

## **Aintegration in Management of Personal and Work-Organizational Conflicting Situations in Modern Society**

Aintegration, a generic concept, is conceived as a person's ability to feel well and not stressed, without necessarily having integrated various human, possibly contrasting cognitive or emotional entities. It represents a level of mental organizational complexity in an individual's manner of perception and epistemological schema. Aintegration entails a possible sense of creativity but also the ability to bear inconsistencies, relativism, asynchronization, discontinuity, paradox, ambivalence, ambiguity, absurdity and tolerance for contradictions. Aintegration, as a means to adjustment, may be called upon at different times especially in situations of conflict, potential risks and stress. The scientific and cultural sources to aintegration will be outlined. The relevance of aintegration to effective decision making, creativity and to cogent contemporary social and cultural risk involving domains, such as complex personal, family, multicultural, technological and organizational/work environments including multitasking and stress, will be demonstrated. Research findings, regarding aintegration as promoting adjustment in dealing with potential risks and stress in domains ranging from interactional family situations, to multitask work-organizational complex environments, will be presented. Implications of aintegration, its acquirement and significance in management will be discussed.

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