1. KentVision Code and title of the module

SPOR3510 – Mechanisms of Sport Injuries

## Division and School/Department or partner institution which will be responsible for management of the module

Division of Natural Sciences (Sport and Exercise Science)

## The level of the module (Level 4, Level 5, Level 6 or Level 7)

Level 4

## The number of credits and the ECTS value which the module represents

15 Credits (7.5 ECTS)

## Which term(s) the module is to be taught in (or other teaching pattern)

Autumn or Spring

## Prerequisite and co-requisite modules and/or any module restrictions

None

## The course(s) of study to which the module contributes

Compulsory for the following courses:

BSc (Hons) Sports Therapy and Rehabilitation

Not available as an elective module.

## The intended subject specific learning outcomes. On successfully completing the module students will be able to:

8.1 Know and describe the common injuries across a variety of sports and their mechanism of injury.

8.2 Identify and recognise the signs and symptoms of common injuries.

8.3 Explain the healing process and basic management of common injuries.

## The intended generic learning outcomes. On successfully completing the module students will be able to:

9.1 Apply knowledge to the solution of familiar and unfamiliar problems, either independently or in groups, in order to develop structured coherent arguments.

9.2 Demonstrate problem solving skills.

9.3 Plan and manage learning.

## A synopsis of the curriculum

This module will enable students to interpret the pathophysiology of a range of sports injuries by mechanism of injury, anatomical region and tissue type. The module develops the students’ ability to relate the mechanism of injury to the pathology of sports injuries. Students will cover basic the management of injuries, this will include when to refer and the initial treatment.

## Reading list

## The University is committed to ensuring that core reading materials are in accessible electronic format in line with the Kent Inclusive Practices.

## The most up to date reading list for each module can be found on the university's [reading list pages](https://kent.rl.talis.com/index.html).

## Contact Hours

Private Study: 128

Contact Hours: 22

Total: 150

## Assessment methods

13.1 Main assessment methods

* In-Course Test (45 minutes) – 20%
* Essay (2,000 words) – 80%

Both assessments must be passed at 40% or above to pass the module.

13.2 Reassessment methods

* Like-for-like

## Map of module learning outcomes (sections 9 & 10) to learning and teaching methods (section 13) and methods of assessment (section 14)

**Module learning outcomes against learning and teaching methods:**

| **Module learning outcome** | 8.1 | 8.2 | 8.3 | 9.1 | 9.2 | 9.3 |
| --- | --- | --- | --- | --- | --- | --- |
| Private Study | **x** | **x** | **x** | **x** | **x** | **x** |
| Lecture | **x** | **x** |  | **x** | **x** |  |
| Seminar | **x** | **x** | **x** | **x** | **x** | **x** |

**Module learning outcomes against assessment methods:**

| **Module learning outcome** | 8.1 | 8.2 | 8.3 | 9.1 | 9.2 | 9.3 |
| --- | --- | --- | --- | --- | --- | --- |
| In-Course test | **x** | **x** | **x** |  | **x** | **x** |
| Essay | **x** | **x** | **x** | **x** | **x** | **x** |

## Inclusive module design

The Division recognises and has embedded the expectations of current equality legislation, by ensuring that the module is as accessible as possible by design. Additional alternative arrangements for students with Inclusive Learning Plans (ILPs)/declared disabilities will be made on an individual basis, in consultation with the relevant policies and support services.

The inclusive practices in the guidance (see Annex B Appendix A) have been considered in order to support all students in the following areas:

a) Accessible resources and curriculum

b) Learning, teaching and assessment methods

## Campus(es) or centre(s) where module will be delivered

Canterbury

## Internationalisation

The module covers key concepts, principles, and theories of mechanisms of sports injuries within a global environment. Understanding of the mechanism of sports injuries relate to a wide range of internationally played sports and activities with global implications. Examples use information transferable between multiple sporting arenas. The reading list has been compiled with consideration to a range of texts available internationally to complement delivery of the material.

**DIVISIONAL USE ONLY**

**Module record – all revisions must be recorded in the grid and full details of the change retained in the appropriate committee records.**

| Date approved | New/Major/minor revision | Start date of delivery of (revised) version | Section revised  (if applicable) | Impacts PLOs (Q6&7 cover sheet) |
| --- | --- | --- | --- | --- |
| 16 Dec 2021 | Major | Sept 2022 | 8, 10, 13 | No |
|  |  |  |  |  |

|  |
| --- |
| Revised FSO Jan 2018 |