1. **Title of the module**

SPOR5600 (SS560) Clinical Practice

1. **School or partner institution which will be responsible for management of the module**

School of Sport and Exercise Sciences

1. **The level of the module (Level 4, Level 5, Level 6 or Level 7)**

Level 6

1. **The number of credits and the ECTS value which the module represents**

45 credits (22.5 ECTS)

1. **Which term(s) the module is to be taught in (or other teaching pattern)**

Autumn and Spring

1. **Prerequisite and co-requisite modules**

Prerequisites:

SPOR5570 (SS557) Therapeutic Interventions

SPOR5610 (SS561) Examination and Assessment

SPOR5620 (SS562) Rehabilitation

1. **The programmes of study to which the module contributes**

BSc (Hons) Sports Therapy

1. **The intended subject specific learning outcomes.  
   On successfully completing the module students will be able to:**
   1. Assess, plan, and deliver safe and effective sports therapy practice.
   2. Critically reflect on personal strengths and weaknesses in the context of the role, limitations and competencies of a sports therapist.
   3. Demonstrate the application of business skills to the promotion and management of sports therapy practice.
2. **The intended generic learning outcomes.  
   On successfully completing the module students will be able to:**
   1. Apply information technology: through coursework; accessing contemporary research; and managing in the workplace.
   2. Apply problem solving: through critical analysis and clinical reasoning.
   3. Plan and manage learning: through planning and completing self-directed learning.
   4. Self-appraise and reflect on practice: through evaluation of their own and others’ clinical practice.
3. **A synopsis of the curriculum**

Students are required to undertake supervised clinical placement hours in order to gain eligibility for membership of the professional body. This module aims to provide the framework for students to undertake these hours and to support their development of professional skills and employability for the working environment. The module enables students to experience work with injured athletes in a variety of sports therapy environments and across disciplines. The majority of the module will be the demonstration of sports therapy skills within a clinical environment. Topics that will be covered include:

* Working in interdisciplinary teams and referrals
* Professional sports therapy organisations and continuing professional development
* Setting up and running a sports therapy practice.
* Anti-doping, substance abuse and the role of the sports therapist
* Electrotherapy theory and practice
* Taping and strapping theory and practice
* Immobilisation and protective devices, ambulation aids and gait analysis and re-education
* Common orthopaedic surgical procedures
* Differential diagnosis and special tests
* Injury prevention and risk factors
* Nutrition and psychology
* Hydrotherapy

1. **Reading list (Indicative list, current at time of publication. Reading lists will be published annually)**

Brukner, P. & Khan, K. (2006) Clinical sports medicine. McGraw Hill Medical. 3rd Ed. ISBN-10: 0074715208.

Higgs, J. et al. (2008) Clinical reasoning in the health professions. Oxford: Butterworth-Heinemann. 3rd Edition. ISBN 0750688858

Magee, D.J. (2008) Orthopedic physical assessment. Saunders, London. 5th Edition. ISBN 0721605710

Nordin, M. & Frankel, D.L. (2001) Basic biomechanics of the musculoskeletal system. Lippincott, Williams & Wilkins, London. 3rd Edition. ISBN 0683302477

Prentice, W.E. (2003) Rehabilitation techniques in sports medicine. McGraw Hill. 4th Ed. ISBN-10: 0072462108

1. **Learning and teaching methods**

Total contact hours: 95

Private study hours: 355

Total study hours: 450

1. **Assessment methods**
   1. Main assessment methods

Case Study – 15%

Marketing Leaflet – 15%

Practical – 20%

Log Book – 50%

200 Clinical Hours – Pass/Fail

13.2 Reassessment methods

Like for like

1. ***Map of module learning outcomes (sections 8 & 9) to learning and teaching methods (section 12) and methods of assessment (section 13)***

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Module learning outcome** | *8.1* | *8.2* | *8.3* | *9.1* | *9.2* | *9.3* | *9.4* |
| **Learning/ teaching method** |  |  |  |  |  |  |  |
| **Lecture** | **x** | **x** | **x** | **x** | **x** | **x** | **x** |
| *Practical seminars* | **x** | **x** | **x** | **x** | **x** | **x** | **x** |
| **Assessment method** |  |  |  |  |  |  |  |
| *Marketing Leaflet* |  | **x** | **x** | **x** |  |  |  |
| *Case Study* | **x** | **x** |  | **x** | **x** | **x** | **x** |
| *Practical* | **x** |  |  |  | **x** |  |  |
| *Log Book* | **x** | **x** | **x** | **x** | **x** | **x** | **x** |

1. **Inclusive module design**

The School recognises and has embedded the expectations of current equality legislation, by ensuring that the module is as accessible as possible by design. Additional alternative arrangements for students with Inclusive Learning Plans (ILPs)/declared disabilities will be made on an individual basis, in consultation with the relevant policies and support services.

The inclusive practices in the guidance (see Annex B Appendix A) have been considered in order to support all students in the following areas:

a) Accessible resources and curriculum

b) Learning, teaching and assessment methods

1. **Campus(es) or centre(s) where module will be delivered**

Medway

1. **Internationalisation**

Sports therapy skills, such as injury prevention, return to sports, sports specific fitness testing and training, clinical reasoning, clinical decision-making, evidence-based practice, developing joint mobilisations, are of global relevance. The module content will draw upon internationally recognised clinical practice guidelines and internationally published research. The module delivery team will incorporate an international sports dimension into the module where appropriate. This module is aligned with planned International competencies and educational standards in Sports Therapy, as set out by the accreditation body, the Society of Sports Therapists.

**FACULTIES SUPPORT OFFICE USE ONLY**

**Revision record – all revisions must be recorded in the grid and full details of the change retained in the appropriate committee records.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Date approved | Major/minor revision | Start date of the delivery of revised version | Section revised | Impacts PLOs (Q6&7 cover sheet) |
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Revised FSO Feb 2018