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Fairtrade Guide to Canterbury, Herne Bay and Whitstable 2007



Choose products with the FAIRTRADE Mark





Food journalist Michael Barry and Archbishop Rowan Williams celebrating Fairtrade Fortnight in 2003

Fairtrade has mattered to me for a good many years now, and the principles behind it are principles which I entirely believe in. And when I say that, I don't simply mean the principle of fair trade, I mean the principle that consumers can make a difference.

There is such a thing as being an ethical consumer. Ordinary people, by making ordinary decisions in a particular way, can actually change things substantially and worldwide.

Fairtrade has deservedly spread and enjoyed extraordinary influence over the last few years. And for those of us who are inclined sometimes to think "Well, it doesn't much matter what particular things to go out and buy", movements like this are of personal importance.

This is not just about the principle of Fairtrade, it is also about the principle of making a difference. I hope this guide helps us all in our shared task of spreading the word of that possibility plainly, making a real difference in small ways, and telling our neighbours and other people.

Dr Rowan Williams, The Archbishop of Canterbury

Canterbury District Fairtrade Network

Canterbury District Fairtrade Network is a voluntary group which was set up in 2004 in order to raise awareness of Fairtrade at the local level. The Network consists of a large number of individuals from local organisations, faith groups and businesses.

Throughout the year, the Network is involved in a wide range of events, especially during Fairtrade Fortnight in March. Information about forthcoming activities is available on the Network's website www.canterburyfairtradenetwork.org.uk

If you would like to find out more about the Network, please contact the Network Coordinator, Sian Pettman on **01227 452 973** or e-mail ctftnetwork@gn.apc.org

About this guide...

The guide is compiled by Canterbury District Fairtrade Network and is published annually. It lists shops and cafés in Canterbury, Herne Bay and Whitstable which sell or serve **at least two** Fairtrade products. The availability of Fairtrade products is increasing all the time, so please help us to keep the guide up to date by informing us of new local outlets for Fairtrade products (see contact details above).

The on-line version of the guide is updated at intervals throughout the year: www.canterburyfairtradenetwork.org.uk

For Further Information about Fairtrade:

The Fairtrade Foundation

The Fairtrade Foundation is the independent body that awards the FAIRTRADE Mark to products in the UK which meet international Fairtrade standards. It also coordinates Fairtrade campaigning at the national level. Its website provides an excellent source of information about Fairtrade.

Tel: **020 7405 5942** / www.fairtrade.org.uk

Traidcraft

Traidcraft was established in 1979 to help poor people break the cycle of poverty through trade. It has grown to become one of the leading players in the fair trade movement. Traidcraft products are sold by mail order, Traidcraft stalls, fair trade shops and increasingly by supermarkets.

Tel: **0870 443 1018** / www.traidcraft.co.uk

World Education Development Group (WEDG)

The World Education Development Group is based in Canterbury and specialises in educational resources, training and advice related to development and multicultural issues. WEDG lends out a wide range of teaching packs, books, videos and DVDs. WEDG also offers school assemblies and workshops on Fairtrade.

Tel: **01227 766 552** / www.wedg.org.uk

Canterbury is now a Fairtrade District!

In March 2006, Canterbury, Herne Bay and Whitstable attained Fairtrade District status. This was a great achievement, reflecting the strength of local support for Fairtrade and the growing availability of Fairtrade products in local shops and restaurants. Canterbury celebrated a Fairtrade hat-trick as the University of Kent and Canterbury Cathedral also achieved Fairtrade status simultaneously.



The Dean of Canterbury Cathedral, the Lord Mayor of Canterbury, The Vice Chancellor of the University of Kent and the Leader of Canterbury City Council celebrating triple Fairtrade status with Maria Sergeant, a banana producer from the Windward Islands

Millions of Third World farmers depend on selling their crop to survive. But it's a risky business – when prices drop it can spell disaster. If they earn less than it costs to run the farm, they face real hardship – struggling to buy food, clothing and medicines, let alone keep their children at school. Many lose their land and their livelihood. Fairtrade guarantees producers a fair and stable price that covers their production costs and enables them to support their families and invest in a better future.

Fairtrade – A Fair Deal for All

The Fairtrade Foundation works together with the international Fairtrade Labelling Organisation to ensure that products carrying the FAIRTRADE Mark provide Third World farmers with a guaranteed price, long-term trading relationships and a premium to invest in the local community.

The Fairtrade Foundation cannot control the prices of Fairtrade products in shops. It would be illegal to try to do so. This explains why the prices of Fairtrade products vary from one shop to another. If you feel that a shop is charging too much, notify the manager and look elsewhere - there are plenty of shops to choose from. But whatever a shop charges, you can be assured that the producers will already have received a fair price for their product.

Fairtrade or Fair Trade?

The terms "Fairtrade" and "fair trade" are frequently a cause of confusion. "Fairtrade", written as one word, is used to distinguish products which have met the agreed standards of the international Fairtrade Labelling Organisation. These products carry the FAIRTRADE Mark. The word "Fairtrade" is also used to describe campaigns which promote the FAIRTRADE Mark, such as the Fairtrade Towns campaign and the Fairtrade Schools campaign.

"Fair trade", written as two words, is used to describe products which have been produced with close reference to fair trade procedures, but cannot carry the FAIRTRADE Mark as no international standards have yet been agreed for that type of product. At present, most Fairtrade products are primary products, whereas most other fair trade products are manufactured, eg handicrafts.

Local cafés serving Fairtrade products in Whitstable

Chestfield Barn, 101 Chestfield Road, Chestfield. Tel: 793 086
All coffee, and sugar sachets are Fairtrade.

Chives Café, The Horsebridge Centre, Whitstable. Tel: 281 255
Fairtrade coffee and tea available on request.

Marine Hotel, 33 Marine Parade, Tankerton. Tel: 272 672
All coffee and tea are Fairtrade.

St Alphege Church, High Street, Whitstable. Open: Monday, Tuesday, Wednesday, Friday and Saturday: 9am to 12noon. Coffee, tea and sugar are all Fairtrade.

Samphire, 4 High Street, Whitstable. Tel: 770 075
All coffee is Fairtrade.

Whitstable Community Centre Café, St Mary's Hall, Oxford Street, Whitstable. Tel: 274 880
Fairtrade tea and coffee available on request.

Regular Traidcraft Stalls in Whitstable (Selling a range of fairly traded foods and handicrafts)

All Saints Church Hall, Church Street, Whitstable
■ First Sunday of the month, 11.30am to 12.30pm

United Reformed Church, Middle Wall, Whitstable

- Tuesday mornings, 10am to 12 noon

The local Traidcraft contact for the Whitstable area is: Janet Holness –
Phone: **01227 263 885** E-mail: janet@kholness.wanadoo.co.uk

Whitstable

Shops selling Fairtrade products

Alldays, 14-16 Canterbury Rd, Whitstable. Tel: 771 112
Fairtrade cakes, chocolate, coffee, sugar, tea, wine.

Co-op, 58 Oxford Street, Whitstable. Tel: 272 779
Fairtrade biscuits and cakes, chilled orange juice, chocolate, coffee, cranberry juice, drinking chocolate, honey, ale, muesli, sugar, tea, wine.

Herbaceous, 27 Oxford Street, Whitstable. Tel: 277 799
Fairtrade cocoa, chocolate (Maya Gold), coffee, tea.

Sainsbury's, Reeves Way, Chestfield. Tel: 794 545
Fairtrade baby food (mango and banana), chocolate (Maya Gold and Divine), cocoa, coffee, drinking chocolate, fruit (bananas and coconuts – in season), Geobars, honey, ice cream (Ben & Jerry's vanilla), jam, rice, sugar, tea, wine (South African). Also Fairtrade roses.

Somerfield, 44 High Street, Whitstable. Tel: 272 070
Fairtrade chocolate (Maya Gold), coffee, tea.

Tesco Extra, Milstrood Road, Whitstable. Tel: 0845 677 9720
Fairtrade cookies, chocolate (Divine, own-brand and Maya Gold), cocoa, coffee, drinking chocolate, fruit (bananas, oranges and pineapples in season), honey, ice cream (Ben & Jerry's vanilla), jam, marmalade, muesli, nuts, orange juice (Fruit Passion and own-brand), snack bars, sugar (Whitworths), tea, wine (South African).

Whitstable Nutrition Centre, 81 High Street, Whitstable. Tel: 278 550
Fairtrade hot chocolate, sesame seeds, snack bars, quinoa, tea (including herbal).

Windy Corner Stores, 110 Nelson Road, Whitstable. Tel: 262 409
Small corner shop selling locally grown seasonal vegetables and Fairtrade chocolate, coffee, muesli, snack bars, sugar, tea.

Local Produce

Fairtrade and local produce are natural partners. There is very little competition between them as most Fairtrade products (such as bananas, cocoa, coffee, rice and tea) are tropical and don't grow in temperate climates like our own.

The ethics behind supporting Fairtrade and supporting local produce are also similar. Small-scale producers in this country often struggle to find markets for their products, particularly in the face of fierce competition from supermarkets and multinational corporations.

By buying local Kent produce, you can help to make small-scale businesses viable. In so doing, you will be encouraging diversity in the rural economy and reducing the environmental cost of food transport. In return, you will be assured of fresh, seasonal produce at reasonable prices.

Local produce is available at a growing number of farm shops, farmers' markets and local stores. For more information, contact one of the following organisations:

Big Barn offers a local food website through which you can obtain a map and a list of locally produced food in your area:

www.bigbarn.co.uk



Produced in Kent is dedicated to promoting the best of Kentish food and drink:

www.producedinkent.co.uk

Tel: **01732 853 170**.

Canterbury

Local shops selling Fairtrade products

Alldays (run by Co-op), 82 High Street, Sturry. Tel: 712 610
Fairtrade biscuits and cake, chocolate, coffee, honey, honey ale, sugar, tea, wine.

ASDA, Sturry Road, Canterbury. Tel: 479 719
Fairtrade cereal bars, chocolate (Divine, Maya Gold), coffee, drinking chocolate, fruit (apples, avacados, bananas, grapes, lemons, mangoes, oranges and pineapples - in season), honey and tea.

Booker Cash and Carry, Broad Oak Road, Canterbury. Tel: 766 101
Fairtrade chocolate (Divine and Maya Gold), coffee (sticks and large tubs of instant coffee, coffee beans & filter coffee), sugar bags and sachets, tea bags, wine (South African).

The Campus Shop, University of Kent, Canterbury. Tel: 824 223
"Essentials": Fairtrade biscuits, cakes and muffins, coffee, chocolate, drinking chocolate, fruit (avacados, bananas, mangoes and pineapple chunks – when available), orange juice, muesli, sugar, tea. "Extras": wine.

Canterbury Wholefoods, 1 Jewry Lane, Canterbury. Tel: 464 623
Fairtrade bananas (when available), biscuits and snacks, chocolate, chutney, cocoa, coffee, dried fruit, drinking chocolate, fruit juice, honey, jam, marmalade, mead, muesli, nuts, nut oils, sugar, tahina, tea, wine.

Douy Douys Deli, 66 Northgate, Canterbury. Tel: 784 200
Fairtrade coffee, tea and snack bars. Take-away Fairtrade coffee option.

The Goods Shed, Station Road West, Canterbury. Tel: 459 153
(Daily Farmers' Market and Food Hall, selling locally grown produce and a range of Fairtrade products in the dry store section. Closed Mondays.)
Fairtrade chocolate, cocoa, coffee, drinking chocolate, sugar, tea.

Marks & Spencer, 4 St George's Street, Canterbury. Tel: 462 281
Fairtrade chocolate, coffee, honey and tea available in the Food Department. Fairtrade Cotton Clothing: range varies but includes jeans, socks and T-shirts.

Herne Bay

Shops selling Fairtrade products

Alldays, 152-154, Reculver Road, Beltinge. Tel: 374 410
Fairtrade cakes and snacks, chocolate, coffee, drinking chocolate, fruit juice (Fruit Passion), sugar, tea, wine.

Alldays, 98 Sea Street, Herne Bay. Tel: 741 550
Fairtrade biscuits, cakes and snacks, chocolate, coffee, orange juice, tea and wine.

Co-op, 160 Mortimer Street, Herne Bay. Tel: 363 370
Fairtrade bananas, biscuits, cakes, chilled orange juice, chocolate, coffee, drinking chocolate, fruit juice (Fruit Passion), Geobars, sugar, tea, wine.

Morrisons, Beach Street, Herne Bay. Tel: 363 890
Fairtrade chocolate (Maya Gold and Divine), cocoa, coffee, drinking chocolate, Fairbreak snacks, fruit (avocados, bananas, lemons, mangoes, oranges, pineapples – in season), nuts, sugar, tea.

Natural Choice, 106 Mortimer Street, Herne Bay. Tel: 741 887
Fairtrade chocolate (Maya Gold), cocoa, honey.

Veggie Perrins, 91 Mortimer Street, Herne Bay. Tel: 749 563
Fairtrade sugar, tea.

Local cafés serving Fairtrade products

Cafuffles, 159 Mortimer Street, Herne Bay. Tel: 742 654
All coffee and hot chocolate are Fairtrade.

Regular Traidcraft stalls

(Selling a range of fairly traded foods and handicrafts)

Our Lady of the Sacred Heart Catholic Church: The Retreat Hall, Clarence Road, Herne Bay

- First Sunday of the month 10.30am to 12noon

The local Traidcraft contact for the Herne Bay area is: Moyra Feathers –
Tel: **01227 368 662** E-mail: **moyrafeathers@tiscali.co.uk**

Regular Traidcraft stalls in Canterbury

(Selling a range of fairly traded foods and handicrafts)

Canterbury Baptist Church, St George's Place, Canterbury

- Last Sunday of the month after the 10.30am service

St Mary Bredin Church (CofE), Nunnery Fields, Canterbury

- Last Wednesday of the month, 10am to 12noon

St Mary's Church (CofE), Chartham

- First Sunday of the month after the 9.55am service

St Michael and All Angels (CofE), Harbledown, Canterbury

- Third Sunday of the month after the 10.30am service

St Nicholas Church (CofE), Sturry

- Thursday mornings, 9.45am to 11.45am

St Paul's Church (CofE), Church Street, Longport, Canterbury

- First Sunday of the month after the 10.30am service
- Café Church, Tuesday evenings, 7.30pm

St Peter's Methodist Church, St Peter's Street, Canterbury

- Most Sundays after the 10.30am service

St Thomas RC Church, The Church Hall, Canterbury Lane, Canterbury

- First full weekend of the month after each church service
(Saturday 6pm; Sunday 8am, 9.30am, 11am and 6pm)

The local Traidcraft contact in the Canterbury area is: Joy Sharman –
E-mail: joysharman@tiscali.co.uk / Tel: **01227 760 680**



Shops in Canterbury selling Fairtrade products...

Morrisons, Ten Perch Road, Wincheap, Canterbury. Tel: 764 663
Fairtrade chocolate (Divine and Maya Gold), cocoa, coffee, drinking chocolate, Fairbreaks, fruit (avocados, bananas, lemons, mangoes, oranges and pineapples - in season), Geobars, honey, nuts, sugar, tea, wine (Traidcraft Torrontes).

Oxfam Shop, 13 Best Lane, Canterbury. Tel: 478 821
Fairtrade biscuits and snacks, chocolate, cocoa, coffee, confectionery, dried fruit, drinking chocolate, fruit juice, jam, honey, nuts, sugar, tea. Also catering tubs of coffee and catering packs of tea available.

Parklife Shop, University of Kent, Canterbury Tel: 827 685
Term-time: Fairtrade cakes and muffins, chilled orange juice, chocolate, coffee, drinking chocolate, sugar, tea, wine. Also Fairtrade cotton sweatshirts and hoodies.

Porter Chemist and Londis Shop, 2 Hales Drive, Canterbury.
Tel: 781 588 Fairtrade chocolate (Maya Gold), coffee, flapjacks, tea.

Sainsbury's, Kingsmead Road, Canterbury. Tel: 456 860
Fairtrade baby food, chocolate (Dubble bars, Divine, Maya Gold and own-brand), cocoa, coffee, drinking chocolate, fruit (avocados, bananas, coconuts, mangoes, oranges and pineapples - in season), Geobars, ice cream (Ben & Jerry's vanilla), jam, marmalade (Duerrs), orange juice (Fruit Passion), rice, sugar, tea, wine (Los Robles). Also Fairtrade roses.

Siesta, 1 Palace Street, Canterbury. Tel: 464 614
(A recognised member of the British Association for Fair Trade Shops, specialising in clothes and handicrafts). Fairtrade chocolate, coffee, tea.

SPCK Bookshop, 7 St Peter's Street, Canterbury. Tel: 462 881
Fairtrade biscuits and snacks, chocolate, cocoa, coffee, confectionery, drinking chocolate, honey, jam, muesli, sugar, tea.

Tesco Metro, 2 Gravel Walk, Whitefriars, Canterbury. Tel: 597 730
Fairtrade bananas, chocolate, coffee, drinking chocolate, ice cream (Ben & Jerry's vanilla), sugar, tea.

Canterbury

Local cafés and pubs serving Fairtrade products

Abode Restaurant and Bar, High Street, Canterbury

All coffee and hot chocolate are Fairtrade.

The Annexe, Salvation Army Café, White Horse Lane, Canterbury.

All coffee, tea and sugar are Fairtrade.

Café Cultura, Burgate, Canterbury

All coffee is Fairtrade. Fairtrade sugar sachets.

Café Revive, Marks and Spencer, 4 St George's Street, Canterbury

All coffee and tea are Fairtrade.

Canterbury Cathedral Kiosk, The Precincts, Canterbury

(Open Easter – October) All coffee and tea are Fairtrade.

Casey's, 5 Butchery Lane, Canterbury

All coffee and tea are Fairtrade.

Christ Church University (Refectory, Student Union Bar, Hall Place):

Fairtrade coffee, snacks and tea available.

Costa Coffee, Waterstone's Book Shop, Whitefriars, Canterbury

Fairtrade tea. Fairtrade coffee available on request.

Costa Coffee, 11 High Street, Canterbury

Fairtrade tea. Fairtrade coffee available on request.

The Cricketers, 14 St Peter's Street, Canterbury

All coffee and tea are Fairtrade.

The Dolphin, St Radigund's Street, Canterbury

All coffee, tea, hot chocolate, and sugar sachets are Fairtrade.

The Evenhill, 62 The Hill, Littlebourne, Nr Canterbury

All coffee, tea and sugar are Fairtrade.

Fenwick's Café and Terrace Restaurant, St George's Street, Canterbury

All coffee is Fairtrade. Fairtrade tea available.

Cafés and pubs serving Fairtrade products

The Good Food Café, Canterbury Wholefoods, 1 Jewry Lane, Canterbury. (Vegetarian café specialising in organic, locally sourced and freshly prepared food). All coffee is Fairtrade. Range of Fairtrade teas.

The Goods Shed Restaurant, Station Road West, Canterbury (Restaurant specialising in locally sourced, freshly prepared food). Fairtrade coffee and tea options.

Gulbenkian Theatre Café-Bar, University of Kent, Canterbury

All coffee, tea, hot chocolate and sugar sachets are Fairtrade.

Also Fairtrade chocolate, muffins and orange juice.

M&S Kitchen, 11 Rose Lane, Canterbury

All coffee, hot chocolate and tea are Fairtrade.

Millers Arms, 2 Mill Lane, Canterbury

All coffee, and sugar sachets are Fairtrade.

The Old Brewery Tavern, Stour Street, Canterbury

(Restaurant specialising in locally sourced, freshly prepared food).

All coffee and hot chocolate are Fairtrade.

Orange Street Music Club, 15 Orange Street, Canterbury

All coffee, tea, and sugar sachets are Fairtrade.

The Refectory, 16 St Dunstan's Street, Canterbury.

All coffee is Fairtrade.

Starbucks, 36-37 Burgate, Canterbury

Fairtrade filter coffee available on request. Fairtrade chocolate.

Starbucks, Sainsbury's, Kingsmead Road, Canterbury

Fairtrade filter coffee available on request. Fairtrade chocolate.

Tonic Brasserie and Bar, 11 Dover Street, Canterbury.

All tea and coffee are Fairtrade.

University of Kent: Wicked Cafés at the Library, Lighthouse and Sports Centre

All coffee, tea, hot chocolate, and sugar sachets are Fairtrade. Wide range of Fairtrade herbal teas.