



Events round up  
Page 2



CHSS people  
Page 4



CHSS students' India  
placement  
Page 5



MSc opportunities  
with CHSS  
Page 8

# Newsletter

**CHSS**  
University of Kent

Centre for Health Services Studies

Issue 23 / Spring/Summer 2016

## EXCEPT project: giving a voice to Europe's youth

The EXCEPT project unites 10 European teams to study the risks of youth labour market exclusion in EU-28 and Ukraine. EXCEPT engages with young people to gain insight and opinion and has launched a photographic competition for 18-30 year olds.

The University of Kent EXCEPT team recently held a number of successful engagement events. These included a 'graffiti wall' at Canterbury College, and a 'rant box' event to gather individual, emotional responses to unemployment.

*(See page 2 for more details)*



Excellence in health research

# CHSS events report

(Continued from front cover)

## EXCEPT project: giving a voice to Europe's youth

Part of the EU Horizon 2020 Social Exclusion research programme, EXCEPT studies national policies tackling youth exclusion, and works to develop evidence-based policy recommendations for inclusion and employment. The project asks important questions:

- What is the relationship between labour market disadvantages and health and well-being in groups of young people across EU-28 and Ukraine?
- How do 18-30 year olds in disadvantaged job market positions rate their wellbeing and cope with health problems?
- Can young people achieve economic independence and establish their own homes and families?

## EXCEPT photo competition 'You(th)Vision: Becoming Adult Today'

Young people aged 18-30 are invited to provide visual opinions, emotional experiences and associations around becoming an adult.

You can see the inspiring winning images to date, at [www.except-project.eu/competition-photos](http://www.except-project.eu/competition-photos), including our front cover shot from Philipp Kudella, Germany, 22.

Follow project updates on the EXCEPT website: [www.except-project.eu](http://www.except-project.eu)

Funded by European Union's Horizon 2020 research and innovation programme grant agreement no649496



## KAPCU training focuses on kidney disease

**In April, EKHUFT Renal Consultant Dr Ian John delivered Kent Academic Primary Care Unit's (KAPCU) first clinical training session at the University of Kent Medway campus.**

The event was aimed at GPs but attracted many other interested colleagues and triggered plenty of participation. Ian's session focused on acute kidney injury (AKI).

CHSS and EKHUFT Clinical Professor, Chris Farmer's research seminar stressed the need for more primary and secondary care research

and PPI (patient and public involvement). He highlighted his work with alert systems technology and patient self-monitoring.

For future KAPCU seminar details, visit our events page or contact: Helen Wooldridge  
E: [H.L.Wooldridge@kent.ac.uk](mailto:H.L.Wooldridge@kent.ac.uk)

## CHSS PPI Group launched

**Building on the success of last year's 'Let's Talk' public event, on 5 April CHSS held its first patient and public involvement (PPI) group meeting 'closing the loop'.**

Those attending were keen to learn about different types of involvement in research, and about current CHSS projects. Researchers at CHSS could hear the concerns and views of the public first-hand.

Public Engagement Officer Amanda Bates has been working with local patient groups to develop a close working relationship. The ultimate goal is to involve the public as researchers.

Amanda said: 'I am delighted that this first PPI meeting was so well attended, and full of lively discussion. I look forward to the group becoming an integral part of CHSS. With training and support they can become a crucial element in the research process at all stages.'



Feedback from the public was very positive. One person commented: 'I really enjoyed discussing shared experiences and working in small groups. It was a very sociable and easy meeting'.

For details contact Amanda Bates  
E: [A.J.Bates@kent.ac.uk](mailto:A.J.Bates@kent.ac.uk)  
T: 01227 824406

## Now booking!

### KAPCU Seminar 23 June 2016

'Physician Associates in primary care in England: insights from a national study' Vari Drennan, Professor of Health Care and Policy Research, Kingston University and St George's University of London (Re-scheduled from Kent Academic Primary Care Unit Seminar programme December 2015).

See CHSS events page for more details or contact Helen Wooldridge:  
[H.L.Wooldridge@kent.ac.uk](mailto:H.L.Wooldridge@kent.ac.uk)

## 2016 International Collaboration for Community Health Nursing Research (ICCHNR)

**International Symposium: 'Changing populations, changing needs: Directions and models for community orientated primary care' 15-16 September 2016, University of Kent**

CHSS are hosting the two-day ICCHNR Symposium. The programme will appeal to a multidisciplinary audience.

It includes an exciting list of international speakers who lead in research and development of innovative models of care.

For more details, visit [www.icchnr.org](http://www.icchnr.org)



Look out for all future CHSS events on our NEW calendar and on Twitter.  
[www.kent.ac.uk/chss/events/events.html](http://www.kent.ac.uk/chss/events/events.html)

# Research news...

## CHSS Artist in Residence is Creative Champion

Leah Thorn became Creative Champion of the Year at the Kent Creative Awards for her innovative work on Dementia.

In 2015, feminist and poet Leah undertook a ten month residency at CHSS supported by a Leverhulme Trust Artist in Residence Award. She worked with CHSS Professor of Primary Care Patricia Wilson and in collaboration with Carrie Jackson at the England Centre for Practice Development, Canterbury Christ Church University.

Leah's residency supported her in completing a film 'watch' about Dementia which stimulated debate and made viewers question many assumptions. Professor Wilson hopes Leah's work will encourage researchers and practitioners to see challenges in a different way and lead to new solutions.



Leah said 'It was an honour to be nominated for the Award and winning it is a great recognition of the power of creativity as a tool for change. It's an award for me, but also for the many people who provided such inspiring stories.'

Congratulations Leah!

## CHSS hosts Palliative Care Research Group



**CHSS launched the group with support from Pilgrims Hospices in East Kent and KentHealth. It unites academic and clinical palliative/ end of life care researchers from Kent and Medway hospices, NHS Trusts and universities. Together they will support and develop palliative care research to improve quality of care and life for patients and families faced with life-limiting illness.**

Associate CHSS staff Member Charlotte Brigden is Research Facilitator at Pilgrims Hospices:

'After just a couple of meetings the group have brought promising ideas to the table. The meetings are a springboard to push these ideas forward and promote knowledge exchange between colleagues'.

For further information email [charlotte.brigden@pilgrimshospices.org](mailto:charlotte.brigden@pilgrimshospices.org), or visit the palliative care group page on the CHSS website.

## Public health and obesity in England – the new infrastructure examined

Since April 2013, CHSS has been involved in a project commissioned by the Department of Health from the Policy Research Unit in Commissioning and the Healthcare System (PRUComm) directed by Professor Stephen Peckham.

Undertaken with colleagues at the University of Manchester, the project examined the changing English public health system. Changes which resulted from the Health and Social Care Act (2012) have had profound implications for public health organisation and delivery.

The final project report is now with the Department of Health. Overall our research suggests that development of England's new public health system is still in progress. The internal organisation of public health in Local Authorities, the NHS and Public Health England are in a continuing state of flux. Earlier interim reports are available on the PRUComm website [www.prucomm.ac.uk](http://www.prucomm.ac.uk).

In February Stephen Peckham and Dr Erica Gadsby from CHSS were invited to make a private presentation of the project findings to the House of Commons Health Select Committee. The session informed the Committee of key issues around its recently commenced investigation of the new English public health system.

# CHSS people

## Professor Sally Kendall – working for healthier communities at home and abroad

Sally Kendall joined CHSS in April as Professor of Community Nursing and Public Health from the University of Hertfordshire.

With 30 years' academic experience and a background in nursing and health visiting, she will

develop new areas of multidisciplinary research, extending CHSS' health policy work to implementation in community and public health settings.



Sally is also a visiting fellow at Murdoch University, Australia. She will continue her work developing the international community and public health perspective through work in Australia and with the European Primary Care Forum.

Sally is co-editor in chief of internationally recognized journal Primary Health Care Research and Development. She is also an Executive Member of the European Forum for Primary Care.

### Welcome Sally, are you enjoying being at CHSS

'I thoroughly enjoyed my 15 years at Herts but I'm loving being here at Kent! It's such a beautiful campus and city. Being part of a big University means there's exciting potential to link with different disciplines and I'm ready for new challenges. I worked with Tricia Wilson (CHSS Professor of Primary and Community Care) at CRIPACC before she came to CHSS in 2014 and have worked with Stephen (Peckham) on several projects, so there are old friends here too.

### Tell us about your early career

I've been lucky to have had great opportunities. My nursing degree at Southbank was very innovative, with a lot of community and research emphasis, which I loved. After working in gynaecology at St Stevens Hospital, Fulham I did a Health Visiting Diploma. I liked the idea of working with families in their homes within the community – I prefer the natural environment to the artificial hospital setting. I was a Health Visitor in London for over two years, working with a wide range of families. I loved it, but I always questioned what we did and had a real urge to do more research.

### How did your move into research come about?

I applied and secured a research post at Kings College working on a smoking cessation study for four years. It was a great and very 'me', working in public health in the community. I completed my PhD at the same time. It took six years because I had a baby in my lap; I look back now and think that was quite an achievement! My thesis was 'Client participation in the health visitor/client interaction' and after that I went to my first lecturing post at Buckinghamshire College.

### And then you made another move...

I went to Bucks to develop a new nursing degree. It was the early 90s and Polytechnics and Colleges were converting to Universities so there was a big expansion in teaching and research programmes. I had my first PhD supervision experience. I became a reader there and built up a small primary care research centre. We developed the first Primary Care Research Network. It was a big success and our model was adopted in other regions. By 1999 I was ready for a new challenge so I applied to the University of Herts as Professor of Nursing.

### What was your experience there?

I became Director of the Centre for Research in Primary and Community Care (CRIPACC) and I worked to build up REF (then the Research Assessment Exercise) performance. We went from a 2\* rating in 1992 to a 4\* in 2001. I became the 'go to' person for the REF and managed the subsequent rounds. I became Associate Dean for Research in 2012.

### Can you talk a little bit about your work in Australia?

I'm absolutely passionate about it! We work with aboriginal parents in Western Australia on how they give birth in their communities and their early parenting experiences. The huge inequalities between aboriginal people and the white Australian community are striking in terms of housing, access to services, mental health and child health. Glue ear and speech and language difficulties are very common, and there are problems around foetal alcohol syndrome and domestic violence. But it's a real privilege to work with the team and go out to meet the families.

### What are you most looking forward to at CHSS?

I'm excited about establishing new collaborations and projects in different disciplines, and being at the cutting edge of research supervision; working with students to develop the PhD community. There are challenges in working with a constantly changing NHS and health policy to make the big public health changes we want, but I'm ready for a challenge.

### What do you like doing away from research?

I love the outdoors, so I enjoy gardening, growing things on my allotment and I love walking. I also have a passion for travelling. My dream trip would be to go from Moscow to Beijing on the trans-Siberian railway!

Sally is co-convenor of the International Collaboration of Community Health Nursing Research, with Professor Tricia Wilson, ([www.icchnr.org](http://www.icchnr.org)).

Together they will co-host the two day ICCHNR symposium in September (see page 2).



Find out more about Sally and her work on her staff webpage: [www.kent.ac.uk/chss/staff/research/kendall.html](http://www.kent.ac.uk/chss/staff/research/kendall.html)

- 1 Hunar Ghan
- 2 Joshna Ganger
- 3 Wuraola Obadahun
- 4 Safe Motherhood Programme in action

## CHSS students undertake charity project in Rajasthan



1

Joshna Ganger and Wuraola Obadahun are students on the one year Intercalated BSc Management in Primary Care. In June they will visit Bakhel, a remote community in Rajasthan in northern India, to work with Educate for Life. They will spend a month working to help improve maternal and child health information used by Educate for Life's community health team to deliver healthcare and advice to women.

Educate for Life is a small charity which integrates education, healthcare and community work. It runs Hunar Ghar, an innovative school, which also acts as a hub for the delivery of community healthcare and development services. A key service is a carefully developed Safe Motherhood Programme. This gives pregnant women in the community quality advice and counselling, and helps them to access better care.

Joshna and Wuraola will work on key documents which the charity's community health workers use as part of the Safe Motherhood Programme, to improve the service provided to women and 0-5 year old children. They will review materials in use, develop them to a higher standard and pilot them in the community. They will then create final versions for roll out to other communities.



2



3

- Mother and Child Records document details of all visits that health workers make, and will be expanded to be interaction based and more user friendly
- Mother and Child Booklets are given to mothers to help them care for their babies, including information on vaccinations, breastfeeding and child health awareness
- A healthcare manual gives information to enable the health workers to support mothers effectively in the community

Joshna and Wuraola's work aims to improve the standard of home visits and how health care interactions are recorded. It will also ensure that mothers have better information on caring for themselves and their babies.



4

CHSS Professor of Primary and Community Care, Tricia Wilson said: 'Visiting this fantastic project will be an amazing experience for our students. I'm looking forward to hearing all about their experiences when they get back to the UK'.

Find out more about Educate for Life by watching a short YouTube video (Search 'Educate for Life: Hunar Ghar') or visit [www.educateforlife.org.uk](http://www.educateforlife.org.uk)

# Latest publications

## New selected CHSS publications 2015/16

Giles E L, Scott S, **Coulton S**, Deluca P, Drummond C et al (2015) Development of a multicentre randomised controlled trial of screening and brief alcohol intervention to prevent risky drinking in young people in a high-school setting (SIPS JR-HIGH) *Lancet* 386 (Supp 2) S37 ISSN 0140-6736 E-ISSN 1474-547X

Donoghue K, Rose A, **Coulton S**, Milward, J. et al (2016) Double-blind, 12 month follow-up, placebo-controlled trial of mifepristone on cognition in alcoholics: the MIFCOG trial protocol. *BMC Psychiatry* 16 ISSN 1471-244X

Wouters O J, Cylus J, **Yang W**, Thomson S & McKee M (2016) Medical savings accounts: assessing their impact on efficiency, equity and financial protection in health care. *Health Economics, Policy and Law* ISSN 1744-1331

**Yang W** (2016) How does the pharmaceutical industry influence prescription? A qualitative study of provider payment incentives and drug remunerations in hospitals in Shanghai. *Health Economics, Policy and Law* ISSN 1744-1331 (In press)

Bedford M, Stevens P, **Coulton S**, **Billings J**, Farr M, Wheeler T, Kalli M, Mottishaw T & **Farmer C** (2016) Development of risk models for the prediction of new or worsening acute kidney injury on or during hospital admission: a cohort and nested study. *Health Services and Delivery Research* 4 (6) ISSN 2050-4349

Carter J L, Parker C T, Stevens P E, Eaglestone G, Knight S, **Farmer C K** & Lamb E J (2016) Biological Variation of Plasma and Urinary Markers of Acute Kidney Injury in Patients with Chronic Kidney Disease. *Clinical Chemistry* ISSN 0009-9147. E-ISSN 1530-8561

Crossman T, Warburton F, Richards M A, Smith H, Ramirez A Z & **Forbes L J L** (2016) The role of general practice in the diagnosis of oral cancer. *British Journal of Oral and Maxillofacial Surgery* 54 (2) pp 208-212. ISSN 0266-4356. E-ISSN 1532-1940

**Nizalova O** & Murtazashvili I (2016) Exogenous treatment and endogenous factors: vanishing of omitted variable bias on the interaction term. *Journal of Econometric Methods* 5 (1) pp 71-77 ISSN 2194-6345. E-ISSN 2156-6674

**Nizalova O** & Sliusarenko T & Shpak S (2016) The Motherhood Wage Penalty in Times of Transition. *Journal of Comparative Economics* ISSN 0147-5967

Morrissey Y, Bedford M, Irving J & **Farmer C K** (2016) Older people remain on blood pressure agents despite being hypotensive resulting in increased mortality and hospital admission. *Age and Ageing* ISSN 0002-0729. E-ISSN 1468-2834 (In press)

## Olena Nizalova appointed Managing Editor of VoxUkraine

VoxUkraine is an independent, non-partisan platform, founded and managed by expert economists and lawyers within and outside Ukraine. It supports economic reforms in Ukraine through research-based policy analysis.



Olena is a Senior Research Fellow in Health Economics for CHSS and the Personal Social Services Research Unit (PSSRU). She is involved in several projects and leads the UK team for EXCEPT.

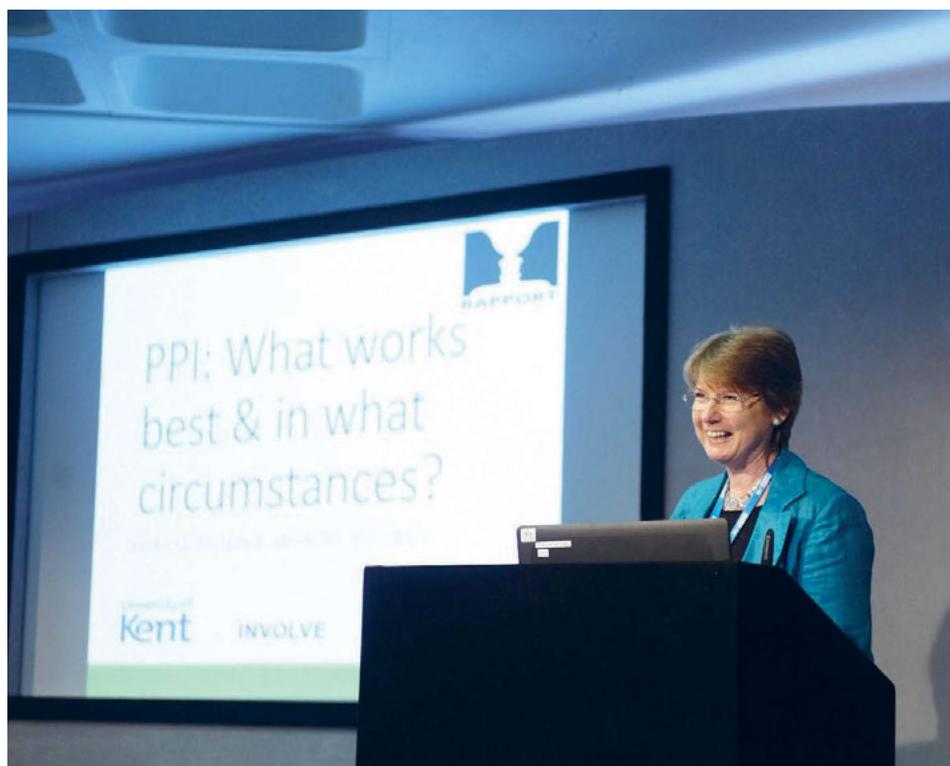
She will provide editorial policy input, assigning manuscripts for review, and posting on topics relevant to healthcare and public health reform.

Working to integrate Ukraine into the global network of economists and public policy leaders, VoxUkraine has become a major voice in the Ukrainian policy debate.

Find out more on the VoxUkraine website <http://voxukraine.org/about/>

# Other news

## Ten years of the NIHR



On 18 May, the impressive QEII conference Centre, Westminster hosted a celebration of ten years of the National Institute for Health Research (NIHR). Headline speakers including Professor Dame Sally Davies, highlighted the contribution of NIHR-funded research to UK healthcare, policy and practice.

CHSS Professor of Primary and Community Care Patricia Wilson (pictured above) presented at a pre-conference workshop on patient and public involvement. CHSS staff member and NIHR public contributor Helen McGregor also attended.

The contributions of patients who spoke with passion and conviction about their personal experiences of research, were a moving reminder of the need for and value of health research.

For more information, visit the NIHR at Ten website [www.nihr.ac.uk/about/nihr-at-10.htm](http://www.nihr.ac.uk/about/nihr-at-10.htm)

**NHS**  
**National Institute for  
Health Research**

## News from NIHR Research Design Service South East

### RDS SE welcomes Senior Co-ordinator Emma Doohan

Emma has a background in public health. Based primarily in Kent, she will oversee operational activity across the three host University sites at Kent, Brighton and Surrey.



Before joining the RDS Emma worked as a Project Manager at the National Institute for Health and Care Excellence in London.

### Applying for health research funding? Free advice and support from Research Design Service South East

Since 2008 CHSS has hosted the RDS SE at the University Kent. The service also operates from the Universities of Brighton and Surrey. Funded by the National Institute for Health Research (NIHR) the RDS support teams and individuals preparing proposals for submission to health and social care research funders.

See more at: [www.rds-se.nihr.ac.uk](http://www.rds-se.nihr.ac.uk)

## CHSS mental health researchers on VIP guest list at Royal Albert Hall

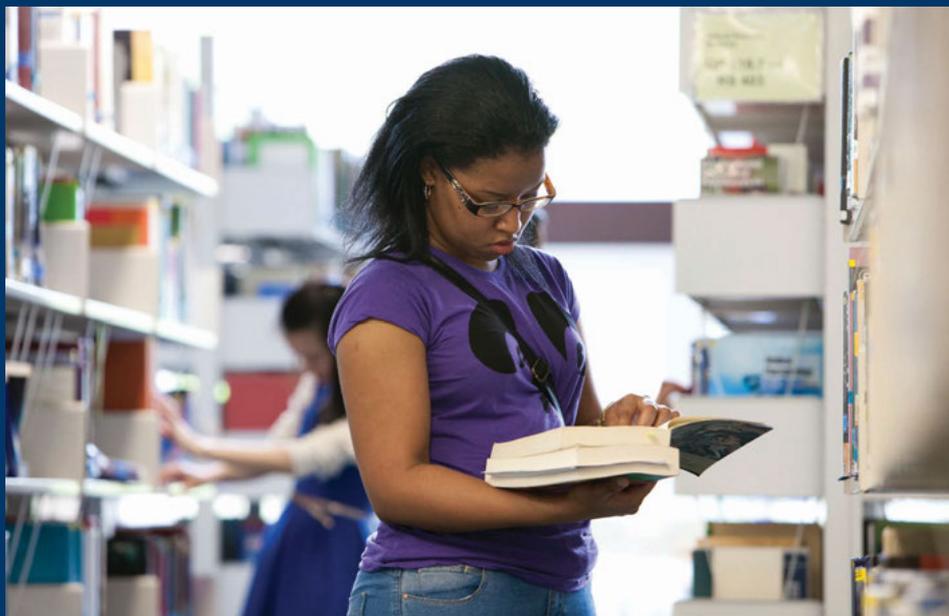
Senior Research Fellow Dr Kate Hamilton-West and Research Fellow Tracy Pellatt-Higgins, are guests of honour at an event with Sri Sri Ravi Shankar, founder of the International Association for Human Values (IAHV).

The evening of wisdom, meditation and music will take place on 19 June. A report will feature in the next CHSS newsletter.

# Staff news

Information about all CHSS staff can be found on our website: [www.kent.ac.uk/chss/staff/index.html](http://www.kent.ac.uk/chss/staff/index.html)

## MSc Applied Health Research scholarship and internship opportunities for tomorrow's health researchers



The MSc Applied Health Research equips you with skills to design, carry out and publish research in health care.

CHSS is awarding one Scholarship for the MSc Applied Health Research starting in September 2016. The award is competitive and covers tuition fees at the Home/EU rate of £5,430.

Closing date Friday 17 June 2016

For further information contact Dr Kate Hamilton-West  
[K.E.Hamilton-West@kent.ac.uk](mailto:K.E.Hamilton-West@kent.ac.uk)

An Internship with Clinical Outcomes Solutions Ltd, Folkestone is available on a full-time (after completing MSc), or part-time (during second year of part time MSc) basis, over 6-12 months.

Full details on our website:  
[www.kent.ac.uk/chss/study.html](http://www.kent.ac.uk/chss/study.html)

## Welcome to new staff...

**Sally Kendall**  
Professor of Community Nursing and Public Health

See page 4

**Emma Doohan**  
Senior Coordinator  
NIHR Research Design Service SE

See page 7

**Sabrena Jaswal**  
Research Assistant

Sabrena joined CHSS in March to undertake work involving integrated models of care and is currently researching Vanguards.

## Jolly Good Fellows!

Congratulations to CHSS staff members on well-deserved promotion recognising their contribution to CHSS and the University.

**Dr Olena Nizalova** has been made Senior Research Fellow in Health Economics.

**Dr Sarah Hotham** and **Dr Wei Yang** have been promoted to Research Fellow.

Read more about Olena, Sarah and Wei on our CHSS Staff page.  
[www.kent.ac.uk/chss/staff/index.html](http://www.kent.ac.uk/chss/staff/index.html)

## About CHSS

CHSS is a centre of research excellence which undertakes high quality research into a wide range of health systems and health services issues at local, national and international levels. CHSS also supports and advises health care staff to develop and undertake research projects. CHSS collaborates with a wide range of partners in Kent, the UK and in other countries to improve the links between research, policy and practice.

Please see the CHSS website for details of current and previous research and publications.

Details of current CHSS vacancies and studentships can be found at: [www.kent.ac.uk/chss/vacancies.html](http://www.kent.ac.uk/chss/vacancies.html)

