research group is to advance knowledge on endurance exercise and performance.

For the purpose of this research group, endurance performance includes not only exercise tolerance and traditional endurance sports like road cycling, but any kind of performance in which resistance to fatigue is important. For example, resistance to mental fatigue in soldiers and repeated sprint ability in team sport players. We define endurance exercise as any form of prolonged exercise.

Current areas of investigation include:
• the psychobiological, neuromuscular and bioenergetics aspects of exercise tolerance
• cycling efficiency
• modelling of cycling performance and training
• the use of psychological skills in endurance athletes
• novel methods to measure VO2max, critical power and anaerobic work capacity
• factors affecting self-paced endurance performance
• effects of nutrition (including supplements) on endurance exercise.

The equipment is located within our human performance, psychobiology, respiratory, and neuromuscular laboratories, as well as in our rehabilitation facilities. Our students have access to this equipment through laboratory practical sessions, supervised research projects and the research experience scheme.
• effects of endurance exercise on immunity and infection risk in athletes
• the nutritional and immunological aspects of endurance exercise
• asthma in endurance athletes
• novel training methods to reduce mental fatigue in soldiers and endurance athletes.

Sports Therapy, Physical Activity and Health Research Group (HRG)
The aim of this research group is to apply sport and exercise sciences to research in sports therapy, health behaviour and various patient groups. Current areas of investigation include:
• exercise training and fatigue in patients with cancer and chronic kidney disease
• the role of perception of effort in physical activity behaviour
• rehabilitation after articular cartilage repair of the knee
• properties and function of specialised connective tissues including lumbar fascia
• influence of nutrition and exercise on health, immunity and infections in people with Chronic Obstructive Pulmonary Disease
• effects of exercise in people with Parkinson’s disease
• nutritional and exercise aspects of arthritis
• online health communities and web-based clinical decision support systems
• cardiorespiratory testing, pre-habilitation and rehabilitation in cardiac patients and patients referred to surgery
• how to prevent and treat hamstring injuries in rugby players
• exercise and physical activity in antiphospholipid syndrome.

Further information
If you have any queries, please contact the School.

School of Sport and Exercise Sciences
University of Kent
Medway Building
Chatham Maritime
Chatham, Kent
ME4 4AG
T: 01634 888808
E: sportsciences@kent.ac.uk
APPLYING TO KENT

General entry requirements
If you wish to apply for a postgraduate degree, you must normally have a first or second class honours degree in a relevant or appropriate subject, or the equivalent from an internationally recognised institution (for more information on requirements for international qualifications, visit www.kent.ac.uk/internationalstudent/country).

For specific entry requirements, please refer to individual programme entries.

English language
The University requires applicants to meet its minimum English language requirements. This is to ensure that your spoken and written English is at the required level for postgraduate study. All students need an appropriate score in an approved English language examination.

UK students
For UK students, this usually means a grade 4/C or above in GCSE English language or equivalent.

International, EU and non-visa students
Please see the English language requirements section of our website for a list of accepted qualifications: www.kent.ac.uk/courses/postgraduate/how-to-apply

All applicants are assessed individually and entry requirements can vary. If you do not reach the required standard, you can apply for one of our pre-sessional courses. For more information, see: www.kent.ac.uk/international-pathways

Making an application
You can apply for a Kent postgraduate degree via our website at www.kent.ac.uk/courses/postgrad/apply

If you are applying for a research degree, it is strongly recommended that you contact the School of Sport and Exercise Sciences in the first instance so that you have an opportunity to discuss your study plans with the programme director.

Application deadline
We strongly recommend that you apply as soon as possible and no later than three months before the start of term. For more details, see: www.kent.ac.uk/courses/postgraduate/apply

International students
For international students, the deadline is usually towards the end of July. Please check the latest information online: www.kent.ac.uk/courses/postgraduate/how-to-apply

Accommodation
If you wish to apply for University accommodation, an application must be made online by the end of July. For information, see: www.kent.ac.uk/accommodation

Tuition fees
For the most up-to-date information on tuition fees, visit: www.kent.ac.uk/finance-student/fees

Contacts
If you have enquiries, please contact:
T: +44 (0)1634 888808
E: sportsciences@kent.ac.uk

This brochure was produced in February 2018. The University of Kent makes every effort to ensure that the information contained in its publicity materials is fair and accurate and to provide educational services as described. However, the courses, services and other matters may be subject to change. For the most up-to-date information, see www.kent.ac.uk/pg Full details of our terms and conditions can be found at: www.kent.ac.uk/termsandconditions

For the University to operate efficiently, it needs to process information about you for administrative, academic and health and safety reasons. Any offer we make to you is subject to your consent to process such information and is a requirement in order for you to be registered as a student. All students must agree to abide by the University rules and regulations at: www.kent.ac.uk/regulations
GENERAL INFORMATION

Kent is a leading university and is ranked 22nd in The Guardian University Guide 2018.

European connections
Kent is known as the UK’s European university. Our two main campuses, Canterbury and Medway, are located in the south-east of England, close to London and we also have study locations in Athens, Brussels, Paris, and Rome.

We have a diverse, cosmopolitan population with 157 nationalities represented. We also have strong links with universities in Europe, and from Kent, you are just over two hours away from Paris and Brussels by train.

World-leading research
Following the most recent Research Excellence Framework, Kent was ranked in the top 20 for research intensity in the Times Higher Education, outperforming 11 of the 24 Russell Group universities.

A global outlook
Kent has a great international reputation, attracting academic staff and students from around the world. Our academic schools are engaged in collaborative research with universities worldwide and we offer a range of opportunities to study abroad and an approach that is truly global.

Strong academic community
At Kent, our postgraduate students are part of a thriving intellectual community that includes staff and students from all our locations. In addition to lectures, seminars and one-to-one supervisions, our students benefit from a rich and stimulating research culture.

The Graduate School
As a postgraduate student, you also have the support of the Graduate School, which promotes your academic interests, co-ordinates transferable skills training and facilitates cross-disciplinary interaction and social networking.

Funding
Kent provides a variety of financial support opportunities for postgraduate students. These range from Graduate Teaching Assistantships, location-specific funding, sport and music scholarships, and funding specifically for overseas fee-paying students. For further information, see: www.kent.ac.uk/scholarships/postgraduate

Enhanced career prospects
At Kent, we want you to be in a good position to face the demands of a tough economic environment. During your studies, you acquire a high level of academic knowledge and specialist practical skills. We also help you to develop key transferable skills that are essential within the competitive world of work.

Location
Medway

Faculty
Faculty of Sciences

School
School of Sport and Exercise Sciences

Further information
School of Sport and Exercise Sciences, Medway Building, University of Kent, Chatham Maritime, Chatham, Kent ME4 4AG, UK
T: +44 (0)1634 888808
E: sportsiences@kent.ac.uk

Applications
Online at www.kent.ac.uk/courses/postgrad/apply

Application queries
For information about applying to Kent, or to order a copy of the Graduate Prospectus, please contact:

Recruitment and Admissions Office, The Registry, University of Kent, Canterbury, Kent CT2 7NZ, UK
T: +44 (0)1227 768896

The University also holds Open Days and postgraduate recruitment events throughout the year. Please see www.kent.ac.uk/opendays
COME AND VISIT US

We hold Open Days and postgraduate events throughout the year.
For more information, see:
www.kent.ac.uk/opendays