

CV Ellen Klemera

Name: Dr Ellen Klemera

Address: 19 Greenfield, Hatfield, Herts. AL9 5HW, UK

Telephone: 01707 274 359;

Email: E.Klemera@Kent.ac.uk

Place of Birth: Tbilisi, Georgia

Country of residence: UK

Nationality: British

Qualifications

BSc (1st class Hons.) and MSc in Psychology, qualified as a psychologist and teacher of Psychology, 1981, Tbilisi State University, Georgia.

PhD in Developmental and Educational Psychology, 1988, State Pedagogical University, Tbilisi, Georgia

MSc (with commendation) in Research Methods in Psychology, 2005, Hertfordshire University, UK

Academic Posts

1984-1990, Research Assistant and p / t lecturer in Psychology, Department of Psychology, State Pedagogical University, Tbilisi

1990-1991, Senior lecturer in Psychology, State Pedagogical University

1991-1999 - Docent, Department of Psychology, State Pedagogical University

2005-2008 full time research assistant in CRIPACC, University of Hertfordshire

2008-2016 Research Fellow, CRIPACC, University of Hertfordshire

2016-April 2020 Senior Research Fellow, Child, Adolescent & Family Health, CRIPACC,
University of Hertfordshire

2016--2018 Deputy PI for HBSC Health Behaviour in School aged Children International
WHO Collaborative Study

2018—present co-PI for HBSC Health Behaviour in School aged children International WHO
collaborative study

Research Awards

- 1. 1997-Royal Society Research Grant (FSU Exquota visit) to work with Prof. Dieter Wolke at the University of Hertfordshire, "Staff communication and workplace bullying in small and large organisations."**
- 2. 1998-1999 Leader of Group investigating "The change of Attitudes in Street Children and formation of new attitudes" Soros Foundation Grant (no 1453/ 1997) under its "Research Support Scheme".**
- 3. 2007-2008 British Academy Small Research Grant with Prof. Fiona Brooks," An Exploration of The Role of Bilingualism in Family Life from The Perspective of Children and Their Primary Care Givers in 2 Different Cultural Contexts."**
- 4. 2009-Grandparenting research, Co-PI (Principal investigator) together with Prof Brooks (funder The Family research Institute)**
- 5. 2016-2017-PI of the Eastern European Community Engagement Project (Funder HealthWatch Hertfordshire Charity)**
- 6. Santander Partnership Research Collaboration Support 2016-17 grant: 'Addressing the health and wellbeing needs of young people through school connectedness' (PI)**
- 7. 2016-17 a collaborative award, jointly funded by UH and the University of Technology Sydney/ Faculty of Health: Intentional self- harm in adolescence (PI)**
- 8. 2016-present Deputy PI and co-PI of HBSC Health Behaviour in School aged Children) International project (Funder Department of Health)**

Publications

2020

Chester, K., **Klemera, E.**, Brooks, F., Mental health: one in three young people in England are struggling - new report 23 Jan 2020, The Conversation.

Brooks, F., **Klemera, E.**, Chester, K., Magnusson, J. & Spencer, N. Health Behaviour in School-aged Children (HBSC): World Health Organization Collaborative Cross National Study: Findings from the 2018 HBSC study for England
Jan 2020, Hatfield: University of Hertfordshire. 98 p.

2019

Chester, K., **Klemera, E.**, Magnusson, J., Spencer, N. & Brooks, F., 1 Aug 2019, In : Health Education Journal. 78, 5, p. 582-594 13 p. The role of school-based health education in adolescent spiritual, moral, social and cultural development, 1 Aug 2019, In : Health Education Journal. 78, 5, p. 582-594 13 p.

Chester, K., Magnusson, J., **Klemera, E.**, Spencer, N. & Brooks, F. The mitigating role of ecological health assets in adolescent cyberbullying victimization
1 Apr 2019, In : Youth & Society. 51, 3, p. 291-317 27 p., 51(3).

2018

Brooks, F., **Klemera, E.**, Magnusson, J., & Chester, K. (2018). Young People and Energy Drink Consumption in England: Findings from the WHO Health Behaviour in School aged Children (HBSC) Survey 2015 Detailed Analysis on Findings Relating to Consumption of Energy Drinks by Young People .

2017

Brooks, F., Chester, K., **Klemera, E.** & Magnusson, J. (2017) Cyberbullying: An analysis of data from the Health Behaviour in School-aged Children (HBSC) survey for England, 2014 Jun 2017 Public Health England . 28 p.

Brooks, F., Chester, K., **Klemera, E.** & Magnusson, J. (2017) Intentional self-harm in adolescence: An analysis of data from the Health Behaviour in School-aged Children (HBSC) survey for England, 2014, Jun 2017 Public Health England . 22 p.

Brooks, F., Chester, K., **Klemera, E.** & Magnusson, J. Wellbeing of adolescent girls: An analysis of data from the Health Behaviour in School-aged Children (HBSC) survey for England, 2014, Jun 2017 Public Health England . 31 p.

Brooks, F., **Klemera, E.**, Magnusson, J. & Chester, K. (2017) Written evidence submitted by HBSC England study team, Centre for Research in Primary and Community Care (CRIPACC), University of Hertfordshire (BYC033), Jun 2017

Brooks, F., **Klemera, E.**, Magnusson, J. & Chester, K.(2017) Written evidence submitted by HBSC England study team, Centre for Research in Primary and Community Care (CRIPACC), University of Hertfordshire (CMH0054),Feb 2017

2016

Chester, K., Magnusson, J. **Klemera, E.**, Spencer, N. & Brooks, F. (2016).The mitigating role of ecological health assets in adolescent cyberbullying victimization. [Youth & Society.](#)

Klemera, E., Brooks, F. M., Chester, K. L., Magnusson, J. & Spencer, N. (2016) Self-harm in adolescence: Protective health assets in the family, school and community. [International Journal of Public Health.](#)

Johal, G. S., Bell, R., Hesketh, T., **Klemera, E.**, & Brooks, F. (2016). Obesogenic behaviours in South Asian adolescents in England: A literature review and quantitative investigation. [The Lancet, 388.](#)

Brooks, F.;Zaborskis, A;**Klemera, E**; Örkényi , A; Tabak , I; Granado Alcon, M. (2016) CHAPTER 2. SOCIAL CONTEXT Family; In.: [Growing up unequal: gender and socioeconomic differences in young people's health and well-being: HEALTH BEHAVIOUR IN SCHOOL-AGED CHILDREN \(HBSC\) STUDY: INTERNATIONAL REPORT FROM THE 2013/2014 SURVEY](#) (ED: Inchley et al). Mar 2016 Copenhagen, WHO Regional Office for Europe, 2016 (Health Policy for Children and Adolescents, No. 7).

2015

BROOKS, F., MAGNUSSON, J., **KLEMERA, E.**, Chester, SPENCER, N. & Smeeton (2015) HBSC England National Report. *Health Behaviour in School-aged Children*. Hatfield, University of Hertfordshire. World Health Organization Collaborative Cross National Study. Hatfield, CRIPACC.

Brooks, F., Zaborskis, A.,Tabak, I.,Granado Alcón, K., Zemaitiene, N.,de Roos,S., **Klemera, E.** (2015). Trends in Adolescents Perceived Parental Communication across Europe and North America: 2001 to 2010. *Eur J Public Health.*, March 2015

2014

Brooks, F. M., Smeeton, N. C., Chester, K., Spencer, N., & **Klemera, E.** (2014). Associations between physical activity in adolescence and health behaviours, well-being, family and social relations. *International Journal of Health Promotion and Education*, 52(5), 271-282.

Klemera, E. (2014). Satisfaction with education, In: Michalos AC (Ed.). *Encyclopedia of Quality of Life and Well-Being Research*. Springer, Dordrecht, Netherlands: Springer, pp 1819-1823. ISBN 978-94-007-0752-8

Klemera, E.(2014). Satisfaction with self-esteem, In: Michalos AC (Ed.). Encyclopedia of Quality of Life and Well-Being Research. Springer, Dordrecht, Netherlands: Springer, 5774-5778. ISBN 978-94-007-0752-8

2013

Magnusson, J, **Klemera, E**, Brooks, F. (2013) Life satisfaction in children and young People: Meanings and measures. The British Psychological Society, No 1, Spring, 2013.

2012

Brooks F., Zaborskis A., Örkényi A., Tabak I., Moreno Rodrigues C., Borup I., Camacho I., **Klemera E.** (2012). Family: Communication with mother. Communication with father. Scientific discussion and policy reflection. In: Currie C., Zanotti C., Morgan A., Currie D., de Looze M., Roberts C., Samdal O., Smith O.R.F., Barnekow V. (Eds.) *Social determinants of health and well-being among young people. Health Behaviour in School-aged Children (HBSC) study: international report from the 2009/2010 survey* (pp. 19-28). WHO Regional Office for Europe, Copenhagen.

2011

BROOKS, F., MAGNUSSON, J., **KLEMERA, E.**, SPENCER, N. & MORGAN, A. (2011) HBSC England National Report, Executive Summary. *Health Behaviour in School-aged Children*. Hatfield, University of Hertfordshire.

BROOKS, F., MAGNUSSON, J., **KLEMERA, E.**, SPENCER, N. & MORGAN, A. (2011) HBSC England National Report. *Health Behaviour in School-aged Children*. Hatfield, University of Hertfordshire. World Health Organization Collaborative Cross National Study. Hatfield, CRIPACC.

2010

Wilson P., Bataille, V., **Klemera.E.** (2010) 'Self management in atypical mole syndrome: qualitative findings from a pilot study. *Journal of Dermatological Nursing*',2010.

2009

F. Brooks; **E. Klemera**; M. Offredy (2009) Do Grandparents matter? The impact of grand parenting on the well being of children. University of Hertfordshire, Hatfield.

J. Coleman, F. Brooks, **E. Klemera**, J. Schofield, D. Trivedy (2009) Key Data on Adolescence. The latest information and statistics about Young People today. AYPH, Association for Young People's Health.

Brooks, F., Winfred van der Sluijs, **Klemera, E.**, et al (2009) Young People's Health in Great Britain and Ireland. Findings from the Health Behaviour in School-aged Children Survey 2006. HBSC international coordinating Center; HBSC International Reports: Cardiff, Edinburgh, Galway, Hertfordshire, University of Hertfordshire and University of Edinburgh.

2007

Brooks; **E. Klemera**, (2007) Transforming Learning through Online Storytelling: ' Making the news evaluation report'. University of Hertfordshire ,Hatfield

Imedadze, N., Japaridze, M., Brooks, F., **Klemera, E.**, (2007). Psychological effects of Bilingualism. Cross cultural approach. Journal 'Sakartvelos Psykologiis Macne'. Georgian Academy of Science. Dmitry Uznadze Research Institute. No1, pp.225-229.