SECTION 1: MODULE SPECIFICATIONS

1. The title of the module
   Classical Ballet Technique (BP1BT)

2. School or partner institution which will be responsible for management of the module
   Northern School of Contemporary Dance

3. The Start Date of the Module
   September 2006 (revised version start date September 2014)

4. The number of students expected to take the module
   55

5. Modules to be withdrawn on the introduction of this proposed module and consultation with
   other relevant Departments and Faculties regarding the withdrawal
   N/A

6. The level of the module (eg Certificate [C], Intermediate [I], Honours [H] or Postgraduate [M])
   C

7. The number of credits and the ECTS value which the module represents
   15

8. Which term(s) the module is to be taught in (or other teaching pattern)
   Terms one, two and three

9. Prerequisite and co-requisite modules
   N/A

10. The programmes of study to which the module contributes
    BPA (Hons) Contemporary Dance

11. The intended subject specific learning outcomes

   11.1 demonstrate a basic understanding of the fundamentals of ballet technique in relation
       to individual placement and physical structure, in order to access range and quality of
       movement
   11.2 demonstrate a basic understanding of transference of weight in a variety of contexts
   11.3 demonstrate a fundamental ability to use breath, weight and suspension to enhance
       phrasing and dynamic diversity, developing both technical and performance skills
11.4 demonstrate a basic understanding of spatial directions and orientations encountered in ballet vocabulary
11.5 recognise the structure of a ballet class and the developmental progression of exercises
11.6 demonstrate the ability to learn and retain movement material
11.7 demonstrate independence in learning, taking responsibility for processing and applying information and feedback

12 The intended generic learning outcomes

12.1 the ability to exercise initiative and take responsibility within training and learning situations (ref: D1)
12.2 the ability to communicate information, ideas and creative responses in a variety of ways and to a variety of audiences (ref: D2)
12.3 the ability to apply creative thinking and imagination to problem-solve and make effective decisions in complex and/or unpredictable situations (ref: D3)
12.4 the ability to apply reflective and independent thinking in order to understand and evaluate personal learning experiences (ref: D4)
12.5 the ability to sustain concentration and focused engagement with tasks for extended periods (ref: D5)
12.6 the ability to work effectively and productively in groups to negotiate and pursue goals with others in practical contexts (ref: D6)
12.7 the ability to make informed and critical evaluations of own work and that of others (ref: D9)
12.8 the ability to recognise and conform to the accepted boundaries of a professional working environment (ref: D11)

13 A synopsis of the curriculum

This module focuses on Ballet technique in its basic academic form. The classes will maintain a basic format which includes barre work, centre practice and simple allegro enchainements. The work is carefully structured and developmental equipping students with the basic skills which will enable them to progress to Level Two study. Technique classes take place in a fully equipped dance studio with live musical accompaniment.

14 Indicative Reading List

**Compulsory reading**


New York., Alfred A. Knopf

Kostrovitskaya, V. (1995) *School of Classical Dance* (The textbook of the Vaganova Choreographic Pisarev, A School, St. Petersburg, Russia)
London, Dance Books

University of Florida Press.
Recommended Reading

Brinson, P. (1966) Background to European Ballet
A.W. Sijthoff-Leyden

London, Dance Books Ltd.

Lifar, S. (1954) A History of Russian Ballet, from its origin to the present day

Noverre, J.G. (1966) Letters on Dancing and Ballets
(tr. C.W. Beaumont) Dance Horizons Inc.

The Herbert Press.

Rambert Dance Company.

New York, Dover Publications Inc

Videography

Compulsory Viewing
Module Video Ballet Technique Level 1: Selected Extracts

Recommended Viewing

BA 114 (2001) New York City Ballet Workout,
Palm Pictures Ltd, USA, NYCB

BA 127 (2003) New York City Ballet Workout 2,
Palm Pictures Ltd, USA, NYCB

BA 85 (1986) The Ballet Class, Demonstrations, Dancing,
Analysis, Maria Fay
London, Ballet Class Videos

BA 57 (1990) Faults, Corrections, Perfections, Maria Fay.
London, Ballet Class Videos

BA 52 (NDG) Ballet Floor Barre, A Warm-up and Conditioning
Programme, Nicole Vass London, Dance Videos

BA 74 (NDG) Basic Ballet 3 Pirouetes (turns) taught by
Finis Jhung
USA, Ballet Dynamics

BA 75 (NDG) Basic Ballet 4 Beginning jumps taught by
Finis Jhung
UNIVERSITY OF KENT

USA, Ballet Dynamics

Discography:

Ballet is Fun CD –ROM
Video dictionary based on Russian Ballet Method.

15 Learning and Teaching Methods, including the nature and number of contact hours and the total study hours which will be expected of students, and how these relate to achievement of the intended learning outcomes

This module is delivered as taught, studio-based class sessions usually with live accompaniment. Students are expected to attend all timetabled classes throughout the year and should expect to practice taught material outside of class hours. They should also take responsibility for their own warm-up and cool-down before and after class and spend time on private study by using the library, attending live performances, and referring to their own notes.

Students receive continuous feedback through correction and information delivered to individuals and to the group. Technical principles may be reinforced through discussion, evaluation and working with partners. Students also individually receive verbal or written feedback at the end of each assessment period.

Tutorial support is available through the College’s personal tutorial system, as required.

Teaching Methods:

Studio-based practical classes: 150 hours (100 x 1.5 hours)
This will address learning outcome: 11.1, 11.2, 11.3, 11.4, 11.5, 11.6, 11.7, 12.1, 12.2, 12.3, 12.4, 12.5, 12.6, 12.7, 12.8

Total Study hours: 150 hours

16 Assessment methods and how these relate to testing achievement of the intended learning outcomes

Studio Based Practical Classwork: 100% weighting

Summative Assessment: Technical Ability
Continuous Assessment: Application and Understanding

Weighting 100%
Module learning outcomes addressed: 11.1, 11.2, 11.3, 11.4, 11.5, 11.6, 11.7, 12.1, 12.2, 12.3, 12.4, 12.5, 12.6, 12.7, 12.8

17 Implications for learning resources, including staff, library, IT and space

NSCD employs teaching staff who have attained the highest professional level in their field. This module is also supported by the College’s state of the art facilities which include:

- 7 large dance studios with fully sprung dance floors, pianos and drums for live accompaniment and the latest video and audio technology
- students can access specialist advice and equipment to promote their health and fitness and support their technical development
- a learner resource centre containing virtually all the reference materials students need to support their studies including books, journals, videos, DVDs, cassettes, CDs and internet access through 15 computers
18. The Collaborative Partner recognises and has embedded the expectations of current
disability equality legislation, and supports students with a declared disability or special
educational need in its teaching. Within this module we will make reasonable adjustments
wherever necessary, including additional or substitute materials, teaching modes or
assessment methods for students who have declared and discussed their learning
support needs. Arrangements for students with declared disabilities will be made on an
individual basis, in consultation with the Collaborative Partner’s disability/dyslexia support
service, and specialist support will be provided where needed.

19. Campus(es) where module will be delivered
Northern School of Contemporary Dance
98 Chapeltown Road
Leeds
LS7 4BH

20. Partner College/Validated Institution:
Northern School of Contemporary Dance

21. University School responsible for the programme: School of Arts, University of Kent

SECTION 3: MODULE IS PART OF A PROGRAMME IN A PARTNER COLLEGE OR
VALIDATED INSTITUTION

(Where the module is proposed by a Partner College/Validated Institution)

Statement by the Nominated Officer of the Validated Institution: “I confirm that the Validated
Institution has approved the introduction of the module and will be responsible for its resourcing”

Janet Smith

Nominated Responsible Officer of Partner College/Validated Institution

JANET SMITH

Print Name

Principal

Post
Northern School of Contemporary Dance

Partner College/Validated Institution