

Song of the Goat Theatre

ACTORS TECHNIQUES WORKSHOP

Grzegorz Bral and Anna Zubrzycka, together with the actors of Song of the Goat offer workshops for all ages and levels of experience – the material and techniques offered in them are adapted to suit each particular group. The participants will learn by experiencing:

Coordination

- the primary, most significant element of the work – naturally linking together and integrating voice and movement within the individual as well as between a partner and the whole group, between dance and word, rhythm and sound. It is taking space and giving space, partnership on the stage – supporting partners and receiving support. The experience of coordination is extended by:

Harmony

- the individual voice and movement in harmony with the voices and movement of the whole group.

Polyphony

Song of the Goat's performance and training are polyphonic in structure, hence the actor's task is to master and perfect the technique of polyphony. There is a possibility of articulating the particular sense of each part of the dramatic structure through a specific 'voice' – just as in a song, multiple harmonies heard all at once allow the listener to hear many different meanings simultaneously.

Rhythm

- understanding rhythm individually as well as in relation to the group. Rhythm in itself may express the content and meaning of a dramatic structure, linking distant elements and themes within it.

Dramaturgy

- actors relate to an external, set dramaturgy yet they possess an inner one as well. This is expressed by their conscious use of body, voice, breath – of their awareness of themselves both as an instrument and a source of narration.

Acrobatics

- these are exercises which challenge actors and give them a new experience of their body – yet, in order to conquer the physical barriers impeding this process, the emphasis is on building trust and mutual support within the group.

Singing Body

- an original autonomous result of the training work of Song of the Goat. It is the ability to transpose song and word into movement of the body, and vice versa; experiencing the body as music – a melodic and rhythmical vibration.

For more information, please email workshops@piesnkozla.pl
or visit our website at www.piesnkozla.pl