## LANGUAGE EXPRESS
### RUSSIAN BEGINNERS (A1)

## LESSON SCHEDULE – AUTUMN TERM

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<th>LESSON</th>
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<th>EXAMPLE LANGUAGE AREAS</th>
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| 1      | Introduce yourself (formal and informal manners of greeting and parting, saying your name, asking about other people’s names). | **Grammar:** Russian alphabet & sounds. **Speaking practice:** Greetings. Saying Goodbye. Expressions of politeness.  
- Hello! – Здравствуйте!  
- Goodbye! – До свидания!  
- My name is… - Меня зовут...  
- Thank you. – Спасибо.  
- Excuse me. – Извините. | Teacher’s handouts and homework.  
| 2      | Me and my family (explaining that you are a student, about your family members and what you study and where, and what is your nationality). | **Grammar:** Omission of the verb “to be” and articles, use of personal pronouns and gender. **Reading practice.** **Speaking practice.**  
- Family – семья  
- I am a university student. – Я – студент(ка) университета.  
- My family lives in England. – Моя семья живёт в Англии.  
**Genders:**  
- офис, трамвай – masculine  
- школа, армия – feminine  
- море, окно – neuter | Teacher’s handouts and homework.  
| 3      | Asking for and giving directions (how to get to certain locations or destinations within a city and by what means of transport). | **Vocabulary:** Russian numbers from 1 to 10.  
**Grammar:** Russian intonation in different sentences. The endings of the present tense of verbs. **Reading practice.** **Speaking and listening practice.**  
- City/town – город  
- hotel – гостиница/ отель  
- train – поезд  
- bus – автобус  
- far – далеко  
- not far – недалеко  
- straight ahead - прямо  
- to the right - направо  
- to the left – налево  
- Excuse me please, where is the store? – Извините, пожалуйста, где магазин? | Teacher’s handouts and homework.  
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<th>Ordering drinks in a cafe or a restaurant (how to ask about and order different drinks).</th>
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<td><strong>Grammar:</strong></td>
<td>Russian negative sentences. Interrogative words. Possessive pronouns.</td>
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<td><strong>Reading practice:</strong></td>
<td>Speaking and listening practice.</td>
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<td><strong>Examples:</strong></td>
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| &bull; Tea – чай
&bull; coffee – кофе
&bull; milk – молоко
&bull; What would you like to drink? – Что Вы хотите выпить?
&bull; I would like to drink coffee without milk. – Я хочу выпить кофе без молока. |
| **Teacher’s handouts and homework:** | Course book 'Confident Russian', pp.24-26, p.42. |

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<th>Describing your living room (what size is your living room, what items of furniture, decorations, etc. there are in your living room).</th>
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<td><strong>Vocabulary:</strong></td>
<td>Russian numbers from 11 to 29.</td>
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<td><strong>Grammar:</strong></td>
<td>Sentences with a question “Have you got...?” The prepositional case.</td>
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<td><strong>Examples:</strong></td>
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| &bull; Living-room – гостиная
&bull; house – дом
&bull; flat – квартира
&bull; My living room is small. – Моя гостиная маленькая.
&bull; Have you got a fireplace? – У Вас есть камин? |
| **Teacher’s handouts and homework:** | Course book 'Confident Russian', p.28, p.67. |

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<th>The weather 1 (introduction to some basic descriptions of weather conditions and seasons).</th>
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<td><strong>Vocabulary:</strong></td>
<td>Russian numbers from 30 to 199.</td>
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<td><strong>Grammar:</strong></td>
<td>Adjectives in the nominative case.</td>
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<td><strong>Examples:</strong></td>
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| &bull; Adjectives:
&bull; холодный – masculine
&bull; холодная – feminine
&bull; холодное - neuter |
| **Teacher’s handouts and homework:** | Course book 'Confident Russian', p.153, pp.41-42. |

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<th>The weather 2 (listening to a dialogue which includes a discussion about the weather and other expressions learned in the previous lessons).</th>
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<td><strong>Vocabulary:</strong></td>
<td>Russian numbers from 30 to 199.</td>
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<td><strong>Grammar:</strong></td>
<td>Plural nouns. Expressing possibility/ impossibility/ necessity.</td>
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</table>
| &bull; Plural nouns:
&bull; школа – школы
&bull; библиотека – библиотеки
&bull; поезд – поезда |
<p>| <strong>Teacher’s handouts and homework:</strong> | Course book 'Confident Russian', p.67, p.90, p.84-85, p.87. |</p>
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### Possibilities:
- it is possible, one may – можно
- it is not possible, forbidden – нельзя
- it is necessary – надо/ нужно

### Vocabulary:
**Colours in Russian.**

- morе – моря

**Grammar:** The accusative case.

**Speaking practice.**

- Clothes – одежда
- expensive – дорогой
- cheap - дешёвый
- How can I help you? – Как я могу Вам помочь?
- I would like to buy... – Я хочу купить...
- How much does it cost? – Сколько это стоит?

### 8 Clothes shopping
(how to ask about and buy different types of clothes, using colours, and ask for a price).

**Vocabulary:** Colours in Russian.

**Grammar:** The accusative case.

**Reading practice.**

**Speaking practice.**

- Clothes – одежда
- expensive – дорогой
- cheap - дешёвый
- How can I help you? – Как я могу Вам помочь?
- I would like to buy... – Я хочу купить...
- How much does it cost? – Сколько это стоит?

**Teacher's handouts and homework.**

**Course book 'Confident Russian', p.64, pp.118-120.**

### 9 Food shopping
(how to buy different types of food in a food store or market, and ask about its weight and price).

**Vocabulary:** Russian numbers from 200 to 1000.

**Grammar:** The animate accusative case of nouns and personal pronouns. Plural adjectives.

**Reading practice.**

**Speaking practice.**

- Food – еда
- food store - гастроном
- Where can I buy some bread? – Где я могу купить хлеб?
- What types of cheese do you have? – Какие виды сыра у вас есть?

**Teacher's handouts and homework.**

**Course book 'Confident Russian', pp.111-112, p.81.**

### 10 Revision.
Christmas traditions in Russia and greetings.

**Practice exercises provided by the teacher.**

**Teacher’s handouts.**
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</table>
| 11     | Clothes & food shopping (revision). | **Grammar:** The past tense of verbs.  
*Reading practice.*  
*Listening practice.*  
The past tense:  
- ви́дел, был – masculine  
- купи́ла, была – feminine  
- свети́ло, было – neuter  
- понима́ли, были – plural  
| Teacher's handouts and homework.  
| 12     | Ordering food at a restaurant 1 *(how to order Russian traditional food and ask for a bill).* | **Grammar:** The dative case.  
The dative case of personal pronouns.  
The demonstrative pronouns "этот", "тот".  
*Reading practice.*  
*Speaking practice.*  
- Breakfast – завтрак  
- lunch – обед  
- dinner, supper – ужин  
- What do you want to order? – Что Вы хотите заказать?  
- Can I order...? – Можно заказать...?  
- Bon appetit! – Приятного аппетита!  
| Teacher's handouts and homework.  
| 13     | Ordering food at a restaurant 2 *(listening to a dialogue which includes ordering food by a Russian family).* | **Grammar:** The genitive case.  
*Reading practice.*  
*Listening practice.*  
- First course – первое блюдо  
- second course – второе блюдо  
- dessert – десерт  
- wine list – список вин  
- bill - счёт  
| Teacher's handouts and homework.  
| 14     | Customs and passport control 1 *(introducing yourself at the passport control, telling about your intentions in travelling to and within Russia, duration of your stay and what you are bringing with you).* | **Vocabulary:** Days of the week.  
**Grammar:** The genitive case of personal pronouns.  
**Constructions** "Как зовут...?", "Как называется...?"  
*Reading practice.*  
*Speaking practice.*  
- Passport – паспорт  
- visa – виза  
- surname – фамилия  
- name - имя  
- What is the purpose of your trip to Russia? – Цель Вашей поездки в Россию?  
- I am on holiday in Russia. – Я в отпуске в России.  
| Teacher's handouts and homework.  
Course book 'Confident Russian', p.112, p.79. |
- Customs – таможня  
- customs officer – таможенник  
- suitcase – чемодан  
- duty – пошлина  
- How many days will you be in Russia? – Сколько дней Вы будете в России?  
- Do you have any more luggage? – У Вас есть ещё багаж?  
- You will have to pay duty. – Вы должны заплатить пошлину. | Teacher's handouts and homework.  
| 16 | Revision. | Practice exercises provided by the teacher. | Teacher's handouts. |
| 17 | At the airport 1 (how to ask about a flight, its arrival or departure, how to exchange money at the airport and hire a car). | Grammar: The instrumental case of personal pronouns. The instrumental case after the verbs "быть", "работать", "стать". Reading practice. Speaking practice.  
- Flight – рейс, полёт  
- aircraft – самолёт  
- departure – вылет  
- arrival – прилёт  
- What is your flight number? – Какой номер Вашего рейса?  
- How many hours is the flight? – Сколько часов полёт? | Teacher's handouts and homework.  
Course book 'Confident Russian', p.82. |
| 18 | At the airport 2 (listening to a dialogue between two tourists at Moscow airport). | Grammar: Imperfective future tense and the verb "быть". Reading practice. Listening practice.  
- Where can I exchange some money? – Где я могу обменять деньги?  
- I would like to hire a car. – Я хочу взять машину напрокат.  
- How much does it cost a day? – Сколько это стоит в день? | Teacher's handouts and homework.  
Course book 'Confident Russian', pp.87-88, p.124. |
| 19 | At the post office (how to send different types of letters or parcels, including purchase of stamps and envelopes, use of postal address). | Vocabulary: Adverbs of time. Time phrases. Grammar: Giving information about one's age. Reading practice. Speaking practice.  
- Today – сегодня  
- yesterday – вчера  
- tomorrow – завтра | Teacher's handouts and homework.  
Course book 'Confident Russian', pp.169-170, p.175. |
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<th>Discussion about life in Russia (main facts about Russia, Russian traditions, culture, etc.)</th>
<th>Revision. Reading practice.</th>
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- post office – почта
- package, parcel – бандероль, посылка
- home (work) address – домашний (рабочий) адрес
- I want to send a letter to England. – Я хочу послать письмо в Англию.
- What is your post code? - Какой Ваш почтовый индекс?
- Sign the document, please! – Подпишите документ, пожалуйста!