

PATRICIA MARY WILSON

Contact details

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Current post

Professor of Primary & Community Care

I was appointed in April 2014 to head a new academic primary care unit hosted within the Centre for Health Service Studies at the University of Kent. Aims of the unit are to develop research capacity and activity in primary care, participate in primary care workforce development, and support local CCGs in commissioning evidence-based services.

My own research interests centre on patient and public involvement, ranging from self-management of long term conditions, to public involvement in research and commissioning of health services. In 2012, I was appointed to the National Institute of Health Research INVOLVE and the Expert Patient Programme (now Self Management UK) Advisory Panel.

Education and Academic awards

1990	London Southbank Polytechnic	Nursing Education	B.Ed (Hons) (First Class)
2001	University of Manchester	Nursing Research and Practice Development	MSc
2007	University of Hertfordshire	The Expert Patient: An exploration of self-management in long-term conditions	PhD

Professional Qualifications

1980	Northwick Park Hospital, Harrow	General Nursing Council	Registered Nurse
1983	Brighton Polytechnic	Panel of Assessors	District Nurse
1986	Stevenage College	English National Board	Practical Work Teacher
1990	London Southbank Polytechnic	English National Board	Nurse Lecturer

Nursing & Midwifery Council PIN: 7711288E

Previous work experience

Post held	Organisation	From	To
Reader in Patient Experience	University of Hertfordshire	2/13	3/14
Senior Lecturer and research lead for Patient Experience and Public Involvement	University of Hertfordshire	9/02	1/13
Course Leader – BSc Specialist Nursing Practice (District Nursing) and Chronicity and Rehabilitation module of the MSc Advancing Practice in Primary Health Care	University of Hertfordshire	4/97	8/02
District Nursing Lecturer	University of Hertfordshire	2/96	3/97
“Bank” District Nurse	West Herts Community Trust	5/95	3/97
Lecturer – BSc Nursing Studies with Education	University of Hertfordshire	7/93	2/96
Break to raise family		1992	1993

Community Tutor (temporary cover)	Herts College of Health Care Studies	5/92	9/92
Break to raise family		1991	1992
Community Liaison Tutor	North & East Herts School of Nursing	7/90	4/91
Nurse Tutor	Harrow Health Authority	12/87	7/90
District Nurse – team leader	North Herts Health Authority	7/85	12/87
District Nurse	Mid Downs Health Authority	9/82	7/85
Staff Nurse	Brighton Health Authority	5/82	9/82
Staff Nurse	West Sussex Area Health Authority	9/80	5/82

Research grants and awards

2016-2017	<i>Supporting shared decision making for older people with multiple health and social care needs: a realist synthesis to inform emerging models of health and care.</i> NIHR Health Service & Delivery Research - £160,000 co-applicant with Universities of Hertfordshire, University College London, Queen Mary's London, and NHS Tower Hamlets
2015-2016	<i>Primary Care Workforce: Future scoping in Kent, Surrey and Sussex.</i> Health Education England - £150,000 Chief Investigator
2014-2015	<i>Artist in Residence.</i> Leverhulme Trust - £14,520 Chief Investigator
2011-2014	<i>Research with Patient and Public Involvement: a Realist Evaluation (RAPPORT).</i> NIHR Health Service Research - £306,000 Chief Investigator
2011-2014	<i>Facilitation of Self Management in a Haemodialysis Unit: An Evaluation</i> NIHR Research for Patient Benefit - £250,000 co-applicant with North and East Hertfordshire NHS Trust
2009-2012	<i>Patient experience of integrated long term conditions services</i>

NHS East of England Senior Clinical Academic Award - £40,524

- 2009-2011 *The Polyclinic Programme in London - An Evaluation to Inform the Commissioning Process.*
Healthcare for London - £897,545 co-applicant with London School of Hygiene and Tropical Medicine (LSHTM), Imperial College, University of Plymouth and Picker Institute.
- 2009-2012 *Commissioning for Long Term Conditions: Hearing the voice of and engaging users.*
NIHR Service Delivery & Organisation - £468,294 co-applicant with LHSTM.
- 2008-2009 *Long Term Conditions Service Delivery & Provision: National scoping & identification of innovative models fit for purpose in West Essex Primary Care Trust.*
NHS West Essex grant - £19,965 Chief investigator
- 2007 *Evaluation of a modified chronic disease management programme for people with learning difficulties.*
Department of Health - £20,000 Chief investigator
- 2006- 2009 *Evaluating the nursing, midwifery and health visiting contribution to models of chronic disease management.*
NIHR Service Delivery & Organisation - £299,896 co-applicant with City and Surrey University and project manager
- 2006-2007 *Assessment of frequency & levels of knowledge regarding skin self-examination in patients with atypical mole syndrome*
British Skin Foundation small grant - £9,993 co-applicant with West Hertfordshire Hospitals NHS Trust

Publications and reports

Wilson, P., Mathie, E., Keenan, J., McNeilly, E., Goodman, C., Howe, a., Poland, F., Staniszewska, S., Kendall, S., Munday, D., Cowe, M., & Peckham, S. (2015) Research with Patient and Public Involvement: a Realist Evaluation. The RAPPORT study. *Health Services and Delivery Research* 3, 38 DOI: <http://dx.doi.org/10.3310/hsdr03380>

Fillary, J., Chaplin, H., Jones, G., Thompson, A., Holme, A., & **Wilson, P.** (2015) Noise at night in hospital general wards: a mapping of the literature. *British Journal of Nursing* 24, 10, 536-540

Petsoulas, C., Peckham, S., **Wilson, P.**, & Smiddy, J. (2015) Primary care-led commissioning and public involvement in the English National Health Service. Lessons from the past. *Primary Health Care Research & Development* 16, 3, 289-303

Procter, S., Brooks, F., **Wilson, P.**, Crouchman, C., & Kendall, S. (2015) A case study of asthma care in school age children using nurse-coordinated multidisciplinary collaborative practices. *Journal of Multidisciplinary Healthcare* 8: 181–188

Smiddy, J., **Wilson, P.**, Peckham, S., Reay, J., & L. Williams (2015) Developing patient reference groups in general practice: A mixed methods study. *British Journal of General Practice* 65(632):128-129

Wilson, P.M., Reston, J.D., Bieraugel, R., Da Silva Gane, M., Wellsted, D., Offredy, M., Farrington, K. (2015) You cannot choose your family: Sociological ambivalence in the hemodialysis unit. *Qualitative Health Research* 25(1) 27–39

Peckham, S., **P. M. Wilson**, L. Williams, J. Smiddy, J. Reay, L. Bloomfield, S. Kendall, F. Brooks & D. Smallwood. (2014) Commissioning for Long-term conditions: Hearing the voice of and engaging users. *Health Services and Delivery Research* 2 (44) DOI: 10.3310/hsdr02440

Mathie, E., **Wilson, P.**, Poland, F., McNeilly, E., Howe, A., Staniszewska, S., Cowe, M., Munday, D., Goodman, C., (2014) Consumer Involvement in health research: a UK scoping and survey. *International Journal of Consumer Studies* 38, 35-44.

Wilson, P.M., Kataria, N. & McNeilly, E. (2013) Patient and carer experience of obtaining regular prescribed medication for chronic disease in the English National Health Service: a qualitative study. *BMC Health Services Research*, **13**, 192.

Hurst, G., **Wilson, P. M.**, & Dickinson, A. (2013). Older people: how do they find out about their health? A pilot study. *British Journal of Community Nursing*, **18**(1), 34-39.

Procter, S., **P. M. Wilson**, F. Brooks & S. Kendall (2013) Success and failure in integrated models of nursing for long term conditions: Multiple case studies of whole systems. *International Journal of Nursing Studies*, 50, 632-643.

Chaplin, H., Hazan, J. & **Wilson, P.** (2012) Self-management for people with long-term neurological conditions. *British Journal of Community Nursing*, **17**(6), 250-257.

Wilson, P. & Miller, S. (2012) Therapeutic relationship. In *A Textbook of Community Nursing*(Chilton, S., Bain, H., Clarridge, A. and Melling, K. eds.) Hodder Arnold, London, pp. 74-89.

Wilson, P.M., Brooks, F., Procter, S. & Kendall, S. (2012) The nursing contribution to chronic disease management: a case of public expectation? Qualitative findings from a multiple case study design in England and Wales . *International Journal of Nursing Studies*, **49**(1), 2-14.

Goodman, C. M., Mathie, E. J., Cowe, M., Mendoza, A., Westwood, D., Munday, D., **Wilson, P. M.**, Crang, C., Froggatt, K., Iliffe, S., Manthorpe, J., Gage, H. and Barclay, S. (2011) Talking about living and dying with the oldest old: public involvement in a study on end of life care in care homes. *BMC Palliative Care*, **10**(20), doi:10.1186/1472-684X-10-20

Peckham, S., **Wilson, P.**, Gosling, J., Osipovic, D. and Wallace, A. (2011) Community nursing in systems reform: the London polyclinic experience. *British Journal of Community Nursing*, **16**(6), 293-297.

Wilson, P. (2011) Patient experience in long-term conditions: revealing invisible perspectives. *Primary Health Care Research and Development*, **12**, 185–186.

Wilson, P. M. and Goodman, C. (2011) Evaluation of a modified chronic disease self-management programme for people with intellectual disabilities. *Journal of Nursing and Healthcare of Chronic Illness*, **3**, 310-318.

Wilson P.M., Bataille V, Klemra E. (2010) Self management in atypical mole syndrome: qualitative findings from a pilot study. *Dermatological Nursing Journal*, **9**, 4, 42-46

Kendall S, **Wilson P**, Procter S, Brooks F, Bunn F, Gage H, , (2010) *The nursing, midwifery and health visiting contribution to CDM: a whole systems approach*. SDO project 08/1605/121
<http://www.sdo.nihr.ac.uk/projdetails.php?ref=08-1605-121> NIHR Service Delivery & Organisation Programme

Wilson P.M., Bunn F, Morgan J. (2009) A mapping of the evidence on integrated long term condition services. *British Journal of Community Nursing* **14**, 5, 202-206

Wilson P.M. (2008) The UK Expert Patients Program: Lessons learned and implications for cancer survivors' self-care support programs *J Cancer Survivorship* **2**, 45–52

Wilson P.M. (2007) A new course for people with a long term illness. *Valuing People Support Team Newsletter* Autumn 2007: 37

Wilson P.M., Kendall S, Brooks F. (2007) The Expert Patients Programme: a paradox of patient empowerment and medical dominance. *Health and Social Care in the Community* **15**, 5, 426-438

Wilson P.M. & Mayor, V. (2006) Long-term conditions: 2. Supporting and enabling self-care. *British Journal of Community Nursing* **11**, 1, 6-10

Wilson P.M., Kendall S, Brooks F. (2006) Nurses' responses to expert patients: The rhetoric and reality of self-management in long-term conditions: A grounded theory study. *International Journal of Nursing Studies* **43**, 7, 803-818

Wilson P.M. (2005) Long-term conditions: making sense of the current policy agenda. *British Journal of Community Nursing* **10**, 12, 544-552

Wilson P. (2005) In Brief – Patient empowerment in primary care: evaluating the expert patient *British Journal of Community Nursing* **10**, 2, 81

Wilson P, Kendall S, Brooks F. (2005) *Patient Empowerment in Primary Care: an evaluation of the Expert Patient. A report compiled for Primary Care Trusts*. University of Hertfordshire: CRIPACC
<http://perseus.herts.ac.uk/uinfo/index.cfm?DBE6BC6A-0498-E5D6-6976-4A274729A00F>

Wilson P, Lewis J, Cannon J. (2003) Embedding the EPP: the Welwyn Hatfield Way.
http://www.expertpatients.nhs.uk/stories_hp-003.shtml

Wilson P.M. (2002) The expert patient: issues and implications for community nurses. *British Journal of Community Nursing* 7, 10, 514-519

Wilson P.M. (2001) A policy analysis of the Expert Patient in the United Kingdom: self-care as an expression of pastoral power? *Health & Social Care in the Community* 9, 3, 134-142

Wilson T. (2000) The Expert Patient: a proactive role for DN's? *British Journal of Community Nursing* 5, 5, 212

Keynote presentations by invitation

2016

Getting evidence into practice through implementation science; the use of Normalisation Process Theory. Invited workshop at the National GP Academic Clinical fellows Conference, Brighton, 17 March

2015

Working with consumers and stakeholders to develop the evidence base and knowledge translation for health improvement: Methodologies and approaches. Keynote presentation at the International Collaboration for Community Health Nursing Research Conference, Seoul, South Korea, 19 August

Making a difference to practice through post graduate applied research. Opening keynote presentation at the Research Student Conference, School of Health and Social Work, University of Hertfordshire, 9 July

The "what, why and how of PPI": Implications for nursing leadership. Invited workshop at the Developing Leadership and Facilitation Capacity of the Nursing Workforce Symposium, Canterbury Christ Church University, 4 February

2014

Citizen participation in the English National Health Service. Opening keynote presentation at the International Congress of ASANEC, Almería Spain, 5 June

Through the looking glass – when patient experience is more than a survey. Keynote paper at the annual Kent Surrey and Sussex Deanery GP conference, 20 March

2013

Patient and public involvement in research: making a difference in primary care hosted studies. Invited paper at the Royal College of General Practitioners Annual Conference, Harrogate, 3rd October

Patient and Public Involvement in health research: the why, when and how. Keynote presentation at the Allied Health Professions' Annual Clinical Research Forum, University of Hertfordshire, 9th September

An analysis of the factors driving the move towards home care. Opening keynote presentation at the 1st International Home Care Congress, İzmir Turkey, 3-6 July

Home care practices in England. Invited paper at the 1st International Home Care Congress, İzmir Turkey, 3-6 July

Evidence Based studies in home care nursing. Invited paper at the 1st International Home Care Congress, İzmir Turkey, 3-6 July

Unravelling the complexity and developing the evidence base of PPI in research: the RAPPORt study approach. University of Leeds and Higher Education Academy Patient and Public Involvement Seminar Series, 14th May.

2012

The Expert Patient. Medical nemesis or ally? University of Hertfordshire Health Forum public lecture, 21st March.

2010

The paradox of the expert patient. University of Bournemouth, School of Health and Social Care, 10th February

2007

The Expert Patient. University of Brighton, Centre for Academic and Practice Development, 23rd May

The rhetoric & reality of self-management in long-term conditions: nurses and expert patients. ESRC Self-Care seminar series, University of Salford, 23rd March

2005

The Expert Patient Programme: preparing for mainstreaming. South East London Long-term Conditions Collaborative, Euston, London, 6th July

The Expert Patient Programme: preparing for mainstreaming. North East London Long-term Conditions Collaborative, Docklands, London, 25th May

Conference presentations

The RAPPORt study. A national evaluation of health research with patient and public involvement. Paper presented at the INVOLVE conference, Birmingham, 26-27 November 2014

Commissioning for Long-term conditions. Hearing the voice of and engaging users: the role of clinical commissioning groups. Paper presented at SAPC conference, Edinburgh, 9-11 July 2014

Patient and Public Involvement in the English Clinical Commissioning Groups: Access, Agenda & Deliberation. Paper presented at Royal College of Nursing International Research Conference, Belfast, 20-22 March 2013

The RAPPORT study - patient & public involvement in research. Results from a national scoping and survey. Poster presented at Royal College of Nursing International Research Conference, Belfast, 20-22 March 2013

"Getting our voice heard" Evaluating the involvement of people with long term conditions in the commissioning of health services. Paper presented at the International Collaboration of Community Health Nursing Researchers conference, Edinburgh, 13-14 March 2013

The RAPPORT study: ReseArch with Patient and Public invOLvement: a Realist evaluation. Paper presented at the INVOLVE conference, Nottingham, 13-14 November 2012

The repeat prescription: an emblem of trajectory work in long term conditions. Poster presented at the Society of Academic Primary Care conference, Glasgow, 3-5 October 2012

RAPPORT: ReseArch with Patient and Public invOLvement: a Realist evaluation. Findings from a national scoping exercise and survey. Paper presented at the Society of Academic Primary Care conference, Glasgow, 3-5 October 2012

The health information seeking behaviour of older people: preliminary findings. Paper presented at the British Society of Gerontology Conference, Keele University, 11-13 July 2012

Patient experience of integrated long term conditions services. Paper presented at the Royal College of Nursing International Research Conference, Harrogate, 16 - 18 May 2011

Student Research: The Impact of a Public Involvement in Research Group. Poster presented at the INVOLVE Conference, Nottingham, 16-17 November 2010

Evaluating the nursing contribution to chronic disease management: a comparison of four models. Paper presented at the Royal College of Nursing International Research Conference, Gateshead, 11-13 May 2010

The nursing contribution to chronic disease management: a case of public perception? Paper presented at the Royal College of Nursing International Research Conference, Gateshead, 11 - 13 May 2010

A Chronic Disease Self-Management Programme (CDSMP) for people with intellectual disabilities: facilitating the transition to self-management in long-term conditions. Paper presented at the ICCHNR conference, Adelaide, Australia, 16-20 August, 2009

Evaluation of the nurses' role in chronic disease management: the persisting influence of the medical model. Paper presented at the ICCHNR conference, Adelaide, Australia, 16-20 August, 2009

Self-management in long term conditions: Developing a typology of the expert patient.

Paper presented at the Royal College of Nursing International Research Conference, Cardiff, 24-26 March 2009

Grounded theory underpinned by critical realism: developing a typology of the expert patient. Paper presented at the Qualitative Health Research Conference, Banff, Canada, 3-5 October, 2008

Using a whole systems approach to unravel the patient experience of chronic disease management. Paper presented at the Qualitative Health Research Conference, Banff, Canada, 3-5 October, 2008

Evaluation of a chronic disease self-management programme for people with intellectual disabilities. Paper presented at the IASSID conference, Cape Town, South Africa, 26-30 August 2008

Chronic illness self-management: is the concept of the expert patient culturally and gendered defined? Paper presented at the ICCHNR conference, Tokyo, Japan, 30 September- 2 October 2005

Professional responses to expert patients: a grounded theory study. Paper presented at the UK Federation of Primary Care Research Networks Conference, York, 2-3 December 2004 and CRIPACC/HertNet conference, Fielder Centre, University of Hertfordshire, 2-3 March 2005

Nurses' assumptions of self-care in long-term conditions: How are expert patients viewed? Paper presented at the Royal College of Nursing International Research Conference, Cambridge University, 21-24 March 2004

The expert patient and self-care: in whose interest? Paper presented at the "Research for Health in Primary Care: Reality, Impact and Future", International conference, University of Hertfordshire, 21-22 May 2003

First Steps in Primary Care Nursing Research. Paper presented at the Primary Care Nursing Research Unit study day, University College London, Royal free Hospital, 13 November 2002

"Blurred Boundaries": An analysis of district nursing work with people who have long-term illness. Paper presented at the "Nursing and Midwifery Research: Preparing for the Future" Symposium, University of Hertfordshire, 9 November 2001

Developing therapeutic relationships in District Nursing. Paper presented at Barnet PCT District Nursing Conference, 12 September 2001

Doctoral examinations & supervision

Doctoral studies examined: 7

Doctoral students supervised to completion: 1 plus 1 awaiting viva voce

Current doctoral supervision: 4

Current external work

Regional:

National Institute of Health Research (NIHR) Clinical Research Network KSS academic Primary Care Speciality lead

Expert member of the South East NIHR Research for Patient Benefit funding committee

Member of HEKSS Research and Innovation Programme Board

National:

Member of NIHR INVOLVE

Member of Self Management UK (EPP) Advisory Panel

International:

Editorial Board of Journal of Cancer Survivorship (US)

Editorial Board of Primary Care Research and Development

Co-convenor of the International Collaboration in Community Health Nursing Research

Previous external work

Editorial Board of British Journal of Community Nursing

ZonMw programme From Knowledge to Action II (Netherlands) Peer Reviewer

Member of the Management Executive Group, East of England Primary Care Research Network

Member of the East of England NIHR Research Design Service Patient and Public Involvement Working group

Member of the East of England NIHR Research for Patient Benefit funding committee

Member of East and North Hertfordshire CCG Stakeholder Forum

Co-opted member Eastern AHSN Hertfordshire & Bedfordshire Node Board

Co-lead of the East of England CLARHC 2 Patient and Public Involvement Theme

Member of the East of England NIHR Research for Patient Benefit funding committee

Expert member of the Hertfordshire NHS Research Ethics Committee

Academic member of the NHS East of England Patient Experience Programme Board

Member of steering group for the NIHR SDO funded study: "TOPIC: Interprofessional Working for Older People in the Community"

Peer review

Research:

National Institute of Health Research Programme

Grants, HS&DR grant applications and final reports, and

Research for Patient Benefit applications

Parkinson's Disease Society research applications

British Lung Foundation research applications

Multiple Sclerosis Society research applications

Tenovus research applications

British Renal Society

Journals:

Social Science and Medicine
Primary Health Care Research and Development
International Journal of Nursing Studies
Implementation Science
Expert Review of Pharmacoeconomics
Journal of Health Psychology
Health Care Management Review
Psychology, Health & Medicine
Health Sociology Review

Journal of Advanced Nursing
Health Expectations
Sociology of Health and Illness
British Journal of Community Nursing
Supportive Care in Cancer
International Journal of Environmental
Research and Public Health
Health and Social Care in the Community
Quality in Primary Care

Membership of organisations

Society of Academic Primary Care
Int Collaboration of Community Health Nursing Research