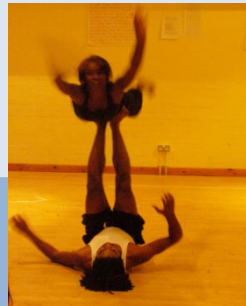


ACTOR - CHORUS - TEXT

A Workshop in Musicality, Movement and Shakespeare

12th - 17th May 2008. Srebrna Góra, Poland. Fee: 250 Euro

A dynamic, physical and musical theatre training that aims for the heart, awakens the spirit and opens the mind's eye. Led by **Anna-Helena McLean** and **Dawid Żakowski** with Indian Harmonium & 'cello, this work incorporates training from the Polish theatre company's, **Gardzienice** and **Studium Teatralne**. The process draws on yoga, chorus work, acrobatic partner exercises, the art of gesture, indigenous folk & gypsy songs and original music to explore scenes from one of 3 Shakespeare plays, Romeo and Juliet, The Tempest and A Midsummer Night's Dream. The workshop aims to ignite a spark of inspiration in each individual, opening the body, thought and emotion through the group experience. This workshop is suitable for professionals and students of music, dance and theatre as well as practitioners interested in a psycho-physical approach to performance and text. The workshop will be conducted in English and Polish and texts can be worked on in the participant's first language.



Dawid Żakowski - Poland MA in Polish Literature. 1997 -2007 actor in Studium Teatralne, Warsaw - Poland, directed by Piotr Borowski for ten years (www.studiumteatralne.pl). Dawid co-developed the company training and led workshops for actors and students in Poland and abroad (Caracas, Venezuela 2001), Canterbury, England (2003 & 2005), Naples, Italy (2006). As well as co-directing and playing the lead in "Henryk.Hamlet.Hospital", Dawid worked on, *Północ / Midnight* (1998), *Człowiek / Man* (2000), *Parsifal* (2001), *Hamlet* (2003), *Niżyński / Nijinsky* (2004), *Henryk Hamlet Hospital* (2006) and *Bramy raj / Gates of Paradise* (2007). In 2006 he was awarded best actor at 2 Festival Iberoamericano di Teatro (Mar del Plata - Argentina). Dawid most recently directed '1/3 , a 'project based on King Lear by William Shakespeare in CSW in Warsaw and he is presently developing new work with other Shakespearean text.

Anna-Helena McLean - UK BA Hons in Music & Drama, trained as a classical cellist. 7 years a principal member of the Gardzienice Centre, directed by W Staniewski. Played Electra with the company until 2007 (Barbican: BITE in 2006, LaMama NYC 06). Directed & composed *The Lear, 2006. Leads work on Actor – Chorus – Text at the RSAMD & runs* international workshops, Archetypes, Voice, Musicality and Text with Pamela Prather (Yale School of Drama). Played & sung for bands Tarankhan (Italy), Le Trio Perdu (Belgium) & Luminescent Orchestrii (NYC). Composer for Gardzienice, *The Lear, Company Collisions Nothing Left To Lose (LIMF 07) & Periplus's Arquiem (RNT 06&07)*. *Founder and Director of a* new international company called, Moon Fool and principal collaborating artist in AWAKE directed by Christopher Sivertsen.

ENQUIRIES/BOOKINGS - dawid.zakowski@gmail.com Tel PL 0048 (0) 696 585 354. A CV, letter of introduction plus 100 Euro deposit required to confirm a place. Application deadline: the 1st of May.

PREVIOUS WORKSHOP FEEDBACK:

"The main thing that I will take away from this is the idea of unity in the actor: bringing speech, song, dance, and gesticulation together so that they are all one thing, not kept separate or thought about as separate things."

"I feel that this work broke me down till I had nothing left... then brought me up again taking my body and mind to a level I never knew I had. Feeling so much part of a group is an amazing experience and one I will not forget!"