



BSc (Honours) in Substance Misuse Management

Incorporating: Diploma in Substance Misuse Management

And: Certificate in Substance Misuse Management/
Certificate in the Management of Substance Misusing Offenders

University of
Kent

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Introduction

The University of Kent has been at the forefront of education and training for alcohol and drug practitioners since 1982, providing short courses, summer schools, workshops and a wide range of award-bearing programmes. In 1998, the Addictive Behaviours Group was established within the Kent Institute of Medicine and Health Sciences.

Staff development meant that more research students are now supervised, research projects undertaken and new initiatives pursued, adding to established Certificate, Diploma and BSc programmes. All are designed to be of practical relevance in the student's workplace.

These programmes are unique in being able to attract students from all over the UK and Ireland. Teaching

is organised into 'blocks', normally one week of five days long, so that students can stay in Canterbury for the duration of each module. Students attend a maximum of three taught modules each year. The Certificate programmes are offered in Canterbury on this basis but also can be delivered locally across the UK for any organisation where there is a cohort of ten or more students.

National standards and frameworks for drug and alcohol services are incorporated into our programmes.

Models of Care enables us to respond to the needs of practitioners in different "tiers". **Drug and Alcohol National Occupational Standards (DANOS)** provide a background of task-related competencies that underpins much of our teaching content. We work closely with organisations in the non-statutory sector. These include The Salvation Army, KCA (UK), CRI, Addaction and Turning Point, as well as the Prison Service, Drug Action Teams and NHS Trusts.

As the Addictive Behaviours Group continues to grow we will develop the programmes we offer to meet changing demand – for instance, we have recently established a specific Certificate programme for practitioners within the **Criminal Justice System (Certificate in the Management of Substance Misusing Offenders)**.

We are also extending the range of research projects undertaken and the number of MPhil/PhD research students being supervised.

We warmly welcome enquiries, to discuss how the Addictive Behaviours Group can meet your needs, whether you are a newcomer to work in the field of problem substance use, or already well into your professional or academic development.

Programme Structure

There are three stages to the **BSc (Honours) in Substance Misuse Management**. You can exit with an academic award after any of the three stages.

The three stages, with their relevant academic awards, are:

- **Certificate in Substance Misuse Management (Stage One)**
- **Certificate in the Management of Substance Misusing Offenders (Stage One)**
- **Diploma in Substance Misuse Management (Stage Two)**
- **BSc (Honours) in Substance Misuse Management (Stage Three)**

Each stage of the undergraduate programme consists of an independent programme of study, and progression from one stage to the next is strongly encouraged. Which programme you are eligible

to enter at normally depends on a combination of your relevant work experience and previous qualifications.

The programmes provide you with the academic and skills-based knowledge that you need to work more confidently and more effectively with alcohol and other drug users. Achieving an academic award can also make a significant contribution to your career development. Flexibility for individual practitioners – and applicability of what is taught to the needs of the workplace – is ensured through opportunities for independent, work-based study and through module choices at Stages Two and Three.

**For information about any
of the above programmes,
please contact**

Addictive Behaviours
Group, Programme
Coordinator at KIMHS
Teresa Shiel, Telephone:
01227 824330/Email:
T.Shiel@kent.ac.uk

Which programme is right for you?

CERTIFICATE (Stage One)

The Certificate programmes are accredited Access level courses. They are suited to those who may be new to studying, or those who are a bit 'rusty' – as academic support is incorporated into the programmes. They provide a broad introduction for people currently working with problem substance users, and those who plan to do so in the future. For the **Certificate in Substance Misuse Management**, you are likely to be a health or social care worker, drug/alcohol worker, teacher, prison officer etc. with limited experience of client work in a problem substance use setting, seeking a first accredited qualification in working with problem substance use problems. It is also appropriate for education, health and social care practitioners whose work includes significant contact with problem substance users. The **Certificate in the Management of Substance Misusing Offenders** is an access programme for prison officers, DIP

and CARAT workers, and other health and social care practitioners working with substance users in the criminal justice system.

Drug and Alcohol National Occupational Standards (DANOS)

are incorporated into both Certificate programmes (See www.skillsforhealth.org.uk/page/competences/completed-competences-projects/list/drugs-alcohol-danos for DANOS competences)

DIPLOMA (Stage Two)

This programme is appropriate for health and social care workers, and for practitioners working in Tiers 2, 3 and 4 in substance misuse services, who have a relevant qualification at Certificate level (ie Stage One). However, some applicants may be eligible for exemption from all or part of Stage One through previous experiential learning (eg relevant work experience) or other accredited learning. The programme provides a framework for understanding

biological, psychological and social perspectives of substance use problems and dependence, and focuses on treatment settings and approaches.

DEGREE (Stage Three)

This programme is appropriate for health and social care workers, and for practitioners and managers with developmental, strategic planning or training roles in the substance misuse field. Applicants need to have a relevant qualification at Diploma level (ie Stage Two). Some applicants may be eligible for exemption from all or part of Stage Two through previous experiential learning (eg relevant work experience) or other accredited learning.

It provides in-depth study of the psychological, environmental and biological aspects of addictive behaviours and includes ethics, research methods and the implementation of a small research project.



Stage one programmes

These programmes can be provided on campus at the University of Kent, or taught in a location convenient to the organisation (eg a DAAT or a service delivery organisation) who wishes to block purchase the programme for their staff.

Stage One provides a benchmark for those currently working – or planning to work – with substance using clients, who require a validated qualification. The programme also benefits social care, health and criminal justice practitioners in all sectors whose work includes significant contact with problem substance users.

Stage One comprises four modules taught in block weeks over eighteen months. You will undertake four core modules to gain 120 credits (60 ECTS).

The programme contents incorporate identified DANOS competencies and 'Models of Care' frameworks. Teaching includes lecturers, workshops and discussion groups. Assessment comprises work-based learning on logbooks and your review of them, essays and seminar presentations.

There are two Certificate level (Stage One) programmes. If you are employed by, or work with clients in, the Criminal Justice System, you will benefit from the CERTIFICATE IN THE MANAGEMENT OF SUBSTANCE MISUSING OFFENDERS which we offer to those working in this expanding field. For others, the CERTIFICATE IN SUBSTANCE MISUSE MANAGEMENT will be more appropriate.

Entry Requirements:

All applicants for Stage One Certificate programmes should be working as paid employees or volunteers in a setting where you have contact with problem substance users. If you are a volunteer we will ask you for a written report from an appropriate member of staff to support your application.

Those without formal qualifications are encouraged to apply, as we seek to be inclusive. You will be invited to provide a written workplace reference and attend an interview where your work experience will be taken into consideration along with your education background.

PROGRAMME CONTENT:

CERTIFICATE IN SUBSTANCE MISUSE MANAGEMENT (Stage One) 120 credits at Level C			
KI 107	KI 109	KI 108	KI 110
Managing Problem Substance Use: An Introduction	Understanding Problem Substance Use: Theory and Practice	Counselling Skills for Problem Substance Users	Reducing Substance Use: National & Local Strategies
30 credits (15ECTS) Level C	30 credits (15ECTS) Level C	30 credits (15ECTS) Level C	30 credits (15ECTS) Level C

CERTIFICATE IN THE MANAGEMENT OF SUBSTANCE MISUSING OFFENDERS (Stage One) 120 credits at Level C			
KI 107	KI 124	KI 108	KI 121
Managing Problem Substance Use: An Introduction	Drugs and the Criminal Justice System: An introduction	Counselling Skills for Problem Substance Users	Key Issues for Substance Misusing Offenders
30 credits (15ECTS) Level C	30 credits (15ECTS) Level C	30 credits (15ECTS) Level C	30 credits (15ECTS) Level C



MODULE DESCRIPTIONS:

KI107 Managing Problems Substance Use: An Introduction (Core module for both Certificate programmes)

This module delivers a broad introduction to alcohol and drug use issues: basic problem recognition, concepts of misuse and abuse; biological, social and psychological processes contributing to drug use and dependence, and behaviour change. It explores current treatment approaches, and encourages students to examine their own role and those of colleagues. Organisational issues including outcome measuring and monitoring, personnel issues and structures relating to your workplace are addressed. It explains the rationale for therapeutic and rehabilitation programmes in terms of integrated assessment, care planning, review and closure. It explores related professional issues; client confidentiality, safe working practices, risk analysis and ethical matters, incorporating selected DANOS competencies. Case studies are used to draw on each student's work experience.

KI108 Counselling Skills for Problem Substance Users (Core module for both Certificate programmes)

This module covers the development of skilled

communication in professional helping relationships for practitioners working in alcohol and other drug treatment settings – specifically the use of counselling skills. It focuses on establishing and maintaining a therapeutic relationship with problem substance users, particularly relating to working with a culturally diverse client group. You will learn about assessment, goals, contracts, using support and supervision, referring on and ethical and professional aspects of the use of counselling skills. The module also explores dealing with and preventing relapse, ambivalence, motivational skills, the “Model of Change” and basic cognitive approaches. The development of self-awareness and reflective practice in the workplace will be addressed.

KI109 Understanding Problem Substance Use: Theory and Practice (Core module for Certificate in Substance Misuse Management)

This consists of a series of lectures and workshops designed to provide an understanding of the biopsychosocial model as it is applied to problem substance use in a multidisciplinary setting. The role of genetic factors as potential precursors to problem substance use is explored, as are individual psychological responses to a broad range of environmental influences. Interpretation of a number of related concepts including addiction and social learning

theories, social exclusion/inclusion, young people and peer selection, the disease model, cultural relations, abstinence, harm reduction and choice are covered. The language required to communicate and apply these in a therapeutic environment is explored. These studies are set in the context of wider society and reflect students' workplace settings.

KI110 Reducing Substance Use: National and Local Strategies (Core module for Certificate in Substance Misuse Management)

The module explores the government's policies and initiatives shaping national responses to problem substance use and how these are applied at regional and local levels through the National Treatment Agency (NTA), Government Offices (GOs) Drug and Alcohol Action Teams (DAATs), Primary Care Trusts and local service provider agencies. The tensions and opportunities between the NTA's health and criminal justice agendas are addressed. Students will examine multi-agency approaches and partnerships that address problem substance use employed by the police, NOMS, NHS Trusts and the voluntary sector. DAAT commissioning strategies, monitoring and data collection are discussed. Ongoing shared care support with GPs and joint working with mental health agencies, in response to dual diagnosis, are examined.

KI124 Drugs & the Criminal Justice System: An introduction

(Core module for Certificate in the Management of Substance Misusing Offenders)

This module will enable you to understand drug related offending and the rehabilitation of offenders in the context of wider society. It will review the laws relating to drug offences and consider the development of government policy linking the criminal justice agenda with treatment. The module will explore policies and practice in relation to Drug Rehabilitation Requirements, Drug Intervention Programmes, CARATs and drug treatment initiatives within the prison system. Co-operation between Prison Staff, the National Offenders Management Scheme, Mental Health Services, Drug Treatment Agencies, Social Services etc, will be addressed. You will also consider the perspective of the illicit drug user himself/herself, and consider the importance of gender and ethnicity in relation to drug offences. The module will include opportunities for reflective practice and skills development.

KI121 Key issues for Substance Misusing Offenders

(Core module for Certificate in the Management of Substance Misusing Offenders)

Some topics introduced in previous modules will be developed, including respecting clients' rights, and ethical practice. You will explore harm reduction approaches, inter-agency co-operation, drug testing and substitute prescribing. You will study how care planning and treatment approaches support drug users in a secure environment or the community, including re-settlement and promoting social inclusion. There will be a focus on understanding aspects of social exclusion and vulnerability amongst substance misusing offenders such as mental health diagnoses, suicidal behaviour and gambling, and on the importance of gender and ethnicity in relation to both one-to-one interventions and the provision of treatment services. The module covers the use of supervision, understanding collegial responsibility and managing crises. It will include reflective practice, skills development and structured work based learning.

STUDENTS SUCCESSFULLY
COMPLETING STAGE ONE WILL
BE ELIGIBLE TO PROGRESS TO
STAGE TWO:
DIPLOMA IN SUBSTANCE MISUSE
MANAGEMENT



Stage two programme

Diploma in Substance Misuse Management

ENTRY REQUIREMENTS:

To study this programme you need:

- to have reached Stage One (Certificate) level in a relevant subject or be eligible for the accreditation of prior certified learning or prior experiential learning obtained in a relevant subject or the workplace
- to be currently working with substance misusers as a

volunteer or employee in a relevant care or treatment organisation

- to have specific support from your employing agency (see next page)
- to attend an interview and provide references indicating your academic and personal suitability for the programme.

PROGRAMME CONTENT:

The Diploma (Stage Two) provides a framework for understanding the nature of substance use, misuse and

addiction processes from biological, dependence and addiction, psychological and social perspectives, and focuses on the settings and approaches within which treatment is provided. It is appropriate for practitioners working in Tier 2, Tier 3 and Tier 4 services for drug users or people with alcohol problems.

It consists of 6 taught modules, one per term, over a two year period.

YEAR ONE: (75 CREDITS) – All are core modules

KI 500	KI 507	KI 501
Perspectives on Alcohol and Drug Use and Misuse	Policy, Processes and Practice in Substance Misuse Services	Effective Interventions for Substance Misusers
30 credits (15ECTS) Level I	15 credits (7.5 ECTS) Level I	30 credits (15ECTS) Level I

YEAR TWO: ONE CORE MODULE PLUS TWO ELECTIVE MODULES (45 CREDITS)

KI 508	
Work-based Learning	
15 credits (7.5 ECTS) Level I	

PLUS ELECTIVE MODULES (CHOOSE TWO):

KI 509	OR	KI 522
Engaging, Assessing and Motivating Clients 15 credits (7.5 ECTS) Level I		Service Management: Delivery of Services 15 credits (7.5 ECTS) Level I
AND		
KI 523	OR	KI 531
Complex Needs: Integrated Approach to Dual Diagnosis 15 credits (7.5 ECTS) Level I		Drugs and the Criminal Justice system 15 credits (7.5 ECTS) Level I

NB Elective modules will be taught subject to sufficient numbers of students

EXIT POINT AWARD: DIPLOMA IN SUBSTANCE MISUSE MANAGEMENT 120 credits at level I

STUDENTS SUCCESSFULLY COMPLETING STAGE TWO WILL BE ELIGIBLE TO PROGRESS TO STAGE THREE: BSc (HONOURS) SUBSTANCE MISUSE MANAGEMENT. If you intend to proceed to Stage Three, either Drugs and the Criminal Justice System or Complex Needs: Integrated Approach to Dual Diagnosis may be taken, but not both

In addition, you will need to negotiate with your employer a minimum of 120 hours per module for the application of university-related work to your workplace, and you will also need to make sure you have time for private study (reading and writing assignments).

MODULE DESCRIPTIONS:

KI500: Perspectives on Alcohol and Drug Use and Misuse

This module provides students with an introduction to what will be expected of them during their programme of study, the support provided for them at the university, and how to engage with all aspects of the learning experience. It provides the framework for understanding concepts of “normal” drug use and intoxication in Western cultures, and the way society seeks to control or care for individuals whose drinking or drug use is defined as “problematic”. It will include exploration of social, cultural and personal factors which contribute to our understanding of heavy and/or habitual use. Psychological and biological aspects of drug effects will receive consideration with particular emphasis on intoxication, long-term and habitual use and detoxification. The cause/effect relationship of labelling theory and social exclusion to substance misuse will be studied. Current models for understanding and classifying habitual or addictive alcohol/drug use will be critically examined.

KI507: Policy, Processes and Practice in Substance Misuse Services

This module provides an overview of the policy and service delivery framework for treating alcohol and other drug problems in the UK. Emphasis will be given to understanding the key issues in the Models of Care documentation, with particular reference to the four-tier framework, integrated care pathways, care planning skills, involving service users and ethical practice. QuADS and the national occupational standards will be considered, as will the implications of working within the criminal justice system. Key processes for services such as psychological and other assessment procedures, outcome monitoring including biological markers, detoxification and substitute prescribing will be explored, with particular reference to the students’ own workplaces.

KI501: Effective Interventions for Substance Misusers

Students will be acquainted with evidence-based practice and with models for establishing which forms of intervention are likely to be appropriate to the needs of particular clients. Teaching will cover formulating intervention plans which embrace anti-discriminatory practice and individual differences, and the ability to engage clients and use supervision effectively. Client motivation will be considered as a key component of intervention planning. There will be an overview

of bio-medical interventions, residential rehabilitation and re-integration, and of some of the prevalent models of counselling intervention, including Cognitive Behavioural approaches, structured group work and Motivational Interviewing. Students will critically evaluate the concept of relapse prevention. Ethical/professional factors in delivering interventions will be explored. Throughout students will be encouraged to evaluate provision within their own workplace setting .

KI508: Work-based Learning

Work-based learning is an opportunity for students to demonstrate their ability to link theory to practice in the pursuit of their professional role. The work based learning assignment is designed as a flexible learning tool that allows the student to develop skills that fit their profile and reflects current activities in the workplace. Alternatively, with the guidance of academic staff, students can choose an area of specialist interest which is relevant to the setting in which they work, and undertake an independent study project.

KI509: Engaging, Assessing and Motivating Clients (Elective)

Teaching will focus on ensuring students understand the three concepts of engagement, assessment and motivation in relation to integrated care and treatment frameworks. There will be

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an emphasis on developing a critical ability to make sense of relevant applied research. Skills workshops will help students enhance their abilities in developing an initial working alliance with clients, and in motivational interviewing. There will also be teaching on the use of appropriate assessment tools, and on the processes of assessment and retaining clients in services.

KI522: Service Management: Delivery of Services (Elective)

This module is designed to provide a critical view of the management of alcohol and drug services in the community. It is aimed at centre/project managers, and those directly or indirectly involved in the development, management and commissioning of services.

It will critically explore how to develop and maintain relationships within the service delivery organisation and across agencies within a multi-disciplinary setting, including professional staff and volunteers. You will consider issues in relation to values, ethics and professional practice as well as cultural diversity and anti-discriminatory practice.

The management of treatment programmes and their effective delivery will be considered in terms of relevant financial, physical and human resource implications. Emphasis will be placed on best practice exemplified by effective

communication, appropriate monitoring and supervision.

KI523: Complex Needs: An Integrated Approach to Dual Diagnosis (Elective)

This module is an introduction to Dual Diagnosis (DD), focussing on addressing the relationship between problem substance use (including alcohol) and mental illnesses. Dually Diagnosed clients are sometimes unable to access the treatment they need or fall through the net of healthcare provision. This module will help practitioners to identify, engage and assess clients with complex needs.

This module explores perspectives on DD within psychiatry and substance use agencies. It will analyse current interventions, propose integrated models of treatment, and highlight the tensions and opportunities common in inter-agency referrals and joint working. Comparisons will be made between therapeutic approaches in the UK and the USA. The diagnostic classifications of prescribed psychotropic drugs are reviewed. Students will become familiar with the debate about the relationship between illicit drugs, prescribed medication and access to services.

Legal and illegal psychotropic drugs and their effects are identified, as is the terminology used by healthcare professionals and substance users.

The module will also provide an understanding of how client needs and local provision vary within different areas, and how flexible responses are required to meet the needs of different client groups. Factors related to long-term support, relapse prevention, and community re-integration will be considered.

KI531: Drugs and the Criminal Justice System (Elective)

This module will provide an overview of drug related offending and the rehabilitation of offenders in the context of wider society. It will review the laws relating to drug offences and look in detail at the development of government policy linking the criminal justice agenda with treatment. The module will explore the operation of arrest referral schemes, Drug Intervention programmes, CARATs and drug rehabilitation units within the prison system. Throughcare and resettlement, inter-agency and multi-disciplinary co-operation between Prison Staff, the Police, Probation, Mental Health Services, Drug Agencies, Social Services etc., will be addressed. Differentiating between people with legal problems associated with possession or intent to supply drugs and those with drug use problems will be considered.

You will also consider the perspective of the illicit drug user himself/herself, and consider the importance of gender and ethnicity in relation to drug offences.

Stage three programme

BSc IN SUBSTANCE MISUSE MANAGEMENT

The programme provides in-depth study of the psychological, biological and anthropological aspects of addictive behaviours, complemented by training in research methods, and the implementation of a small research project. You will be encouraged to develop a detailed understanding of client assessment and outcome monitoring, skills which are required by project workers, managers and commissioners.

Stage Three is aimed at a wide range of professionals working in

healthcare, counselling, criminal justice and social support agencies with access to clients with substance misuse problems.

Entry requirements:

To study this programme you need

- To have reached Stage Two (Diploma) level in a relevant subject.
- You must be currently working as a volunteer or employed in a social care centre or project and have support from your employing agency and access to substance misusing clients. (If you are unemployed you must be able to demonstrate the availability of a

placement in an addiction rehabilitation centre/project and appropriate mentoring from a member of the management team of that centre/project.)

- You will also need to attend an interview and provide references indicating your academic and personal suitability for the programme.

Stage Three comprises a number of modules taught over two years in one week blocks. Teaching is based on workshops and discussion groups and assessment is based on essays and seminar presentations. The Programme is relevant for senior project workers, managers and commissioners.

PROGRAMME CONTENT:

Over the two-year duration of Stage Three, you will undertake four core modules and one elective module to gain 120 credits (60 ECTS).

KI511	KI536	KI524*	KI525*
Psychological & Biological Aspects of Dependency CORE MODULE	Research Methods CORE MODULE	Homelessness & Pathways to Social Inclusion CORE MODULE	Drugs & Culture CORE MODULE
30 credits (15ECTS) Level H	15 credits (7.5ECTS) Level H	15 Credits (7.5 ECTS) Level I	15 Credits (7.5 ECTS) Level H
AND			
KI523	OR	KI531	KI533
Complex Needs: An Integrated Approach to Dual Diagnosis OPTION MODULE		Drugs & the Criminal Justice System OPTION MODULE	Research Project CORE MODULE
15 Credits (7.5 ECTS) Level I		15 credits (7.5ECTS) Level I	30 credits (15ECTS) Level H

**These modules are subject to Validation*



MODULE DESCRIPTIONS

KI511: Psychological and Biological Aspects of Dependency (Year 1, core module)

This module will provide a contemporary framework for the theoretical study of addictive behaviour, with reference to biological and psychological theories. Brain mechanisms of reward and punishment will be considered from neurobiological and psychological perspectives. These will be complemented by psychopharmacological insights and a review of the mechanisms of learning. Applications of these studies will include skills required for client assessment and treatment outcome monitoring. The role of biological markers (including liver function tests and nutritional status indexes) and neurobiological assessments will be considered within the care-planning process. This is of particular importance for those students working with socially excluded individuals where a wide range of physical and mental health issues will be encountered. In addressing the issues of chronic use of alcohol and drugs, pathological issues will be studied at tissue and molecular levels. Other aspects will include genetic theories and the role of critical psychological factors in the development of individual

vulnerability. Physiological and psychological mechanisms of tolerance and dependency will be considered in relation to the neurobiology of reward, conditioning in drug tolerance, sensitisation, and reinforcers. The concept of *craving* will focus on psychobiological theories of expectation and attribution, situational cues and the role of the environment.

KI536: Research Methods (Year 1, core module)

This module will provide an introduction to the range of research skills required by practitioners to inform and change their practice and to undertake a review of a body of literature within their field. The teaching will be delivered through nine taught sessions (using didactic and group-based learning) and a practical workshop focused on the assignment. The ethical issues that cut across the research process will be considered throughout the module. The course will introduce both quantitative and qualitative research methods, and their respective merits and applicability to different research issues. Students will be introduced to basic use of statistics, data analysis and interpretation, be encouraged to develop a questionnaire and explore the functions of the case

study. The divergent benefits and shortfalls of deductive and inductive methods will be covered with reference to the current drug policy framework and the evidence based practice movement. Finally, key aspects of writing and referencing a literature review will be considered prior to a workshop session that will draw together the learning from the module with reference to the requirements of the assignment.

KI533: Research Project (Year 2, core module)

Students completing this module will be able to combine their knowledge of substance use/misuse with research methods covered in the programme. You get the chance to design and implement a small research project that is appropriate to your workplace and develop skills in communicating its outcomes by using a conventional report structure and an evaluation of your own research with reference to its methodology. Ethical approval will be reviewed in the context of your work-based project.

KI525* Drugs and Culture
(Year 2 core module)

Cultures across the world use different substances in different settings for religious, medical, recreational or performance enhancing purposes.

By looking in detail at the function and use of substances like cannabis, khat, coca and others in different cultural contexts we explore importance of cultural settings in managing the potential power of psychoactive substances. We go on to look at the significance of drug consumption to identity and belonging both within exotic cultures and within western subcultures.



KI524* Homelessness & Pathways to Social Inclusion
(Year 1, core module)

The aims of this module are to introduce drug and alcohol practitioners and managers to working with homeless and socially excluded clients who may also have substance use and mental health problems or be victims of abuse. Definitions of social exclusion/inclusion and routes into and out of homelessness will be explored.

It will address historic and current perspectives. The areas of shared care, multi-agency working, unmet need, risk assessment, current legislation, social policy, mental health, problem substance use and outcome measures will be explored. Therapeutic issues and pathways from social exclusion towards social inclusion will be evaluated. The module will include strategies for personal development and employment for clients through rehabilitation and education.

KI523 Complex Needs: An Intergrated approach to Dual Diagnosis
(year 2, elective)

See module content description for Stage 2

KI531: Drugs and the Criminal Justice System
(year 2, elective)

See module content description for Stage 2

**These modules are subject to Validation*

Postgraduate research opportunities

The Addictive Behaviours Group at Kent Institute of Medicine and Health Sciences supports work-based research into a wide range of issues related to the nature of addictive behaviours and approaches to assist problem alcohol and drug users and their families. These interdisciplinary projects are supervised by staff in KIMHS, other University of Kent departments and colleagues in other UK universities.

By registering for an MPhil/PhD you will be encouraged to attend relevant modules available within the Addictive Behaviours teaching programmes and other university courses, as appropriate, to help develop your general and specific understanding of topics related to your research. Depending on your previous academic experience you will be required to undertake a research methods course.

In addition to the support provided by Addictive Behaviours Group, other university services include the Unit for Effective Learning and Teaching, Computer Help Desk, and the Templeman Library. The latter includes an extensive and rapidly developing online service providing links to journals which can be accessed from outside the Canterbury campus.



Research topics which have been, and are currently, supervised within the Addictive Behaviours Group:

- Establishing and monitoring outcomes in social care
- Effectiveness of interventions and the use of behavioural assessment tools in dementia and alcohol related brain damage
- A Bio-Psychological strategic approach to assessing and supporting ex-servicemen with mental health and substance misuse problems

- Investigation of the effectiveness of a Tryptophan-based nutritional supplement for use in alcohol recovery.
- Studies into nutrition, alcohol misuse and cognitive dysfunction

All enquiries about postgraduate programmes should be directed to:
**Louise Bullock, KIMHS
Departmental
Administrator,
on 01227 824780**

Student support

What support will there be to help me with my studies?

Tutorials

You will be supported in your studies by a personal tutor throughout your period of study at Kent. You will meet with your tutor once a term at a mutually agreed time, alternatively you can arrange a telephone tutorial if this is more convenient.

Unit for Enhancement for Learning and Teaching (UFLT)

The Student Learning Advisory Service (SLAS), which is located in the above department, offers support and guidance on study skills and techniques. They can be particularly useful to students returning or new to higher education.

University of Kent Student's Union – Student Guidance and Welfare

All students have access to the following services if you require them: Careers Advisory Service, Chaplaincy, Counselling Service and Disability

Knowledge Centre

As a student you will be provided with a log-on enabling you to use student portals on both the Canterbury and Medway sites. Within the Research and Development building is the KIMHS "knowledge centre" where there are a number of computers for the use of students.

Templeman Library

All students have access to the extensive resources of the University's libraries on the Canterbury and Medway sites. Also, you can check availability of books and journals from your own PC.



About the Staff



Professor Tony Hale

Head of the Division of Psychiatry

Tony Hale is Professor of Mental Illness and Head of the Division of Psychiatry. He is a younger adult general and forensic psychiatrist working clinically with the local Mental Health Trust, and Regional Advisor in Psychiatry for Kent, Surrey and Sussex. He trained at Guys and St George's in London and has a PhD in Psychopharmacology from the University of London. His research interests are in psychopharmacology of the psychotropics, especially for treatment resistant psychosis and depression, and in related areas of Health Economics and Service Delivery; and in the clinical and legal boundaries of Post-Traumatic Stress Disorder.



Dr Adrian Bonner

Reader & Director of Addictive Behaviours Group

Dr Adrian Bonner is Director of the Addictive Behaviours Group. Adrian has researched and been involved in curricula development of mental health related issues. This has included the development of an MSc in Clinical Neuroscience and, via membership of the Skills for Health Council, he has contributed to the development of Drug and Alcohol National Occupational Standards (DANOS). Presently he is the programme director of the BSc in Substance Misuse and its Management at Kent and supervises a number MPhil/PhD students. Adrian's main research interests include studies into the role of tryptophan in alcohol dependency. This research is being developed to include the biological basis of brain damage in vulnerable groups. He is consultant to the Salvation Army's Social Work in the UK and represents the Salvation Army internationally as Alcohol and Drug Representative at the United Nations. He has published widely, and has recently published a text on the Biopsychosocial aspects of Social Exclusion.



Andy Ashenhurst

Lecturer in Substance Misuse Management, Director of Stage 1 programmes

Andy has a BSc (Hons) in Psychology and Social Anthropology and an MA in Medical Anthropology from the University of London. In 2004 he completed a Post Graduate Certificate in Higher Education at the University of Kent. Andy spent a year as a Fulbright Scholar (1990/91) at the University of New Mexico, researching Native American attitudes to Health and Education. He was elected a member of the British Psychological Society in 1992. Andy has 9 years experience as a practitioner working with problem substance users in the NHS and the voluntary sector. Andy's academic interests include harm reduction, social exclusion, dual diagnosis and drug using sub cultures.



Ruth Webb
Lecturer in Substance Misuse
Counselling, Director of Stage 2
programme

Ruth has a Masters in Clinical Science and is a UKCP registered Psychotherapist. She has worked with substance misuse clients within both prison and community settings, and provides supervision to therapeutic practitioners in the field. Ruth's area of special interest is the dynamics of groups, and the application of group theory to the development of services within the substance misuse environment. Ruth is interested in the therapeutic perspective of the client both as an individual and a group member and the significance of these roles in the development of the client in the context of the original family, school/educational, institutional and societal groupings.



Dr Axel Klein
Lecturer in Substance Misuse
Management

For the past ten years Axel Klein has been researching into substance use in different cultural settings and the relationship between culture, drug policy interventions and social and medical problems. Current research interests include the production, distribution and use of khat (catha edulis), the nexus of drug use and trafficking in the Caribbean region, and the pattern of recruitment and legal disposal of drug couriers. A new area of work is the use of illicit substances among the elderly.



Teresa Shiel
Programme Co-ordinator

Teresa joined KIMHS after a varied background of working in Financial, Retail and Administration sectors. Teresa's most recent employment, prior to KIMHS, was in Examination Administration, within Secondary School Education.



Alexi Brook
Research Associate

Alexi has a BSc (Hons) in Social Psychology and was elected a member of the British Psychological Society in 1999. She has been working on various research projects for the Addictive Behaviours Group since 2001, and has experience working as a practitioner in residential social work and at a detoxification centre. Alexi's main research interests are the development and implementation of monitoring and assessment for service delivery, the development and validation of assessment tools, social exclusion, cognitive effects of PTSD and alcohol misuse and their implications for intervention, and the role of attachment in addiction aetiology.



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